



	Monday 28	Tuesday 29	Wednesday 30	Thursday October 1	Friday 2
AM					Homemade Yogurt Dip & Apple Slices Buttered WG Noodles & Grilled Chicken
Lunch					SIDES: Steamed Broccoli Diced Peaches 
PM					Milk WG Tortilla Cheese Roll-up
	26	27	28	29	30
AM				WG Biscuit w/ Jelly & Milk Chicken Alfredo & WG Pasta	Cottage Cheese Dip & Ritz Crackers Deli Sandwich on WG Bun
Lunch				SIDES: Steamed Green Beans Banana Milk	SIDES: Tossed Salad Diced Pears Ranch Milk 
PM				Apricots & WG Animal Crackers	Sliced Cheese & Saltines
Alternate Meals Offered Daily to School Aged Students Cheese Sandwich on WG Bread Ham & Cheese Sandwich on WG Bread Milk = Whole for 2 and under, Skim for 2+ year olds *This institution is an equal opportunity provider. *Menu subject to change without notice *WG = Whole Grain Rich Items					



Monday 23		Tuesday 24	Wednesday 25	Thursday 26 - THANKSGIVING, NO SCHOOL	Friday 27 - NO SCHOOL
AM			Yogurt Parfait w/ Nut Free Granola		
Lunch			Swedish Meatballs Brown Rice SIDES: Stir Fry Vegetables Citrus Fruit Bowl		
PM			Milk Cheese Stick & WG Graham Crackers		
<u>Alternate Meals Offered Daily to School Aged Students</u>					
Cheese Sandwich on WG Bread			Milk = Whole for 2 and under, Skim for 2+ year olds	*Menu subject to change without notice	
Ham & Cheese Sandwich on WG Bread			*This institution is an equal opportunity provider.	*WG = Whole Grain Rich Items	