

Monday 28	Tuesday 29	Wednesday 30	Thursday October 1	Friday 2 - NO SCHOOL
Chicken Patty Sandwich on WG Bun  SIDES: Potato Smiles Mixed Vegetables Orange Wedges Mixed Fruit Skim Chocolate or Skim White Milk	Breakfast Sandwich on WG Bun SIDES: Steamed Peas Sweet Potato Fries Fresh Pears Mandarin Oranges Skim Chocolate or Skim White Milk	Salisbury Steak & WG Dinner Roll SIDES: Mashed Potatoes with Gravy Sliced Cucumbers Banana Sliced Peaches Skim Chocolate or Skim White Milk	WG Cheese Pizza SIDES: Pizza Fava Bean Baby Carrots Grapes Pineapple Tidbits Skim Chocolate or Skim White Milk	
5	6 - National Taco Day	7	8	9
Hamburger on WG Bun SIDES: Baby Carrots Tossed Salad Fresh Orange Wedges Cinnamon Apple Slices Skim Chocolate or Skim White Milk	Soft Shell Chicken Taco on WG 8" Tortilla  SIDES: Black Beans Fresh Celery Shredded Lettuce Fresh Pineapple Apricots Skim Chocolate or Skim White Milk	WG Chicken Nuggets & WG Dinner Roll SIDES: Mashed Potatoes with Gravy Corn Fresh Apple Wedges Sliced Pears Skim Chocolate or Skim White Milk	WG Spaghetti, Meaty Marinara, Garlic Toast SIDES: Glazed Carrots Fresh Cauliflower Banana Sliced Peaches Skim Chocolate or Skim White Milk	WG Bosco Sticks with Marinara SIDES: Steamed Broccoli Coleslaw Applesauce Cup Skim Chocolate or Skim White Milk
NATIONAL SCHOOL LUNCH WEEK				
12	13	14 - Great Apple Crunch	15	16
Sloppy Joe on WG Bun SIDES: Baked Beans Potato Smiles Fresh Pear Wedges Sliced Peaches Skim Chocolate or Skim White Milk	WG Mini Corn Dogs  SIDES: Sweet Potato Fries Cucumber Slices Grapes Applesauce Skim Chocolate or Skim White Milk	Mandarin Orange Chicken & Brown Rice  SIDES: Stir Fry Vegetables Tossed Salad Local Apples Pineapple Tidbits Skim Chocolate or Skim White Milk	Mr. Rib Sandwich on WG Bun SIDES: Potato Salad Baby Carrots Blueberries Mixed Fruit Cinnamon Streusel Cake Skim Chocolate or Skim White Milk	Toasted Cheese WG Sandwich SIDES: Tomato Soup Fresh Broccoli Honeydew Mandarin Oranges Skim Chocolate or Skim White Milk
19	20	21	22	23
WG Chicken Strips & Buttered Bread  SIDES: Au Gratin Potatoes Celery Sticks Dried Cherries Applesauce Skim Chocolate or Skim White Milk	Beef Nacho Supreme on WG Tortilla Chips SIDES: Baby Carrots Refried Beans Shredded Lettuce Strawberries Sliced Peaches Skim Chocolate or Skim White Milk	Pork Tenderloin Sandwich on WG Bun SIDES: Cherry Tomatoes Island Vegetables Fresh Orange Wedges Cinnamon Apple Slices Skim Chocolate or Skim White Milk	Chicken and Gravy & WG Dinner Roll SIDES: Mashed Potatoes Tossed Salad Fresh Pear Wedges Pineapple Tidbits Skim Chocolate or Skim White Milk	WG Roundabout Cheese Pizza  SIDES: Carrot Coins Fresh Broccoli Watermelon Sliced Pears Skim Chocolate or Skim White Milk
26	27	28	29 - NO SCHOOL	30 - NO SCHOOL
WG French Toast Sticks & Sausage Patty SIDES: Triangle Potato Spinach Salad Fresh Apple Wedges Pineapple Tidbits Skim Chocolate or Skim White Milk	WG Pizza Crunchers  SIDES: Roasted Squash Assorted Relishes Blueberries Mixed Fruit Skim Chocolate or Skim White Milk	Werewolf BBQ Pulled Pork Sandwich on WG Bun SIDES: Boo! Baked Beans Scary Sweet Potato Fries Krazy Kiwi Jack-O-Lantern Orange Fruit Wiggle Cereal Bar Skim Chocolate or Skim White Milk		
Alternate Meals Offered Daily				
Uncrustable Meal Bundle Yogurt Parfait	Chef Salad Assorted Deli Sandwiches	*WG = Whole Grain Rich Items		*Menu subject to change without notice

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*This institution is an equal opportunity provider.