



Registration Begins on March 26

To ensure optimal experience for our campers, each camp has a minimum enrollment that must be reached by **June 1**. If a camp has not reached its target enrollment, you will be notified by Holy Family and your fee will be refunded or may be applied to another camp.

Questions? Call or email the contact listed for each camp. If you have questions about applying for a scholarship, please contact Holy Family Catholic Schools at (563) 582-5456, Ext. 289, or admissions@holyfamilydbq.org.

Register online: holyfamilydbq.org/summer-camps

Camps by Category

Arts & Culinary Arts Camps

Culinary Arts Camp	
Photography Camp	
Show Choir Camp	
Athletic Camps	
Boys Basketball Camp/League	
Girls Basketball Camp	
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Cross Country Camp	18
Flag Football Tournament	18
Football Camp	19
Soccer Camp	19
Softball Camp	20
Strength and Conditioning Camp	20
Tennis Camp	21
Track and Field Camp	21
Volleyball Camp	22
Language & Literacy Camps	
Harry Potter Camp	
Literacy Camp with Clarke University	<u>.</u>
Leadership & Critical Thinking	
Critical Thinking through Board Games	
Mock Trial Introduction	
RESILIENCE: A Social & Emotional Learning Camp	
Preschool/Pre-K Camps	
Bible Camp	15
Commotion in the Ocean	15
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STEM Camps	
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Mathletes	
Math Olympics	
Minecraft Virtual Reality Camp	
Robotics Programming Camp	13

Sustainable STEM Camp	,)
Virtual Reality Camp	Ŀ

Camps by Date

Camps beginning in June

Softball Camp	May 5	20
Boys Basketball Camp	June 6–8 and 11	17
Track and Field Camp	June 6–8	21
Girls Basketball Camp 1 (fundamentals)	June 7–8 and 11–12	17
Code Camp – JavaScript	June 11–22	6
Math Olympics	June 11–15	10
Mock Trial Introduction	June 11–15	11
RESILIENCE: A Social & Emotional Learning Camp.	June 11–13 (SOLD OUT)	12
Robotics Programing Camp session 1	June 11–15	13
Tennis Camps 1 & 2, session 1	June 11–15	21
Boys Basketball League	June 13–July 6	17
Girls Basketball Camp 2 (skills)	June 14–July 12	17
Cheerleading Camp	June 18–21	18
Environmental Science Young Learner session 1	June 18–22 (SOLD OUT)	8
Jesus is My Superhero	June 18–22	16
Storybook STEM sessions 1&2	June 18–21 (Sesson 1 SOLD OUT)	16
Robotics Programming Camp session 2	June 18–22	13
Soccer Camp	June 18–21	19
Tennis Camps 1 & 2, session 2	June 18–22	21
Literacy Camp with Clarke University (SOLD OUT)	June 19–July 19	9
Culinary Arts Camp session 1	June 25–29	7
Harry Potter Camp sessions 1 & 2	June 25–29	9
Photography Camp	June 25–29 (Note: NEW dates!)	12
Tennis Camps 1 & 2, session 3	June 25–29	21
If You Give a Chef a Story (SOLD OUT)	June 26–29	15
Camps be	ginning in July	
Culinary Arts Camp session 2 (SOLD OUT)		7
Bible Camp		
Environmental Science Young Learner session 2		
Strength and Conditioning Camp		
Tennis Camps 1 & 2, session 4	July 9–13	21
Virtual Reality Camp sessions 1 & 2 (SOLD OUT)		
Volleyball Camp	-	
Minecraft Virtual Reality Camp sessions 1 & 2		
Culinary Arts Camp session 3 (SOLD OUT)		
Mad Scientist Camp sessions 1 & 2	July 16–19 (Sesson 1 SOLD OUT)	16
Commotion in the Ocean sessions 1 & 2		
Critical Thinking through Board Games		
Culinary Arts Camp session 4 (SOLD OUT)		
Mathletes		
Sustainable STEM Camp		
Football Camp session 1		
Flag Football Tournament	July 28	18

Computer Programming Camp	July 30–August 3	6
Culinary Arts Camp session 5	July 30-August 3 (NEW SESSION!)	7
Football Camp session 2	July 30–August 2	19
Cross Country Camp	July 31 – August 2	18
Campa hagi	inning in August	
	nning in August	
Code Camp for the Young Learner (SOLD OUT)	August 6–10	6
Minecraft Virtual Reality Camp session 1A	August 6 (SOLD OUT)	11
Show Choir Camp	August 6–10	13
Virtual Reality Camp sessions 1A	August 7–10 (NEW SESSION!)	14
Minecraft Virtual Reality Camp session 1B	August 8 (SOLD OUT)	11

Camp Refund Policy: Camp fees become non-refundable one week before the camp's start date.

ACADEMIC & ARTS CAMP DESCRIPTIONS (ALPHABETICAL)

Code Camp - JavaScript

Do you want your child to be introduced to a new language this summer? Like learning all language skills, practice is how fluency is learned. Languages are the way that we communicate our ideas and programming gives students the ability to create technology to impact the world around them. In our camp, your child will see what it means to program JavaScript. Students will learn about mouse and keyboard interaction, animation and building a video game.

Camp Director/Contact: Jose Garcia | jgarcia@holyfamilydbq.org

Open to: Incoming grades 4–6 **Dates:** Monday–Friday, June 11–22

Time: 12:30–3:00 p.m.

Location: Mazzuchelli Catholic Middle School

Cost: \$100

Code Camp for the Young Learner

Code Camp for the Young Learner offers an introduction to computer science for young students. Students will learn basic computer science vocabulary along with engaging, hands-on activities. Robots such as Bee Bots, Blue Bots, ROAMER and Dash will be used to teach computer science concepts.

Camp Directors: Jenni Malcom and Shelly Theisen

Camp Contact: Shelly Theisen (563) 556-4194 | stheisen@holyfamilydbq.org

Open to: Incoming grades 1–2 **Dates:** Monday–Friday, August 6–10

Time: 9–11 a.m.

Location: St. Anthony Elementary School

Cost: \$75

Computer Programming

Working with Creative Adventure Lab staff, campers will strengthen problem-solving and creative thinking skills as they learn to use computer programming skills to create and share their own games and cartoons.

Camp Director: This camp is offered through a partnership with Creative Adventure Lab

Camp Contact: Rebecca Mueller | rmueller@holyfamilydbq.org

Open to: Incoming grades 5–9

Dates: Monday-Friday, July 30-August 3

Time: 1–3 p.m.

Location: Mazzuchelli Catholic Middle School



Critical Thinking through Board Games

Recently, there has been a shift from adolescents playing electronic games for enjoyment and stimulation to the classic board games. Since there has been a demand for more board games and challenge, a variety of brand new board games involving multi-faceted strategy have been produced. In this camp, students will learn how to strategize and develop critical thinking skills required for math through stimulating board games such as Settlers of Catan, Clank, Monopoly, Coup, Code Names and more.

Camp Director/Contact: Kyle Leeson | kleeson@holyfamilydbq.org

Open to: Incoming Grades 6–8

Dates: Monday-Friday, July 23-27 (Note: NEW dates!)

Time: 12:30–3:30 p.m.

Location: Mazzuchelli Catholic Middle School

Cost: \$75

Culinary Arts Camp

While your child can probably make a peanut butter sandwich, have you dreamed of them making you a warm breakfast one morning? Campers in Culinary Arts Camp will learn to make hash brown egg baskets for an easy breakfast, dips for their next play date and finish on Friday with cupcake decorating. Your camper will learn about cooking safety while developing independence in the kitchen.

Camp Director/Contact: Allison Pusateri | (563) 583-9771 | apusateri@holyfamilydbq.org

SESSION ONE

Open to: Incoming grades 9–10 **Dates:** Monday–Friday, June 25–29

Time: 9–11 a.m.

Location: Wahlert Catholic High School

Cost: \$85

SESSION TWO

Open to: Incoming grades 6–8 **Dates:** Monday–Friday, July 9–13

Time: 9–11 a.m.

Location: Wahlert Catholic High School

Cost: \$85

SESSION THREE

Open to: Incoming grades 4–5 **Dates:** Monday–Friday, July 16–20

Time: 9–11 a.m.

Location: Wahlert Catholic High School

Cost: \$85

SESSION FOUR

Open to: Incoming grades 1–3

Dates: Monday-Friday, July 23-27

Time: 9–11 a.m.

Location: Wahlert Catholic High School

Cost: \$85

SESSION FIVE NEW SESSION ADDED!

Open to: Incoming grades 1–3

Dates: Monday–Friday, July 30–August3

Time: 9–11 a.m.

Location: Wahlert Catholic High School



Environmental Science for the Young Learner

Your child can be a biologist for a week! Students will complete hands-on activities that will teach environmental science concepts. Topics will include water filtration, recycling, plants and gardening, animals and water conservation. An emphasis on conservation and environmental stewardship will be enforced.

Camp Director/Contact: Ashley Wojtalewicz | awojtalewicz@holyfamilydbq.org

SESSION ONE

Open to: Incoming grades 1–3

Dates: Monday–Friday, June 18–22

Time: 9:00-11:30 a.m.

Location: St. Columbkille Elementary School

Cost: \$75

SESSION TWO NEW SESSION ADDED!

Open to: Incoming grades 1–3 **Dates:** Monday–Friday, July 9–13

Time: 9:00–11:30 a.m.

Location: St. Columbkille Elementary School



Harry Potter Camp

Calling all Harry Potter fans! This camp will give your child a chance to explore the wizarding world of Harry Potter through hands-on activities. Whether your student has read the entire series or is just beginning, this camp will deepen his or her love for the iconic series through games, creative writing, acting and more. Your student will feel like a young witch or wizard at Hogwarts practicing potions (i.e., fun science experiments) and playing quidditch. Potterheads will also test their knowledge through trivia, write alternate endings, act out their favorite scenes, and write letters to author J.K. Rowling. We will also enjoy Harry Potter-themed snacks. The goal of this camp is to deepen kids' love for literature and challenge them to tap into their creative abilities. Will we have a sorting hat? Of course. Will we have butterbeer? Oh yeah! Do you have what it takes to be a wizard?

Camp Directors: Ava Hoelscher, Jill Hohmann and Jamie Vondra **Camp Director/Contact:** Jill Hohmann | jhohmann@holyfamilydbq.org

SESSION ONE

Open to: Incoming grades 3–6 **Dates:** Monday–Friday, June 25–29

Time: 9–11 a.m.

Location: Mazzuchelli Catholic Middle School

Cost: \$50

SESSION TWO

Open to: Incoming grades 3–6 **Dates:** Monday–Friday, June 25–29

Time: 1–3 p.m.

Location: Mazzuchelli Catholic Middle School

Cost: \$50

Literacy Camp with Clarke University

Designed to build fluency and comprehension, this summer camp is full of reading fun and adventure. Under the instruction of the Education Department at Clarke University, this camp will help all students maintain reading skills over the summer. Clarke Education students and instructors will take the literacy needs of all students into consideration. Whether you're looking for skills-based strategies for a reluctant or emerging reader or a new, fun way to stretch the imagination of your enthusiastic reader, this camp is a good fit.

Camp Director: Clarke University Education Department

Camp Contact: Lori Apel | (563) 556-4194 | lapel@holyfamilydbq.org

Open to: Incoming grades K-6

Dates: Tuesdays and Thursdays, June 19 through July 19

Time: 8:30 a.m. to noon

Location: St. Anthony Elementary School



Mathletes

Have you ever noticed the best athletes are usually those who enjoy the game and practice? Playing basketball in the front yard isn't about a score or competition, but it will probably make your jump shot better. Mathletes is a fun, no pressure way to work your brain as a muscle and improve your math skills. If you enjoy math, or want to a make it more like a sport, Mathletes is for you. No tests and no drilling. This camp will show you ways to practice math with games, puzzles and critical thinking. There may be a friendly competition, but it's not about who wins, it's how you play the game.

Camp Director/Contact: Kyle Leeson | kleeson@holyfamilydbq.org

Open to: Incoming grades 5–8

Dates: Monday-Friday, July 23-27 (Note: NEW dates!)

Time: 9 a.m. to noon

Location: Mazzuchelli Catholic Middle School

Cost: \$90

Math Olympics

What is better than practicing math while playing games? Combining learning with fun, Math Olympics will focus on math facts, basic geometry and introduction to Algebraic concepts. Third and fourth grades are significant years for math education. Come be part of the excitement!

Camp Director/Contact: Tara Link | tlink@holyfamilydbq.org

Open to: Incoming grades 3 and 4 **Dates:** Monday–Friday, June 11–15

Time: 10:00-11:30 a.m.

Location: St. Anthony Elementary School



Minecraft Virtual Reality Pop-Up Camp

Explore the world of Minecraft in a whole new way with Creative Adventure Lab's Pop-Up Minecraft Camp. Instead of watching your character walk around on a screen, put on the VR headsets and actually BECOME your character as you build, explore, and adventure through your world!

Camp Director: This camp is offered through a partnership with Creative Adventure Lab.

Camp Contact: Rebecca Mueller | rmueller@holyfamilydbq.org

SESSION ONE:

Open to: Incoming grades 3-6

Dates: Friday, July 13 **Time:** 8:30–11:30 a.m.

Location: Mazzuchelli Catholic Middle School

Cost: \$25

SESSION TWO:

Open to: Incoming grades 7–9

Dates: Friday, July 13 **Time:** 12:30–3:30 p.m.

Location: Mazzuchelli Catholic Middle School

Cost: \$25

SESSION ONE A:

Open to: Incoming grades 3–6

Dates: Monday, August 6 **Time:** 8:30–11:30 a.m.

Location: Mazzuchelli Catholic Middle School

Cost: \$25

SESSION ONE B:

Open to: Incoming grades 3–6 Dates: Wednesday, August 8

Time: 12:30-3:30 p.m.

Location: Mazzuchelli Catholic Middle School

Cost: \$25

Mock Trial

If it pleases the court, Mock Trial Academy will now be in session. In mock trial, students play the roles of attorneys and witnesses as they prepare and present both sides of a hypothetical legal problem. In this summer camp students will develop important critical thinking skills and understand how research improves a case and presentation skills. From opening statements to closing arguments and everything in between, campers will learn about direct and cross examination, objections and Rules of Evidence, and the roles of witnesses and attorneys. Through small group breakout sessions, students will practice their new skills as they prepare to argue one side of a fictional criminal case in an end-of-camp scrimmage.

Camp Director/Contact: Deone Merkel | deone.merkel@loras.edu

Introduction to Mock Trial

Open to: Incoming grades 5–9 **Dates:** Monday–Friday, June 11–15

Time: 12:30–3:30 p.m.

Location: Mazzuchelli Catholic Middle School



Photography Camp

In this photography camp, students will learn how to use their DSLR cameras in different situations and how to properly use the aperture, ISO, shutter speed, white balance, metering modes and many more settings. We will also learn about composition and tips for portrait and landscape photography and some techniques like long exposure, hyperfocal, high speed photography and light painting. Students must provide their own DSLR (digital single-lens reflex) camera.

Camp Director/Contact: Jose Garcia | jgarcia@holyfamilydbq.org

Open to: Incoming grades 6–9

Dates: June 25–29 (Note: NEW dates!)

Time: 9 a.m. to noon

Location: Mazzuchelli Catholic Middle School

Cost: \$100

RESILIENCE: A Social and Emotional Learning Camp for the Athlete, Artist, Actor, Author and Awesome Kid!

Social and emotional learning (SEL) involves the processes of developing self-awareness, self-management, social awareness, relationship skills and responsible decision-making. The structure of this camp presents an ideal environment for children to build resilience – the ability to take failures in stride and retain a positive outlook on life and one's abilities. This highly interactive camp will take those who attend through relatable, activity-driven SEL competencies. Topics like resilience, blame, responsibility, regulating emotions, conflict management, positive self-talk and gratitude will be discussed.

Camp Directors: This camp is a partnership between Holy Family Youth Sports and the University of Dubuque Department of Personal Empowerment. Directors include Travis Zajac, Tim Berning, Joel Janecek and Liza Johnson, **Camp Contact:** Joel Janecek | jjanecek@holyfamilydbq.org

Open to: Incoming grades 3–6

Dates: Monday–Wednesday, June 11–13

Time: 9 a.m. to noon

Location: Mazzuchelli Catholic Middle School



Robotics Programming Camp

Students will work in pairs designing and programming robots using LEGO® Mindstorms™ robotics kits. Each pair will design and program solutions to problems presented on the FIRST® LEGO® League's Senior solution field table. The students will look at the field table, which is a type of obstacle course, determine the best robot design, build the root, program the robot to complete various missions, and then using the scientific method, adjust the robot design and programming until they are able to complete as many missions as possible in 2.5 minutes.

Camp Director/Contact: Jose Garcia | jgarcia@holyfamilydbq.org

SESSION I

Open to: Incoming grades 7–8 **Dates:** Monday–Friday, June 11–15

Time: 9 a.m. to noon

Location: Mazzuchelli Catholic Middle School

Cost: \$80

SESSION 2

Open to: Incoming grades 5–6 **Dates:** Monday–Friday, June 18–22

Time: 9 a.m. to noon

Location: Mazzuchelli Catholic Middle School

Cost: \$80

Show Choir Camp

No experience is necessary to be part of our week-long Show Choir Camp. Bring your voice and wild dancing moves to be part of something fun. At the end of the week, this ensemble will perform a musical number. For students interested in music, theater and/or dancing, Show Choir is a great way to make friends and work on the talent that is inside each one of us.

Camp Director/Contact: Aaron Behnke | (563) 582-1198 | abehnke@holyfamilydbq.org

Open to: Incoming grades 5–9 **Dates:** Monday–Friday, August 6–10

Time: 9–11 a.m.

Location: Kehl Family Commons, Wahlert Catholic High School

Cost: \$75

Sustainable STEM Camp

Do you want your child to learn about one of the fastest growing fields of study? This camp will highlight how sustainability can play an important role throughout many aspects of STEM. Through hands-on projects, campers will learn become environmental engineers and will be tasked with solving problems to help better the environment. Remember to bring a field notebook and pencil with you!

Camp Director/Contact: Ashley Wojtalewicz | awojtalewicz@holyfamilydbq.org

Open to: Incoming grades 4–6 **Dates:** Monday–Friday, July 23–27

Time: 9:00–11:30 a.m.

Location: Wahlert Catholic High School



Virtual Reality Camp

Creative Adventure Lab staff will guide your camper through virtual reality (VR) adventures that foster creative thinking and innovation. Throughout the week, campers will explore a variety of VR experiences, such as Google Tilt Brush, Medium, and Fantastic Contraptions. These experiences will allow them to paint and sculpt in 3D, build & share environments and solve complex engineering challenges. Each VR session will also include a break from wearing the headsets to reflect on experiences and play engaging games that relate to the VR activities.

Camp Director: This camp is offered through a partnership with Creative Adventure Lab

Camp Contact: Rebecca Mueller | rmueller@holyfamilydbq.org

SESSION ONE

Open to: Incoming grades 3–6 **Dates:** Monday–Thursday, July 9–12

Time: 8:30–11:30 a.m.

Location: Mazzuchelli Catholic Middle School

Cost: \$100

SESSION ONE A

Open to: Incoming grades 3–6 **Dates:** Tuesday–Friday, August 7–10

Time: 8:30–11:30 a.m.

Location: Mazzuchelli Catholic Middle School

Cost: \$100

SESSION TWO

Open to: Incoming grades 7–9 **Dates:** Monday–Thursday, July 9–12

Time: 12:30–3:30 p.m.

Location: Mazzuchelli Catholic Middle School



PRESCHOOL/PRE-K CAMP DESCRIPTIONS (ALPHABETICAL)

Bible Camp

Explore God's Love during our Summer Bible Camp! Children will discover God's love through songs, crafts, cooking, science, outdoor games, and more. We will be acting out Bible stories and engaging in fun hands-on learning activities where the children will explore, create and grow in their faith. Come and enjoy the journey as we participate in many different ways to follow Jesus and explore God's love.

Camp Director/Contact: Tina Pothoff | (563) 556-2820 | tpothoff@holyfamilydbq.org

Open to: Ages 3-5

Dates: Monday–Thursday, July 9–12

Time: 9:00–11:30 a.m.

Location: St. Anthony and Our Lady of Guadalupe Early Childhood

Cost: \$55

Commotion in the Ocean

Children will explore the creatures that live in and around the sea through art, science, literacy and more. Join us for our underwater adventures and find out what the commotion is all about!

Camp Director/Contact: Marcy Weidenbacher | (563) 583-1620 | mweidenbacher@holyfamilydbq.org

SESSION I

Open to: Ages 3–5

Dates: Monday–Thursday, July 23–26

Time: 9:00–11:30 a.m.

Location: St. Columbkille Early Childhood

Cost: \$55

SESSION 2 NEW SESSION ADDED!

Open to: Ages 3-5

Dates: Monday-Thursday, July 23-26

Time: 12:30–3:00 p.m.

Location: St. Columbkille Early Childhood

Cost: \$55

If You Give a Chef a Story...

If You Give a Chef a Story invites your child to use math, science, literacy, and collaboration skills to create a recipe from a daily story. Cost of the camp includes recipe ingredients. Note: If your child has a food allergy, please contact the camp instructor before signing up.

Camp Directors/Contacts: Tina Pothoff | tpothoff@holyfamilydbq.org / Shelly Theisen | stheisen@holyfamilydbq. org (563) 566-4194

Open to: Incoming Pre–K through grade 1

Dates: Tuesday–Friday, June 26–29

Time: 9:00–11:30 a.m.

Location: St. Anthony/Our Lady of Guadalupe Early Childhood Center



Jesus is My Superhero

"Jesus is my Superhero." Learn about the awesome things that Jesus did through Bible stories, music, art, drama activities and games.

Camp Director/Contact: Patti Steines | psteines@holyfamilydbq.org

Open to: Ages 3-5

Dates: Monday–Friday, June 18–22

Time: 9–11 a.m.

Location: Holy Ghost Elementary School

Cost: \$45

Mad Scientist Camp

This camp invites you to discover a week of all things science! Campers will roll up their sleeves in the Mad Science chemistry lab to mix, mash and make cool concoctions. It's a week packed with non-stop science fun!

Camp Directors: Mandy Brosius and Tina Pothoff

Camp Contact: Tina Pothoff | (563) 556-2820 | tpothoff@holyfamilydbq.org

SESSION I

Open to: Ages 3–6

Dates: Monday–Thursday, July 16–19

Time: 9:00–11:30 a.m.

Location: St. Anthony and Our Lady of Guadalupe Early Childhood

Cost: \$55

SESSION 2 NEW SESSION ADDED!

Open to: Ages 3–6

Dates: Monday–Thursday, July 16–19

Time: 12:30–3:00 p.m.

Location: St. Anthony and Our Lady of Guadalupe Early Childhood

Cost: \$55

Storybook STEM

Through some favorite fairy tales, children will explore science, technology, engineering and math through a variety of hands-on activities. Can we build a house that the Big, Bad Wolf can't blow down? We'll find out the answer and many more during this fun-filled week.

Camp Director/Contact: Marcy Weidenbacher | (563) 583-1620 | mweidenbacher@holyfamilydbq.org

SESSION I

Open to: Ages 3-5

Dates: Monday-Thursday, June 18-21

Time: 9:00–11:30 a.m.

Location: St. Columbkille Early Childhood

Cost: \$55

SESSION 2 NEW SESSION ADDED!

Open to: Ages 3-5

Dates: Monday–Thursday, June 18–21

Time: 12:30–3 p.m.

Location: St. Columbkille Early Childhood



ATHLETIC CAMP DESCRIPTIONS (ALPHABETICAL)

Boys Basketball Camp/League

The Golden Eagles Boys Basketball Camp will reinforce proper fundamentals essential to the complete basketball player. Individual instruction is given to each player in the areas of shooting, dribbling, passing, rebounding and offense and defense. The league portion of the program will consist of 5 on 5 games.

Camp Director/Contact: Tom English | (563) 583-9771, Ext. 268 | tenglish@holyfamilydbq.org Current Wahlert Catholic High School Basketball team members and coaches will also assist with the camp and league.

BOYS BASKETBALL CAMP

Open to: Completed grades 3–8

Dates: Wednesday–Friday, June 6–8 and Monday, June 11

Time: Grades 3–5: 9:00–10:30 a.m. Grades 6-8: 10:30 a.m. to noon **Location:** Wahlert Catholic High School **Total Cost:** \$130 (includes camp and league)

*Dates subject to change if there are additional school cancellations.

BOYS BASKETBALL LEAGUE

Open to: Completed grades 3–8

Dates: Monday, Wednesday, Friday, June 13 – July 6 (excludes July 4)

Time: Grades 3–4: 9–10 a.m. Grades 5-6: 10-11 a.m. Grades 7-8: 11 a.m. to noon

Location: Wahlert Catholic High School

Girls Basketball Camp

The Golden Eagles Girls Basketball Camp will reinforce proper fundamentals essential to the complete basketball player. Individual instruction is given to each player in the areas of shooting, dribbling, passing, rebounding and offense and defense.

Camp Director/Contact: Kris Spiegler | kspiegler@dbqschools.org

GIRLS BASKETBALL CAMP I (FUNDAMENTALS)

Open to: Incoming grades 3–8

Dates: Thursday–Friday, June 7–8 and Monday–Tuesday, 11–12

Time: 1:00–3:30 p.m.

Location: Wahlert Catholic High School

Cost: \$50

GIRLS BASKETBALL CAMP 2 (SKILLS)

Open to: Incoming grades 3–8

Dates: Tuesdays and Thursdays, June 14–July 12

Time: Grades 3–5: 9:00–10:15 a.m. Grades 6-8: 10:15-11:30 a.m.

Location: Wahlert Catholic High School



Cheerleading Camp

Kids in kindergarten through eighth grade are invited to attend the Golden Eagles Cheerleading Camp, where campers will learn cheers, jumps, tumbling and stunts. There will also be fun games.

Camp Directors/Contact: Trisha Brosius | tbrosius31@msn.com

Open to: Incoming Grades K–8 **Dates:** Monday–Thursday, June 18-21

Time: 1–3 p.m.

Location: Wahlert Catholic High School

Cost: \$50

Cross Country Camp

The Golden Eagles Cross Country Camp provides campers with the opportunity to increase their knowledge of running. Campers will participate in activities that teach body control, teamwork and the fun of a run.

Camp Directors/Contacts: Tim Berning | tberning@holyfamilydbq.org; Chuck Tigges | ctigges@holyfamilydbq.org; Cynthia Wagner | (563) 583-9771, Ext. 266 | cwagner@holyfamilydbq.org

Open to: Incoming grades 5–8

Dates: Tuesday–Thursday, July 31 through Aug. 2

Time: 6:30–7:45 p.m.

Location: Wahlert Catholic High School (meet in the lobby)

Cost: \$20

Flag Football Tournament

The flag football tournament is a non-contact, 7 on 7 event open to boys and girls entering grades one through six for the 2018-2019 school year. Cost is \$10 per child. If your child attends the Youth Football Camp on July 24-26, the tournament is free. No team registrations allowed, as we will form teams based upon grade level. There will be three divisions (1st & 2nd grade / 3rd & 4th grade / 5th & 6th grade). Each team is guaranteed two games. Registration is due Wednesday, July 25. Email assistant football coach Sean Campbell with any questions at scampbell@holyfamilydbq.org

Camp Director/Contact: Sean Campbell | scampbell@holyfamilydbq.org

Open to: Incoming grades 1-6

Date: Saturday, July 28

Time: 9 a.m.

Location: Wahlert Catholic Football Field

Cost: \$10 (*If your child attends the Youth Football Camp on July 24-26, the tournament is free)*



Football Camp

The Golden Eagles Youth Football Camp will introduce and reinforce the technique and fundamental skills for all football position groups. All participants will receive individual instruction in offense, defense, and special team skills.

Camp Director/Contact: Travis Zajac | tzajac@holyfamilydbq.org

Current Wahlert Catholic High School Football team members and assistant coaches will also assist with the camp.

SESSION I

Open to: Incoming grades 1–6 **Dates:** Tuesday–Thursday, July 24–26

Time: 6:00-7:30 p.m.

Location: Wahlert Catholic High School Football Field

Cost: \$25

SESSION 2

Open to: Mazzuchelli Catholic Middle School students only, incoming grades 7–8

Dates: Monday–Thursday, July 30 through Aug. 2

Time: 3:00–4:30 p.m.

Location: Wahlert Catholic High School Football Field

Cost: \$25

Soccer Camp

The Wahlert Catholic boys and girls soccer teams and coaches, in cooperation with Dan Rothert, head soccer coach at Loras College (and Holy Family parent), will be offering a week of soccer instruction. The camp will focus on fundamentals and learning through soccer activities/play. Campers will be divided into age and skill-appropriate groups to ensure the optimal balance of fun, challenge and skill development.

Camp Contact: Dan Rothert | (563) 588-4936 | Daniel.Rothert@loras.edu

Open to: Incoming grades K-8 **Dates:** Monday–Thursday, June 18-21

Time: 1:00-3:30 p.m.

Location: Wahlert Catholic Soccer Field (behind Wahlert Catholic High School)



Softball Camp

Kids interested in learning a variety of softball skills such as pitching, infield, outfield, base running and hitting/slapping are invited to attend the Wahlert Catholic Softball Camp. Your admission will include a free camp t-shirt. Campers will learn these techniques by working with the Wahlert Softball coaching staff and current players. Campers are welcome to sign up for both clinics.

Camp Director/Contact: Ashley Cullen | acullen@holyfamilydbq.org

Open to: Incoming grades 3–8

Date: Saturday, May 5

Time: Pitching/Catching Clinic 9–11 a.m.

All Skills Camp 1-4 p.m.

Location: Wahlert Catholic Softball Field (behind Mazzuchelli Catholic Middle School)

Cost: Pitching/Catching Clinic: \$30

All Skills Camp: \$30 Both Camps: \$50

Strength and Conditioning Camp

The Wahlert Strength Camp will prepare eighth- and ninth-graders on proper form and movements. This camp is the first phase of the strength program at Wahlert Catholic and will provide athletes with the lifting skills to be safe and maximize their athletic potential. Individual instruction will be given to each athlete throughout the three-week camp. Note: Enrollment in this camp will be capped at 20 athletes.

Camp Director/Contact: Clay Finley | cfinley@holyfamilydbq.org

Open to: Incoming grades 8–9

Dates: Monday, Wednesday, Friday, July 9-27

Time: 9–10 a.m.

Location: Wahlert Catholic Weight Room



Tennis Camp

The Golden Eagles Tennis Camp will provide young athletes of all levels an opportunity to learn tennis fundamentals, refine technique and hone strategies for successful doubles and singles play. Emphasis will be on improving the quality of match play, improving strokes and building confidence.

Camp Director/Contact: Jim Fuerstenberg | 563-581-4644 | fuersty777@gmail.com Former Wahlert Catholic High School Tennis team members will also assist with the camp.

TENNIS CAMP I (LITTLE EAGLES/FUNDAMENTALS)

Open to: Incoming grades K-4 (Boys & Girls)

Session Options:

- 1) Monday–Friday, June 11–15
- 2) Monday-Friday, June 18-22
- 3) Monday-Friday, June 25-29
- 4) Monday-Friday, July 9-13

Time: 8:00-9:30 a.m.

TENNIS CAMP 2 (EAGLES/REFINE TECHNIQUE)

Incoming grades 5–8 (Boys and Girls)

Session Options:

- 1) Monday–Friday, June 11–15
- 2) Monday-Friday, June 18-22
- 3) Monday-Friday, June 25-29
- 4) Monday-Friday, July 9-13

Time: 9:45–11:15 a.m.

Location: Bernie O'Connor Tennis Facility (Wahlert Catholic High School Campus)

Cost: \$50 per session

Track and Field Camp

The Golden Eagles Track and Field team provides campers with the opportunity to increase their knowledge of running, jumping, throwing and relays. Campers will participate in activities that teach body control, teamwork and the fun of a run. By registering for this camp, campers will be invited to participate in a community track and field meet on Wednesday evening, June 6, hosted by MERGE Performance T&F Club.

Camp Directors: Tim Berning, Chuck Tigges, Joel Janecek and Jan Thyne

Camp Contact: Tim Berning | tberning@holyfamilydbq.org

Open to: Incoming grades 1–8 **Dates:** Wednesday–Friday, June 6–8

Time: 1:30-3:00 p.m.

Location: Wahlert Catholic High School (meet in lobby)



Volleyball Camp

The Wahlert Catholic Golden Eagles Volleyball Team were winners of the 2017 Iowa Class 4A State Championship. Come and join the team for a summer of volleyball fun! The Golden Eagles Volleyball Camp will teach and reinforce the essential skills and fundamentals of volleyball. Individual and group instruction will be given to campers in the areas of passing, setting, serving, attacking, blocking, offense and defense. The Golden Eagles Volleyball League will not only reinforce volleyball fundamentals but will also give participants the opportunity to play in competitive games and matches.

Camp Director/Contact: Lindsey (Kane) Beaves | lkane@holyfamilydbq.org Current and former Wahlert Catholic High School Volleyball team members and coaches will also assist with the camp.

Open to: Incoming grades 3–8

Dates: Monday–Thursday, July 9–12

Time: Grades 3–5: 4:00–5:30 p.m.

Grades 6–8: 5:30–7:30 p.m.

Location: Wahlert Catholic High School



CAMP DIRECTOR/PARTNER BIOS:

Clarke University Education Department includes Clarke Education Department professors and Clarke students who are working toward a reading endorsement or a Master's Degree in reading.

Lindsey (Kane) Beaves is entering her sixth year as head volleyball coach for Wahlert Catholic. She played volleyball at Wahlert Catholic and the College of Charleston.

Aaron Behnke leads the Wahlert Catholic Show Choirs Impulse and Impact, which have both recently earned numerous awards and accolades including: best male soloists, best vocals, best choreography and grand champions. They were undefeated among 3A competition and recently finished as one of the top 10 groups in Iowa.

Tim Berning is the Chemistry teacher and co-head coach of the varsity boys cross country team. In three years of coaching with Chuck Tigges, they have qualified a team for state each year and finished 7th. Mr. Berning is also head varsity track and field coach at Wahlert Catholic High School. Over the past nine years, 28 different individuals and 14 relays have become state champions, they have also earned two team state championships, two runner-up, and a third place finish at the Iowa state track and field meet.

Mandy Brosius is the dual language Pre–K teacher for St. Anthony and Our Lady of Guadalupe Early Childhood.

Trisha Brosius is the co-coach the Wahlert Cheerleaders along with Molly Carpenter. The two have several years of combined cheerleading and gymnastic background and look forward to an enthusiastic week of sharing their love of cheerleading with your children!

Sean Campbell has been teaching physical education at Wahlert Catholic for the past four years. He also coaches football, basketball and baseball.

Molly Carpenter is the co-coach the Wahlert Cheerleaders along with Trisha Brosius. The two have several years of combined cheerleading and gymnastic background and look forward to an enthusiastic week of sharing their love of cheerleading with your children!

Creative Adventure Lab is a non-profit organization located in Dubuque that's moving the world forward by helping people of all ages discover, strengthen and apply creative thinking and innovation skills.

Ashley Cullen is in his first year as the Wahlert Catholic softball coach. Previously, he has coached seven years as the varsity assistant for the Platteville School District and served as the softball director for the Platteville Youth Softball Program for the past 10 years. He has been playing softball himself for 20 years and is excited to join the Wahlert program.

Tom English is the Wahlert Catholic High School varsity boys basketball coach and athletic director. He has been coaching basketball at Wahlert Catholic for 23 years, the past 14 as head coach. The Golden Eagles have reached the state tournament six times in his tenure, including state championships in 2008, 2014 and 2015 and state runner-up in 2016.

Clay Finley is the current strength and conditioning coach at Wahlert Catholic High School. He has been coaching strength at the high school and college level for the past four years. He has coached at Pella High, Waukee High and Simpson College.



Jim Fuerstenberg was the former boys tennis coach at Wahlert Catholic High School for 15 years. Jim has been playing tennis for more than 40 years. He enjoys working with youth and wants them to learn the basics of the game and also have fun!

Jose Garcia has been teaching at Our Lady of Guadalupe for eight years and has been coaching the Our Lady of Guadalupe LEGO® League team for four years. Jose graduated from the University of Granada with his teaching degree and for the next two years he studied computer engineering before becoming a teacher.

Jose also loves making photographs. He is fortunate to be able to spend a good amount of time on personal projects, traveling and doing commercial photography professionally. Although he specializes in portraits, Mr. Garcia loves landscape photography. He was lucky to have several pictures selected as editor's favorite in National Geographic, was selected five times as photographer of the week in Canon Spain and has been featured on the cover page of Fine Art Photography and several publications on 1x.com.

Jill Hohmann is a Slytherin and has been a teacher in the Holy Family school system for over twenty years. She has taught a range of grades from preschool to eighth grade at the Middle school. Her endorsements are in Reading and English/Language Arts. She is excited to join two of her former students, Ava Hoelscher and Jamie Vondra, in leading the Harry Potter Camp.

Ava Hoelscher is a Gryffindor and incoming freshman at Wahlert Catholic High School. She is an avid reader and enjoys creative writing and theatre. Ava is thrilled to share her love for Harry Potter with your campers.

Joel Janecek is the Youth Sports Coordinator for Holy Family Catholic Schools, cross country coach at Mazzuchelli Catholic Middle School, assistant track and field coach at Wahlert Catholic High School, adjunct instructor at the University of Dubuque (Personal Empowerment) and co-owner of MERGE Performance Institute.

Liza Johnson is the Director of Personal Empowerment at the University of Dubuque.

Kyle Leeson is a math teacher at Wahlert Catholic High School, currently teaching Honors Geometry and Algebra 1 & 2. He is a graduate of Loras College ('16) with a B.S. in Mathematics with a minor in Irish Studies. Before teaching at Wahlert, Kyle taught and tutored College Algebra and Calculus to college and high school students. He is currently pursuing his masters in Educational Leadership at Clarke University and incorporates student-centered project-based learning in his everyday classroom.

Tara Link is a 2017 graduate of the University of Dubuque with a bachelor's degree in elementary education and an endorsement in reading. Ms. Link is a teacher for both third and fifth grades at Our Lady of Guadalupe.

Jenni Malcom has a Bachelor of Arts degree in Elementary Education. Mrs. Malcom has been coaching students and teachers in the use of technology for 12 years with Holy Family and is currently a Technology Integration Coach for St. Columbkille and Holy Ghost elementary schools.

Deone Merkel earned her law degree from William Mitchell College of Law in St. Paul, Minnesota in 2004 and has practiced law in Minnesota, Indiana and Iowa. She is currently at Loras College where she teaches public speaking and undergraduate law. Professor Merkel has also spent several summers teaching similar high school mock trial academies at Stanford, Columbia, Johns Hopkins and DePaul Universities.

Tina Pothoff is the early childhood director for St. Anthony and Our Lady of Guadalupe Early Childhood.



Allison Pusateri has been living in the Dubuque area for three years. She has her A.S. and B.S. in culinary arts and food service management from Johnson and Wales University in 2005. She has been a part of the Wahlert Catholic School since January of 2017 cooking for students in the Wahlert cafeteria and teaching Culinary Arts.

Dan Rothert is the men's soccer coach at Loras College. He has built the Loras College program into one of the elite college soccer programs in the country. This past year, the men's team advanced to the NCAA tournament for the 12th time. His teams have advanced to the Sweet 16 in 2005, 2009, 2010 and 2014, and the Final Four in 2007, 2008, 2012, 2013 and 2015.

Kris Spiegler has been the Wahlert Catholic girls basketball coach for 12 years, serving as assistant coach for six years before that. Her team was MVC champs in 2009 and 2012, and she has taken her team to state three years. Coach Spiegler and her staff also earned MVC coach of the year honors for the Mississippi Division in 2009 and 2012. Current team members and various members of the coaching staff will also assist with the camp.

Patti Steines is an elementary music teacher for Holy Family Catholic Schools. She is the director of exploratory activities for Holy Family, and offers after-school activities in the arts to fourth- and fifth-graders during the school year.

Shelly Theisen has a Bachelors of Arts degree in Unified Early Childhood Education. Mrs. Theisen currently serves as a Technology Integration Coach for St. Anthony, Our Lady of Guadalupe and Resurrection elementary schools. Mrs. Malcom and Mrs. Theisen also serve as LEGO® League coaches.

Chuck Tigges is the physical education instructor for St. Anthony Elementary and Our Lady of Guadalupe and cohead coach of the varsity boys cross country team. In three years of coaching with Tim Berning, they have qualified a team for state each year and finished 7th, He is also a Wahlert Catholic varsity girls track and field coach. Over the past nine years, 28 different individuals and 14 relays have become state champions, they have also earned two team state championships, two runner-up, and a third place finish at the Iowa state track and field meet.

Jan Thyne is a varsity girls track and field coach at Wahlert Catholic High School. Over the past nine years, 28 different individuals and 14 relays have become state champions, they have also earned two team state championships, two runner-up, and a third place finish at the Iowa state track and field meet.

Jamie Vondra is a Hufflepuff and incoming freshman at Wahlert Catholic High School. She loves to craft and spends her time acting and reading. Jamie is delighted to work with your children and spend time with others who love Harry Potter.

Cynthia Wagner is Assistant Principal at Wahlert Catholic High School and the head coach for the varsity girls cross country team. Coach Wagner has led her team to 21 city championships, seven MVC championships and five state championships with 29 state championship appearances. She was awarded the NHSACA National Coach of the Year in 2015.

Marcy Weidenbacher has her degree in Early Childhood education and has been working in the early childhood field for 29 years. She is the St. Columbkille Early Childhood Center director and has been working at St. Columbkille for 12 years.

Ashley Wojtalewicz graduated from University of Wisconsin-Platteville in 2017 with a Bachelor of Science degree in Sustainable and Renewable Energy Systems and a minor in Business Administration. Ashley is working for the Holy Family School District through the Sustainable Schools AmeriCorps program to help implement sustainability throughout the district.



Travis Zajac is an English teacher and is entering his sixth season as the head varsity football coach at Wahlert Catholic High School. The Golden Eagles finished the 2017 season with a record of 5–4, thus having the first back-to-back winning seasons since 2002-2003. Under Zajac's guidance, the Golden Eagles qualified for post-season play in 2014 and 2015. This is the first time Wahlert has qualified for post-season play in back-to-back seasons since 1996–1997. Coach Zajac has 18 years of coaching experience, including 10 years coaching at the collegiate level.