

familytimes

SPRING 2018

The Holy Family Catholic Schools magazine

UnityPoint Health
Finley Hospital



PARTNERSHIPS
That Pave the Way



Holy Family

CATHOLIC SCHOOLS

Achieve. Lead. Soar

A message from the CHIEF ADMINISTRATOR

Dear friends,

In the early 2000s, I attended an educational summit designed to challenge attendees to rethink education. While there, I was particularly struck by one presenter's comment: "If Rip Van Winkle were to wake up today, the only place he would feel comfortable would be in an American high school." I found I couldn't disagree with the statement, as the high school in which I then worked was eerily similar to the Wahlert High School from which I had graduated some 20 years earlier.

Fast forward 10 years, when advances in technology were disrupting almost every aspect of life, and the winds of change finally reached education—with gale force. As other educators and I struggled to choose the best path forward from the available technologies and a host of different "best" practices, it occurred to me that, whichever direction we went, we needed to make sure we prepared students to thrive in a future none of us could imagine.

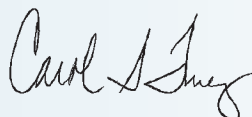
Out of that idea was borne our new advertising campaign, Future Proof Your Kid (futureproofyourkid.com). It represents our commitment to grounding students in Catholic values to empower them to appropriately navigate the moral murkiness of society and to instilling in them the skillset they will need to adapt to a constantly changing world of work.

So how do we "Future Proof" today's students? The process starts with life-changing spiritual activities and continues with transformational academic pathways designed to meet each student's needs. It's all about embracing change based on research and best practice. And it's relentlessly evaluating our progress and being willing to modify our course when necessary.

As a sign we are on our way to delivering on our commitment to the future, we are receiving requests for partnerships from local, regional and national organizations. As further proof, I'm sure if Rip Van Winkle were to wake up in a Holy Family school today, he'd be quite confused,

but our dedicated, talented and caring teachers would be right there to help him fill in the gaps and prepare him for a productive and meaningful career.

Sincerely,



Carol (Schmidt) Trueg '79
Chief Administrator



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THANK YOU

Once again, Circle of Celebration was an outstanding success!

Thank you for joining us in celebrating the countless merits of our system, and thank you for your passion and commitment to the continued success of our schools and our students' futures. With your support, Circle 2018 raised more than

\$575,000

We extend a special thanks to our sponsors and to the numerous volunteers who make it all happen.

Congratulations

We are truly grateful and humbled by the outstanding contributions you have made to our schools and our community and for the legacy you leave our students.



HALL of HONOR



ABBEY (DROLEMA) FASSBINDER '01
Rising Young Alumni Award



KAREN (O'CONNOR) ZECKER '62
Holy Family Catholic Schools Service Award



JOHN '96 & AMY FREUND
Outstanding Service Award



MIKE PORTZEN '71
Professional Achievements Award

ATHLETICS HALL of FAME



PETER EGGERS '01



KEVIN KUNNERT '69



KEVIN O'NEILL '73



STEVE TSCHIGGFRIE '71



KELLEY (WESTHOFF) JACOBS '93



HIGHLIGHTS

ACADEMICS, ACCOLADES & THE ARTS

National Merit Scholars

- Class of 2018:**
Finalists: Ann Hermann, Jayne Munshower and Joseph Patrick
- Class of 2019:**
Qualifiers: Matthew Becker, Abby English, Mary Freund and David Hughes

Dubuque Area Youth Leadership Council (DAYLC) Top 100, class of 2019: Matthew Becker, Olivia Bloesch, Brian Cochran, Laurel Curtiss, Trenton Dodds, Jack Doyle, Abby English, Mary Freund, Maddie McCarron, Matthew McGuire, Kaitlin Moran, Jacob Nuti, Sydney Rury, Isabel Shubatt, Rachel Timmerman, Martha Ward, Vanessa Wareham

National Geographic State Bee:

Semifinalist: St. Columbkille fifth-grader William Fry
Qualifier: Our Lady fifth-grader Matthew Bodnar

ACT Perfection:

Matthew Becker '19 and Ann Hermann '18 earned perfect scores on the ACT.

Gold Key Winner:

Catherine Curtiss '21 earned first place in the Scholastic Arts & Writing National Competition.

International Thespians:

Elizabeth Fitzsimmons '19, Rebecca Meissen '18, Jacob Nuti '19 and Isabel Shubatt '19 were chosen to perform individual events at the 2018 International Thespian Festival.

Top Tier Educators:

- Wahlert Catholic religion teacher Abigail Lofté delivered a paper on Pope Francis' call to discipleship at a Villanova University conference for the fifth anniversary of Francis' pontificate.
- St. Anthony fifth-grade teacher Rose Oswald received the Elgin DeMaio Teacher Mentorship Award for her dedication to the mentorship of pre-service teachers.

Blue Ribbon Schools:

Resurrection Elementary's application was one of 50 from private schools nationwide to be forwarded to the National Blue Ribbon Schools selection committee.

ATHLETICS

Fall/Winter State Achievements:

- 3A State Champions: Women's Cross Country
- 4A State Champions: Volleyball (back-to-back titles)
- 2A Wrestling: State Individual Team Champions, plus individuals – 1st place: Josh Ramirez (160); 2nd place: Kolton Bartow (170); 1st place: Boone McDermott (220); 4th place: Blake Bradley (285)
- 10th Place: Girls Swimming & Diving

FAITH

Due to popular demand, a third Kairos retreat was added this year for a record-breaking 102 Wahlert junior class retreatants.



Amb. Kenneth Quinn '60

AFTER SERVING AS THE U.S. AMBASSADOR TO CAMBODIA, QUINN NOW SHARES HIS EXPERTISE AS THE EXECUTIVE DIRECTOR FOR THE WORLD FOOD PRIZE, THE FOREMOST INTERNATIONAL AWARD RECOGNIZING INDIVIDUALS WHO HAVE INCREASED THE QUALITY, QUANTITY OR AVAILABILITY OF FOOD IN THE WORLD.

Q: Tell us a little bit about yourself.

A: After graduating from Wahlert in 1960, I attended Loras College, graduating with a degree in Political Science in 1964. Then, it was on to Milwaukee for an M.A. at Marquette, followed by three years at the University of Maryland working toward a Ph.D. in international relations.

From 1967 to 1999, I had a 32-year career as a State Department diplomat – serving in Vietnam during the war; at the United Nations in Austria, at the US embassy in the Philippines and on Henry Kissinger's National Security Council staff at the White House. From 1996 to 1999, I served as U.S. Ambassador to Cambodia.

Highlights along the way include:

- Being the only civilian to receive the Army Air Medal for taking part in combat helicopter operations during my six years in the Vietnam War;
- Having my ambassadorial residence in Cambodia hit by a rocket and ringed in automatic weapons fire while my wife and I covered our three children with our bodies (thankfully, no one was hurt);
- Serving as the interpreter in Vietnamese for President Ford in the White House;
- Negotiating access to prisons in Vietnam and Russia to search for POW/MIAs.

At my retirement ceremony, I was presented with the State Department award for Heroism and Valor for five life-saving rescues I carried out in Vietnam during the war; and for protecting American citizens from extreme danger during the civil war in Cambodia in the 1990s.

From 2000 to the present, as president of the World Food Prize, I have endeavored to build this \$250,000 annual award, so it is considered the "Nobel Prize for Food and Agriculture." Founded by Nobel Peace Prize Laureate Dr. Norman E. Borlaug, the goal of our Foundation is to eradicate hunger in the world.

In 2014, I received the Iowa Medal, our state's highest civilian honor; previously presented to only 22 persons in the last 70 years. Other recipients include President Herbert Hoover, Vice-President Henry Wallace and Professor George Washington Carver. I am so very proud to be a Wahlert grad on that list of distinguished Iowans.

Throughout my experience, nothing has been more important or meaningful than marrying my wife Le Son Nguyen, whom I met in Vietnam, having three children and watching them grow up.

Q: What led you on your career path?

A: The inspiration for my career as a diplomat came from President John F. Kennedy. I recalled him saying during an interview that if he had not gone into politics, he would have pursued a career in the Foreign Service. It seemed an impossible long-shot since only around 200 individuals were selected by the State Department each year out of about 15,000 who took the entry exam (most of them from places like Harvard, Princeton and Yale—and not Dubuque). Still, I gave it a try, and all that academic preparation at Wahlert and Loras College paid off.



Ambassador Kenneth Quinn

KNOW SOMEONE WE SHOULD FEATURE? OUR ALUMNI ARE OUT THERE DOING BIG THINGS AND WE WANT TO HEAR FROM YOU! SUBMIT YOUR SUGGESTION FOR THE "ALUMNI WORTH KNOWING" SPOTLIGHT AT HOLYFAMILYDBQ.ORG/EAGLEUPDATES.

Passing the test changed my life forever!

Q:What has been most fascinating along the way?

A: The places I have gone and the people I have met. Throughout my career, I have lived in and traveled to numerous countries. Among the many world leaders and international figures I have met, the three most inspiring individuals that I have encountered during my career have been: Dr. Norman Borlaug, the founder of the World Food Prize; Governor Robert Ray of Iowa; and Corazon Aquino, the President of the Philippines. Each cared deeply about alleviating the plight of suffering people and each showed extraordinary courage in facing extremely difficult circumstances.

Q:What have you carried with you from your Wahlert Catholic High School experience?

A: I am so incredibly proud to be a Wahlert grad! My senior year at Wahlert was the most memorable, impactful experience of my entire education from first grade through my Ph.D. Feeling the pride and excitement of walking into that new building for the first time in August 1959 was thrilling. To have been chosen as the Cadet Colonel to lead the ROTC Battalion, being a member of Ed Colbert's first basketball team, receiving the Bausch and Lomb Science Award as the top science student and serving as yearbook editor are all indelible memories of my senior year.

I have carried lessons from Wahlert with me throughout my career. Whenever I have encountered humanitarian crises around the globe, whether war victims in Vietnam, refugees from Indochina, Cambodian survivors of the genocidal Khmer Rouge regime or malnourished, food insecure smallholders across Africa, the moral foundation inculcated in me at Wahlert and throughout my Catholic education always impelled me to do all that I could to alleviate human suffering.

To this day, I make reference in speeches to one of the most powerful examples of intellectual integrity that I have ever witnessed. It came during the last seconds of the first ever Wahlert-Senior basketball game on the Wahlert court in 1960. Even though we were ranked third in the state and seemingly destined to make it to the finals, we were trailing Senior by one basket. My close friend John "Fingers" Delaney '60 launched a desperate three-quarters length shot just as the final buzzer sounded.

Miraculously, the shot banked in, apparently tying the score and sending the Wahlert students into a frenzy. Then, the referees, uncertain whether Fingers had released the shot before the buzzer, turned to the official scorer, Wahlert physics teacher Bob O'Connell, for the final verdict. It was really close, but Prof. O'Connell never hesitated in declaring the shot no good. My heart still aches whenever I think back to that moment, but I know he made the correct call. He provided a lesson of a lifetime about honesty and integrity.

I regularly attend Wahlert state tournament games (along with my good friend Attorney General Tom Miller '62). I have seen the Golden Eagles win several state championships, but that 57-55 loss to Senior still hurts.

I remember wonderful teachers like Fr. Jim Chapman and Fr. Tom Carpenter; Bernie O'Connor and especially Sister Columba, who inspired me toward science.

The World Food Prize Foundation has a unique program to inspire high school students to education and careers in STEM subjects and confronting hunger around the globe. Our Iowa Youth Institute each spring provides the initial experience that can lead to international internships in Asia, Africa and Latin America. I invite Wahlert students to participate. Those interested can contact Kelsey Tyrrell at ktyrrell@worldfoodprize.org. —Ken

cheers.

Life is full of celebration. Share your announcements through Wahlert Catholic Eagle Updates at holyfamilydbq.org/eagleupdates.



Charlie '02 & Hope Freund welcomed baby girl Eloise Kathleen on January 8, 2018.

ALUMNI CAREER NEWS



Nicole (Beaver) Gantz '93, has been made a partner at Honkamp Krueger P.C.



Ryan Burbach '05, has been made a partner at Honkamp Krueger P.C.

Stephanie Dalton '05 has joined Great River Oral and Maxillofacial Surgery (in practice with her dad, Mike Dalton '78)

Steven May '70 retired in December, 2017

ALUMNI MARRIAGES

Beth (Miller) '09 Married Andrew McFadden on Oct. 21, 2017

ALUMNI BIRTHS

Tommy '03 & Kate (Gross) '03 Lange welcomed baby boy William on Dec. 20, 2017

Maria (Kalb) '09 & Scott Schemmel welcomed baby girl Grace Elizabeth on March 10, 2018

Katie (Lange) '99 & Chris Lenart welcomed baby girl Sophie Mae on Feb. 5, 2018

IN MEMORIAM

September, 2017–March, 2018

1960s

Mary Ann (Timmerman) Runde '60
Stanley Schroeder '60
Madonna McElmeel '62
Dale Droessler '63
Merlin Schuster '63
Sarah (Sullivan) Willging '63
Mary (McCarthy) Braem '64
David Mills '64
Robert Schuster '64
Susan (Reisch)Tebbe '64
Bonnie Maiers '65
John Fury '65
John Shanahan '66
Michelle Clemens '67
David Grant '68

David Manders '69
Joseph Pillard '69

1970s

Bruce Noel '71
Curt Vrotsos '71
Robert Leick '72
Stephen Livens '72
Terry Richards '72
John Cody '73
Michael Schroeder '73
David Freiburger '74
Russell Gaherty '75
Ann (Udelhofen) Oglesby '76
Karen Timpe '76
Cathy Bishop '78

Jeffrey Fitzgerald '78

1980s

Elizabeth DeGree-Mueller '81
Charles Lavacek '84
Roberta (Thill) Wolbers '85
Pamela (Hansen) Coleman '86

1990s

Heather (Neal) Davis '91



PARTNERSHIPS

That Pave the Way

Imagine entering college knowing just the career path you'd like to follow. With the support of local and national partners and numerous academic enrichment opportunities, Holy Family Catholic Schools is on a mission to prepare our students for a future we cannot imagine, to “future-proof” the next generation of workforce leaders.

Starting to consider your options midway through freshman year of college – though entirely common – has never been an ideal plan to set a solid course on a successful career. In a fiercely competitive world, Holy Family schools are taking steps to help students personally navigate their possibilities, starting now.

As early as sixth grade, some Holy Family students are already beginning to investigate their higher education and career options. Through mentoring relationships in the EDGE program, students are empowered to ask questions and begin exploring the college and career paths they strive for.

As they matriculate to Wahlert Catholic, many doors start to open for students on a mission to plan for their future, and community partnerships begin to pave the way for experiential learning.

In the last two years, Wahlert has formalized an academic track that culminates by leveraging those partnerships to the benefit of students and businesses alike. This optional track sets students off on the right foot – and maybe even a few steps ahead.

The world has come to know millennials as a generation fueled by curiosity and armed with the expectation of information at their fingertips. But there are still some things that can't be learned on YouTube.

“Seeing the orchestration of a total hip replacement surgery – with the pre-room set-up, the post-room take-down, moving the patient

into surgery-recovery, coordinating with the lab – the operating room is like a symphony,” said Wahlert Catholic senior Collin Link, sharing his job-shadow experience at UnityPoint Health Finley Hospital, where he was enrolled as a volunteer intern last fall.

“Seeing that process from start to finish – it's so different, being in there versus reading about it in a textbook or online or on a YouTube video.”

Traditionally, a college internship has served as the first opportunity for a student to try his hand at a soon-to-be career, and no doubt, this remains a crucial step in the exploration process. At Wahlert Catholic, faculty and administrators are asking themselves, “why not start that process sooner, and how can we benefit our community partners in return?”

Freshmen begin the career-focused track in a course called “Soar into Wahlert.” Secondary Instructional Coach Lisa Krapfl describes the course as an opportunity for students to explore how they might be successful in high school, navigating the numerous club, leadership, faith-building, curricular and co-curricular opportunities that await Wahlert students as they pad early resumes for college applications, broaden their social circle and identify life-long passions.

As sophomores, students are pushed to confront their boundaries of comfort in “Real World Communications.” And juniors begin to more thoroughly investigate their next chapter of life in a course appropriately named “Am I Ready?”

Here, they'll get to the heart of real-world questions students have on their minds, such as, “What is insurance and who needs it?,” “How will I select a college, and how do I apply?,” or “How do I even know what my strengths are?” Through individual guidance, instructors learn and help to address student-specific needs so they might leave feeling better prepared for what lies ahead.

As seniors, students are now ready for practical application of lessons they've learned in school. Link chose to spend the first semester of his senior year exploring a career in medicine through

a partnership with UnityPoint Health Finley Hospital. Twenty-four students have taken part in similar experiences this year.

Certain days of his week were spent providing support in the emergency department, and on other days he would greet hospital visitors and escort patients to and among various hospital departments. In the ER, Link helped with just about anything non-medical the nurses or doctors needed, such as stocking, organizing, running labs, and delivering files. As a greeter, he would answer phones, clean wheelchairs and maintain a welcoming entrance.

➤ **“SEEING THE ORCHESTRATION OF A TOTAL HIP REPLACEMENT SURGERY – WITH THE PRE-ROOM SET-UP, THE POST-ROOM TAKE-DOWN, MOVING THE PATIENT INTO SURGERY-RECOVERY, COORDINATING WITH THE LAB – THE OPERATING ROOM IS LIKE A SYMPHONY.”**

Link enjoyed making his hourly rounds, assisting patients in various ways. “I would look at our board, see how many beds we had and visit each bed, state my role and ask them if I could help in any non-medical fashion – a pillow, warm blanket, drink of water (with nurse permission) – anything to give that full-comfort care.”

The second phase of Link’s experience was an opportunity to shadow doctors in a selected specialty. Link spent two full days shadowing orthopedic surgeons and a physician’s assistant in the ER.

Simply being in the environment can be rewarding, explained Krapfl. “These are voluntary, exploration internships; they’re not paid. The difference is, we allow students time in their schedule to go, experience and earn credit.”

As a pilot partnership, the opportunity at UnityPoint has flourished, but not all experiences are medical and not every business partnership winds up as a full-blown internship. “It’s student-driven,” explained Krapfl. “In my research, I’ve learned, what really makes our program special is that it’s truly personalized. Students must speak up about the areas they are interested in. And if we don’t have a spot for them, we’ll go find one. It’s an organic program.”

Starting this summer, a new partnership with Mercy Medical Center will present opportunities for two more student interns. According to the Wahlert Catholic guidance office, summer positions provide a good option for students to open their schedules by satisfying credits when school is not in session.

Similar partnerships have led to internship opportunities and real-world class projects with organizations such as Aquinas

Communications, the National Mississippi River Museum & Aquarium, Loras College and Lange Sign, to name a few.

Link came away from his experience feeling practiced in several highly-applicable skills for the working world. Organization and time-management played an essential role for him in coordinating between Wahlert and UnityPoint. In relation to his coursework, Link was pleasantly surprised to also find real-life applications for lessons he had been learning in courses such as AP Biology.

Overall, he thought his communication skills took the lead. “Learning how to interact with those who were superior to me, who worked alongside me and those who were patients was essential – and that ability to connect with each one of them enabled me to gain so much more from the experience.”

Krapfl echoed the idea that the key benefits of an internship don’t end with hands-on practice. Much of the feedback she hears is on the personal side. “The professionals have been more than wonderful about sharing how they’ve made their journey and challenges they faced along the way. That’s probably been the number one thing our students have commented on. They’re impressed that these doctors and leaders are willing to engage with them on a personal level.”

She also described some less obvious successes of the program. “My favorite quote from a student presentation was, ‘I’ve learned this is not the place for me.’ And it wasn’t for a lack of interest in healthcare. He loves numbers and realized he wants to pursue medical research. So, it’s also about learning what they’re not! If you find that out now, that’s a success.”

So, you ask, how can we “future proof” our students? Perhaps a small piece of the puzzle is a better understanding of the opportunities that lie ahead of each and every one of them. Empowered to explore the world around them, we believe our students will be better prepared to fulfill their potential in both work and life.

“As an instructional coach, I feel the way to engage students in their learning today is through real-world experiences. We really want them to have authentic engagement here at Wahlert,” Krapfl says.



LISA KRAPFL
SECONDARY
INSTRUCTIONAL COACH



KATIE LENART '99,
WAHLERT CATHOLIC
GUIDANCE COUNSELOR

**BUSINESSES
INTERESTED
IN PURSUING
PARTNERSHIPS
WITH HOLY
FAMILY FOR
AN INTERNSHIP,
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OR CLASSROOM
PROJECT SHOULD
CONTACT LISA
KRAPFL:**

**lkrapfl@
holyfamilydbq.org
OR KATIE LENART:
klenart@
holyfamilydbq.org.**

2018 REUNIONS

SAVE
THE
DATE

Keep your eyes on
holyfamilydbq.org/reunions
for the latest updates on
your reunion events.

1963 - 55-year reunion
August 24–25

1968 - 50-year reunion
August 17–18

1973 - 45-year reunion TBD

1978 - 40-year reunion TBD

1983 - 35-year reunion
October 6

1988 - 30-year reunion TBD

1993 - 25-year reunion TBD

1998 - 20-year reunion TBD

2003 - 15-year reunion TBD

2008 - 10-year reunion
October 6

2013 - 5-year reunion TBD

THE Annual FUND

With your continued support, there's no limit
to what Holy Family students can achieve.
Renew your gift to the Annual Fund today:
holyfamilydbq.org/givetoday



UNRESTRICTED Possibilities