



Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6 ASH WEDNESDAY	7	8 FRIDAY IN LENT
Popcorn Chicken or Buffalo Popcorn Chicken & Slice of Bread SIDFS: Two Potato Mashed with Gravy Assorted Fresh Relishes Kiwi Applesauce Milk	Mandarin Orange Chicken- Dinner Roll SIDFS: Brown Rice Stir Fry Vegetables Tossed Salad Sliced Peaches Banana Fortune Cookie  Milk	French Bread Cheese Pizza or Egg Salad Sandwich SIDFS: Broccoli Slaw Tuscan Vegetables Apricot Halves Fresh Pineapple Cookie Bar  Milk	Mr. Rib Sandwich on WG Bun SIDFS: Crinkle Cut Fries Calico Beans Strawberry Spinach Salad Sliced Pears Fresh Fruit Milk	Tony's Cheesestick with Marinara Sauce Egg Salad Sandwich SIDFS: Sweet Potato Waffle Fries Bistro Spinach Salad Mandarin Oranges Dried Cherries Cookie Milk
11	12	13	14	15 FRIDAY IN LENT
Walking Taco or Taco Burger on WG Bun SIDES: Lettuce.tomatoes Red Beans and Rice Green Beans Sliced Peaches Fresh Pears Cereal Bar Milk	Breakfast Sandwich with Ham, Egg and Cheese on WG Bun SIDES: Tater Tots Creamy Coleslaw Baked Beans Applesauce Fresh Oranges Cinnamon Streusel Cake Milk	Chicken Alfredo over pasta/Breadstick SIDES: Steamed Broccoli Fresh Celery Mandarin Oranges Fresh Apple Wedges Milk	Chicken Parmesan Sandwich on WG Bun SIDES: Seasoned Curly Fries Baby Carrots and Cucumber Slices Lettuce.tomato Mixed Fruit Blueberries Milk	Toasted Cheese Sandwich Tuna Salad Sandwich SIDES: Tomato Soup/ Crackers Hot Mixed Veggies Spinach Salad with Tomatoes Pineapple Tidbits Fresh Fruit Milk
18	19	20	21	22 FRIDAY IN LENT
Cheeseburger on WG Bun SIDES: Potato Smiles Cauliflower & Baby Carrots with Tossed Salad Banana Dried Cherries Milk	French Toast Sticks & Sausage SIDES: Triangle Potato Honey Glazed Carrots Cucumber Slices Hot Cinnamon Apples Fresh Pineapple Milk	Chipotle Tacos SIDES: Mexican Rice Broccoli Raisin Salad Lettuce.tomatoes Hot Black Beans Applesauce Fresh Fruit CocoPuff Bar Milk	Chicken Nuggets Dinner Roll SIDES: 2 Potato Mashed with Gravy Spinach & Tomato Salad w/ Ranch Dressing California Blend Vegetables Fruit Cup Sliced Peaches Milk	Fish Sticks with a side of Mac & Cheese and slice of bread Egg Salad Sandwich SIDES: Garnished Tossed Salad Steamed Broccoli Mixed Fruit Fresh Orange Wedges Oreo Cake Milk
25	26	27	28	29
