EARLY CHILDHOOD INFANT MENU 2026

Holy Family EARLY CHILDHOOD

Infant Food Program

December

	Monday	Tuesday	Wednesday	Thursday	Friday
	30	**December 1**	**2**	**3**	**4**
Brkfst	IFC or Cottage Cheese Diced Pears & HM or IFF	IFC or Yogurt Banana & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Yogurt Mixed Fruit & HM or IFF	IFC or Cheese Cubes Cinnamon Applesauce & HM or IFF
Lunch	Baked Chicken Breast SIDES: Steamed Peas Applesauce HM or IFF	Soft Shell Beef Taco on WG Tortilla SIDES: Refried Beans Diced Peaches HM or IFF	Cottage Cheese SIDES: Island Vegetables Mandarin Oranges HM or IFF	Roast Beef SIDES: Mashed Potatoes Pineapple Tidbits HM or IFF	Hard Boiled Egg & Bread Slice SIDES: Carrot Coins Diced Pears HM or IFF
PM	HM or IFF, Green Beans, WG Goldfish	HM or IFF, Peas, Tortilla	HM or IFF, Refried Beans, WG Chex Cereal	HM or IFF, Island Veggies, Saltines	HM or IFF, Mixed Fruit, Graham Cracker
	7	**8**	**9**	**10**	**11**
Brkfst	IFC or Cottage Cheese Mixed Fruit & HM or IFF	IFC or Sliced Turkey Diced Peaches & HM or IFF	IFC or Yogurt Applesauce & HM or IFF	IFC or Hard Boiled Egg Diced Pears & HM or IFF	IFC or Cottage Cheese Applesauce & HM or IFF
Lunch	WG French Toast Sticks & Sausage Patty SIDES: Triangle Potato Applesauce HM or IFF	Hard Boiled Egg & WG Bread Slice SIDES: Carrot Coins Mixed Fruit HM or IFF	BBQ Pulled Pork & WG Bread Slice SIDES: Baked Beans Pineapple Tidbits HM or IFF	Diced Chicken SIDES: Steamed Green Beans 1/2 Banana HM or IFF	Fish Filet SIDES: Steamed Peas Diced Pears HM or IFF
PM	HM or IFF, Carrot Coins, WG Cheerios	HM or IFF, Banana, WG Goldfish	HM or IFF, Diced Peaches, Ritz Crackers	HM or IFF, Apricots, Cheerios	HM or IFF, Green Beans, Saltines
	14	**15**	**16**	**17**	**18**
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Mixed Fruit & HM or IFF	IFC or Yogurt Diced Peaches & HM or IFF	IFC or Cheese Cubes Applesauce & HM or IFF
Lunch	WG Biscuits & Gravy SIDES: Country Vegetables Applesauce HM or IFF	Bean Burrito Bowl w/ Cilantro Lime Rice SIDES: Corn Diced Peaches HM or IFF	Baked Chicken Breast SIDES: Green Beans Mandarin Oranges HM or IFF	WG Macaroni & Cheese with Ham SIDES: Steamed Broccoli Applesauce HM or IFF	Cheesy Scrambled Eggs SIDES: Carrot Coins Mixed Fruit HM or IFF
PM	HM or IFF, Peas, WG Tortilla	HM or IFF, Country Veggies, Graham Cracker	HM or IFF, Corn, WG Flatbread	HM or IFF, Green Beans, Ritz Crackers	HM or IFF, Diced Pears, WG Bread Slice
	21	**22 - CHRISTMAS FEAST**	**23 - NO SCHOOL, SJW & HG ONLY**	**24 - CHRISTMAS EVE**	**25 - CHRISTMAS DAY**
Brkfst	IFC or Cottage Cheese Applesauce & HM or IFF	IFC or Cheese Cubes Mandarin Oranges & HM or IFF	IFC or Cottage Cheese Sliced Peaches & HM or IFF		
Lunch	Baked Chicken Breast SIDES: Mixed Vegetables Mixed Fruit HM or IFF	Sliced Ham SIDES: Steamed Peas Diced Pears HM or IFF	Salisbury Steak SIDES: Mashed Potatoes 1/2 Banana HM or IFF		
PM	HM or IFF, Carrot Coins, Ritz Crackers	HM or IFF, Applesauce, Saltines	HM or IFF, Peas, WG Graham Cracker		
	28 - NO SCHOOL, SJW & HG ONLY	**29 - NO SCHOOL, SJW & HG ONLY**	**30 - NO SCHOOL, SJW & HG ONLY**	**31 - NEW YEARS EVE**	**January 1 - NEW YEARS DAY**
Brkfst	IFC or Hard Boiled Egg Diced Pears & HM or IFF	IFC or Yogurt Mixed Fruit & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF		
Lunch	Cottage Cheese SIDES: Country Vegetables Applesauce HM or IFF	Baked Chicken Breast & Buttered Noodles SIDES: Steamed Broccoli Diced Peaches HM or IFF	Deli Sandwich on WG Bun SIDES: Carrot Coins Mandarin Oranges HM or IFF		
PM	HM or IFF, Mixed Fruit, WG Goldfish	HM or IFF, Country Veggies, WG Tortilla	HM or IFF, Broccoli, Saltines		

*Menu Subject to Change Without Notice IFC- Iron Fortified Cereal HM - Human Milk IFF - Iron Fortified Formula

*This institution is an equal opportunity provider.