Mazzuchelli Catholic Middle School Wrestling – 2025

- **Team/Meet Format:** All MCMS 7th and 8th graders will be part of a single team. Individual matchups for each meet are pre-determined by the coaches of both competing teams based on each wrestler's weight, experience, and ability. Typically, each wrestler will have two matches per night. Girls will only wrestle girls in meets. However, they can wrestle against boys in practice.
- **Paperwork:** All athletes must have an athletic physical on file at school before being allowed to participate in practices/meets. A permission form and a concussion fact sheet must also be signed and kept on file.
- **Fee:** There is no participation fee for MCMS Athletics.
- **Location:** Home meets will be held in the Wahlert Gymnasium. All practices will be held in the Wahlert Catholic Wrestling Room.
- **Equipment:** Each wrestler should have clean shorts, t-shirt, socks, and wrestling shoes for practice. Headgear is required. For meets, all wrestlers will be issued a MCMS uniform. If you need financial assistance with getting these, please let the Activities Director know.
- **Practice Format:** For daily practice, wrestlers report and change in the MCMS locker room. When all participants are ready, they will be escorted as a group to the Wahlert Wrestling Room. When practice is over, all MCMS wrestlers are escorted as a group back to the locker room. After practice, parents should pick up wrestlers in front of the MCMS main entrance.
- **Lockers:** Each athlete will be assigned a locker in the locker room. Use of a school-issued padlock is required. The replacement cost for a padlock is $10.00.
- **Attendance:** All athletes are expected to attend all practices. If conflicts occur, the coaches should be informed ahead of time. Special expectations will be made for students involved in other school-sponsored activities. An unexcused absence from practice may result in reduced participation in the next competition.
- **Transportation:** Players must arrange their own transportation to and from games and practices.