

4	5	6 Ash Wednesday	7	8 FRIDAY IN LENT
AM-Gogurt.Craisins.water PM-Sunchips.Juice	AM-Sliced Ham-Crackers-Water PM-Gripz.Milk	AM- Whole grain bread & Jelly.milk PM-Fresh Fruit.Pretzels.Water	AM-Homemade Trailmix.Milk PM-Teddy Grahams.Juice	AM-Fruit Bowl.Scooby Bones,water PM-Muffin.Milk
Open Faced Beef Sandwich on WG Bread  SIDES: Two Potato Mashed with Gravy Applesauce  Milk	Chicken Patty Sandwich on WG Bun  SIDES: Calico Beans Sliced Peaches  Milk	Cheese Pizza  SIDES: Tuscan Vegetables Apricot Halves  Milk	Hot Dog on a WG Bun  SIDES: Crinkle Cut Fries Sliced Pears  Milk	Fish Sandwich on WG Bun  SIDES: Potato Smiles Mixed Fruit  Milk
11	12	13	14	15 FRIDAY IN LENT
AM-Apple Sauce.Milk PM-Animal Crackers.Juice	AM-Fruit Bowl.Graham Cracker.Water PM-Cheese.Crackers.Water	AM-Strawberry Delight. Milk PM-CheeseIts.juice	AM-1/2hardboil egg.juice PM- 1/2 Banana.Milk	AM-Apple Wedges.Cheese.Water PM-Cereal Milk
Walking Taco with ground beef and cheese  SIDES: Lettuce.tomatoes Corn Sliced Peaches Milk	Chicken Alfredo over pasta/Breadstick  SIDES: Steamed Broccoli Mandarin Oranges  Milk	Pizza  SIDES: Baked Beans Applesauce  Milk	Chicken Nuggets and Dinner Roll  SIDES: Sweet Potato Fries Mixed Fruit  Milk	Toasted Cheese Sandwich  SIDES: Tater Tots Pineapple Tidbits  Milk
18	19	20	21	22 FRIDAY IN LENT
AM-1/2hardboil egg.pretzel.water PM-Strawberry Chex Mix.Juice	AM-Fresh Fruit.Milk PM-Sun Chips.Juice	AM-Cereal.Milk PM-Ham Sandwich.Water	AM- Gogurt.Juice PM- Banana.Milk	AM-Baby Carrots.Ranch.Milk PM-Goldfish Crackers.Juice
Hamburger on WG Bun  SIDES: Potato Smiles Mixed Fruit  Milk	French Toast Sticks & Sausage  SIDES: Triangle Potato Sliced Peaches  Milk	Chicken Taco on WG Tortilla shell  SIDES: Baked Beans Lettuce.tomatoes Applesauce Milk	Popcorn Chicken.Dinner Roll  SIDES: 2 Potato Mashed with Gravy Fruit Cup  Milk	Tony's Cheesestick with Marinara Sauce  SIDES: Sweet Potato Waffle Fries Mandarin Oranges  Milk
25	26	27	28	29 FRIDAY IN LENT
AM-Bread or Toast.Jelly.Mik PM-Cinn Teddy Graham.Milk	AM-Homemade Cereal Bar.Milk PM-Cheese Stick.Juice	AM-Seasoned Oyster Crackers.cheese.water PM-Goldfish Crackers.Juice	AM-Deli Turkey Sandwich.Water PM-Animal Crackers. Milk	AM-SideKick.Graham Cracker.water PM-Cereal.Milk
Turkey and Cheese Sandwich  SIDES: Fries Mandarin Oranges  Milk	Macaroni & Cheese & Ham  SIDES: Green Beans Sliced Pears  Milk	Hamburger on WG Bun  SIDES: Baked Beans Orange Wedges  Milk	Chicken Drumstick and WG Dinner Roll  SIDES: Steamed Broccoli Mixed Fruit  Milk	Tuna Noodle Casserole  SIDES: Broccoli Normandy Sliced Peaches Bread Stick Milk