

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6 Ash Wednesday	7	8 FRIDAY IN LENT
Deli Express Pizza by the Slice Open Faced Beef Sandwich Popcorn Chicken or Buffalo Popcorn Chicken & Dinner Roll SIDES: Two Potato Mashed with Gravy Assorted Fresh Relishes Romaine Salad with Cucumbers Kiwi Applesauce Milk	Deli Express Chicken Patty Sandwich on WG Bun Hot Dog on WG Bun Mandarin Orange Chicken- Dinner Roll or 2 Egg Rolls SIDES: Brown Rice Stir Fry Vegetables Tossed Salad Sliced Peaches Banana Fortune Cookie  Milk	Deli Express French Toast Sticks and Omelet Shrimp Poppers and Macaroni & Cheese French Bread Cheese Pizza or Egg Salad Sandwich SIDES: Broccoli Slaw Tuscan Vegetables Apricot Halves Fresh Pineapple Cookie Bar  Milk	Deli Express Pizza Crunchers Spicy Chicken Sandwich on WG Bun Mr. Rib Sandwich on WG Bun SIDES: Crinkle Cut Fries Calico Beans Strawberry Spinach Salad Sliced Pears Fresh Fruit Milk	Deli Express Pretzel with Cheese Sauce Tuna Melt Sandwich Tony's Cheesestick with Marinara Sauce Egg Salad Sandwich SIDES: Sweet Potato Waffle Fries Bistro Spinach Salad Mandarin Oranges Dried Cherries Cookie Milk
11	12	13	14	15 FRIDAY IN LENT
Deli Express Pizza by the Slice Buffalo Chicken Sub on WG Hoagie Walking Taco or Taco Burger on WG Bun SIDES: Lettuce.tomatoes Red Beans and Rice Green Beans Sliced Peaches Fresh Pears Cereal Bar Milk	Deli Express Pizza Burger on WG Bun Pulled BBQ Pork Sandwich on WG Bun Breakfast Sandwich with Ham, Egg and Cheese on WG Bun SIDES: Tater Tots Creamy Coleslaw Baked Beans Applesauce Fresh Oranges Cinnamon Streusel Cake Milk	Deli Express Breakfast Pizza Eagle Burger on WG Bun Chicken Alfredo over pasta/ Breadstick SIDES: Steamed Broccoli Fresh Celery Italian Salad Mandarin Oranges Fresh Apple Wedges Milk	Deli Express Tony's cheesesticks w/ Marinara Mini Corn Dogs Chicken Parmesan Sandwich on WG Bun SIDES: Seasoned Curly Fries Baby Carrots and Cucumber Slice Lettuce.tomato Mixed Fruit Blueberries Milk	Deli Express Long John with Cheese Omelet Fish Sandwich on WG Bun Toasted Cheese Sandwich Tuna Salad Sandwich SIDES: Tomato Soup/ Crackers Cooked Mixed Vegetables Spinach Salad with Tomatoes Pineapple Tidbits Fresh Fruit Milk
18	19	20	21	22 FRIDAY IN LENT
Deli Express Pizza by the Slice Baked Chicken Sandwich on WG Bun Cheeseburger on WG Bun SIDES: Potato Smiles Cauliflower & Baby Carrots with Ranch Tossed Salad Banana Dried Cherries Milk	Deli Express Pizza Crunchers Meatball Sub on WG Hoagie Roll French Toast Sticks & Sausage SIDES: Triangle Potato Honey Glazed Carrots Cucumber Slices 3 Bean Salad Hot Cinnamon Apples Fresh Pineapple Milk	Deli Express Breakfast Bites 2 Bosco Sticks with Marinara Sauce Chipotle Tacos SIDES: Mexican Rice Broccoli Raisin Salad Lettuce.tomatoes Hot Black Beans Applesauce Fresh Fruit CocoPuff Bar Milk	Deli Express Round about Pizza French Dip Sandwich on WG Hoagie Chicken Nuggets & Dinner Roll SIDES: 2 Potato Mashed with Gravy Spinach & Tomato Salad w/ Ranch Dressing California Blend Vegetables Fruit Cup Sliced Peaches Milk	Deli Express Pretzel with Cheese Sauce Cheese Quesadillas Fish Sticks with a side of Mac & Cheese & slice of Bread Egg Salad Sandwich SIDES: Tossed Greens with Garnish Steamed Broccoli Mixed Fruit Fresh Orange Wedges Oreo Cake Milk
25	26	27	28	29
				