

Monday 28	Tuesday 29	Wednesday 30	Thursday October 1	Friday 2 - NO SCHOOL
Chicken Patty Sandwich on WG Bun Bratwurst on WG Bun SIDES: Potato Smiles Mixed Vegetables Fresh Orange Wedges Mixed Fruit 	Breakfast Sandwich on WG Bun Monte Cristo Sandwich on WG French Toast SIDES: Steamed Peas Sweet Potato Fries Triangle Potato Fresh Pear Wedges Mandarin Oranges	Salisbury Steak & WG Dinner Roll 5 Mozzarella Cheese Sticks with Marinara SIDES: Mashed Potatoes with Gravy Sliced Cucumbers Carrot Fries Banana Sliced Peaches	WG Cheese Pizza Chicken Teriyaki and Brown Rice SIDES: Pizza Fava Beans Spinach Salad Assorted Relishes with Red Pepper Grapes Pineapple Tidbits	
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	
5	6 - National Taco Day	7	8	9
Hamburger or Rodeo Burger on WG Bun WG Corn Dog SIDES: Baby Carrots Tossed Salad Potato Wedges Fresh Orange Wedges Cinnamon Apple Slices	Soft Shell Chicken Taco on WG 8" Tortilla Mini WG Pancake Bites SIDES: Black Beans Fresh Celery Shredded Lettuce Fresh Pineapple Apricots 	WG Chicken Nuggets & WG Dinner Roll WG Pretzel Sticks and Cheese Sauce SIDES: Mashed Potatoes with Gravy Corn Tossed Salad Fresh Apple Wedges Sliced Pears	WG Spaghetti, Meaty Marinara, Garlic Toast Chicken Cordon Bleu on WG Bun SIDES: Glazed Carrots Fresh Cauliflower Banana Sliced Peaches	WG Bosco Sticks with Marinara Fish Sticks & Sunchips SIDES: Steamed Broccoli Coleslaw Cherry Tomatoes Applesauce Cup Dried Cherries
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk
NATIONAL SCHOOL LUNCH WEEK				
12	13	14 - Great Apple Crunch	15	16
Sloppy Joe on WG Bun Waffles & Cheese Omelette SIDES: Baked Beans Potato Smiles Assorted Relishes with Red Pepper Fresh Pear Wedges Sliced Peaches	WG Mini Corn Dogs Roast Beef & Gravy w/ WG Dinner Roll SIDES: Sweet Potato Fries Cucumber Slices Mashed Potatoes Grapes Applesauce 	Mandarin Orange Chicken & Brown Rice Swedish Meatballs & Brown Rice SIDES: Stir Fry Vegetables Tossed Salad Local Apples Pineapple Tidbits Slice of Bread 	Mr. Rib Sandwich on WG Bun WG Pizza by the Slice SIDES: Potato Salad Baby Carrots Italian Romaine Salad Blueberries Mixed Fruit Cinnamon Streusel Cake	Toasted Cheese WG Sandwich Chicken Parmesan Sandwich on WG Bun SIDES: Tomato Soup Fresh Broccoli Honeydew Mandarin Oranges
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk
19	20	21	22	23
WG Chicken Strips & Buttered Bread Pretzel with Cheese Sauce SIDES: Au Gratin Potatoes Celery Sticks Spinach & Tomato Salad Dried Cherries Applesauce 	Beef Nacho Supreme with Cheese Spicy Chicken Sandwich on WG Bun SIDES: Baby Carrots Refried Beans Shredded Lettuce Strawberries Sliced Peaches	Pork Tenderloin Sandwich on WG Bun Hamburger on WG Bun SIDES: Cherry Tomatoes Island Vegetables Broccoli Raisin Salad Fresh Orange Wedges Cinnamon Apple Slices	Chicken and Gravy & WG Dinner Roll Cinnamon Roll with Cheese Omelette SIDES: Mashed Potatoes Tossed Salad Fresh Pear Wedges Pineapple Tidbits	WG Roundabout Pizza Cheese Lasagna with WG Breadstick SIDES: Carrot Coins Fresh Broccoli Cucumber Salad Watermelon Sliced Pears 
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk
26	27	28	29 - NO SCHOOL	30 - NO SCHOOL
WG French Toast Sticks & Sausage Patty Zesty Orange Chicken Skewers with Golden Rice and Slice of Bread SIDES: Triangle Potato Spinach Salad Cheesy Cauliflower Fresh Apple Wedges Pineapple Tidbits	WG Pizza Crunchers Baked Potato Bar w/ Sliced Ham & Breadstick SIDES: Roasted Squash Assorted Relishes Blueberries Mixed Fruit 	Werewolf BBQ Pulled Pork Sandwich on WG Bun Breakfast Pizza SIDES: Boo! Baked Beans Scary Sweet Potato Fries Cherry Tomato and Corn Salad Krazy Kiwi Jack-O-Lantern Orange Fruit Wiggle Cereal Bar		
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk		
Alternate Meals Offered Daily				
Uncrustable Meal Bundle Yogurt Parfait	Chef Salad Assorted Deli Sandwiches	*WG = Whole Grain Rich Items		*Menu subject to change without notice