

**Elementary Breakfast Food Components:**

**CHOOSE AT LEAST 3 ITEMS, MAKE SURE TO TAKE A FRUIT OR VEGETABLE.**

*Must have at least 1/2 cup of fruit or vegetable to count as a reimbursable breakfast meal.*

**Breakfast Meal:** Includes main breakfast item=2 items or 2 main breakfast items =1 item each, with 1 cup fruit or vegetable and 8 oz milk. Only 1/2 cup of fruit per day may come from juice.

Regular price \$1.70      reduced \$0.30      free-free Adult- \$2.00

Monday	Tuesday	Wednesday	Thursday	Friday
<b><i>Main Breakfast items = 2 items</i></b>				
• Mini Cini's	• Mini Pancakes	• Mini Waffles	• Mini French Toast	• Mini Bagels
<b><i>Main Breakfast items = 1 item</i></b>				
• Cereal • Toast • Yogurt • Cheese Stick	• Toast • Cereal • Yogurt • Cheese Stick	• Cereal • Toast • Yogurt • Cheese Stick	• Cereal • Toast • Yogurt • Cheese Stick	• Toast • Yogurt • Cereal • Cheese Stick
<b><i>Fruit and Vegetable items = 1 item</i></b> <b><i>Choose up to 2 items</i></b> <b><i>Maximum 1/2 cup of juice per day = 1 item</i></b>				
• Cup of Juice • Fruit of the day	• Cup of Juice • Fruit of the day	• Cup of Juice • Fruit of the day	• Cup of Juice • Fruit of the day	• Cup of Juice • Fruit of the day
<b><i>Carton of Milk = 1 item</i></b>				
• Carton of Milk	• Carton of Milk	• Carton of Milk	• Carton of Milk	• Carton of Milk

Available for purchase							
Milk Carton	.60	Carton OJ	.75	Muffin	.75	Cereal	1.00
Extra Toast	.25 slice	Extra Sausage Link	.25	Yogurt	.75	Cereal Bar	.75
Breakfast Bar	.75	Extra Potato	.50	Mini Package	1.25		
Cheese Stick	.50	Cup of Juice	.60				
Mini Cini	1.25	Mini Waffles or Pancakes	1.25	Mini French Toast	1.25	Mini Bagel	1.25

