

## HOLY FAMILY CATHOLIC SCHOOLS EARLY CHILDHOOD MENU September 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Sept. 6	7	8	9	10
	AM-Strawberry Chex Mix.Milk	AM-cheese stick.pretzel.water	AM-TrailMix.Milk	AM-Fruit Bowl.Graham Cracker. Water
MAPPY	PM-Turkey Sandwich.Water	PM Scooby bones. Milk	PM-Gripz.Juice	PM-Cereal.Milk
LABCH	Chicken and Gravy over Mashed Potatoes	Jumbo Corn Dog	Bosco Sticks.Marinara	Hot Ham and Cheese on WG Bun
	SIDES:	SIDES:	SIDES:	SIDES:
	Pineapple Tidbits Dinner Roll	Baked Beans Sliced Pears	Island Vegetables Mandarin Oranges	Carrot Coins Apple Wedges
	Milk: Whole <3 yr Skim >3yr	Milk: Whole <3 yr Skim >3yr	Milk: Whole <3 yr Skim >3yr	Milk: Whole <3 yr Skim >3yr
13	14	15	16	17
AM-Apple Sauce.Milk	AM- Jelly Bread.Milk	AM-Fresh Fruit.Milk	AM-Cereal.Milk	AM-Elf Graham.Milk
PM-Animal Crackers.Juice	PM-Goldfish Crackers.Juice	PM-HamRollups.Water	PM- Orange Slices.Pretzels.Water	PM-Sunchips.Juice
Popcorn Chicken	Hot Dog on WG Bun	Mandarin Orange Chicken	Pizza Crunchers	Walking Taco
SIDES:	SIDES:	SIDES:	SIDES:	SIDES:
Potato Smiles	Baked Beans	Brown Rice	Carrot Coins	Lettuce.Tomato
Fresh Oranges	Sliced Peaches	Stir Fry Vegetables	Mixed Fruit	Fresh Apple Wedges
3		1/2 Banana		Baby Carrots
Milk: Whole <3 yr Skim >3yr	Milk: Whole <3 yr Skim >3yr	Milk: Whole <3 yr Skim >3yr	Milk: Whole <3 yr Skim >3yr	Milk: Whole <3 yr Skim >3yr
20	21	22	23	24
AM-Fresh Fruit.Milk	AM-SlicedTurkey.Crackers.Water	AM- Whole grain bread & Jelly. Juice	AM-Dried Fruit Cereal Mix.Milk	AM-Gogurt.Raisins.Water
PM-Grahams.Milk	PM: Fruit Smile.Milk	PM-Applesauce.Milk	PM-Teddy Grahams.Milk	PM-Seasoned Oyster Crackers. Juice
Chicken Alfredo over Noodles	Tony's Cheese Sticks.Marinara Sauce	Chicken Patty Sandwich on WG Bun	French Toast. Sausage	Mini Corn Dog
SIDES:	SIDES:	SIDES:	SIDES:	SIDES:
Steamed Broccoli	Green Beans	Baked Beans	Triangle Potato	Potato Wedges
Kiwi	Mandarin Oranges	Fresh Melon	Sliced Peaches	Fresh Apple Wedges
Milk: Whole <3 yr Skim >3yr	Milk: Whole <3 yr Skim >3yr	Milk: Whole <3 yr Skim >3yr	Milk: Whole <3 yr Skim >3yr	Milk: Whole <3 yr Skim >3yr
27	28	29	30	October 1 SJW & HG
AM-Egg.Pretzels.Water	AM-Teddy Grahams.Milk	AM-Oyster Crackers.Juice	AM-Cereal Mix.Juice	AM-Muffin.Milk
PM-Strawberry Delight.Juice	PM-Deli Ham & Crackers.Water	PM-1/2 Banana.Milk	PM-Animal Crackers.Milk	PM-Cheese Stick.Juice
Hamburger on WG Roll	Pizza	Toasted Cheese	Chicken Strips	Chicken and Rice Casserole
SIDES:	SIDES:	SIDES:	SIDES:	SIDES:
Calico Beans	Roasted Sweet Potato	Steamed Broccoli	Tater Tots	Island Vegetables
Sliced Pears	Applesauce	Cinnamon Apples	Apricots	Fresh Orange Wedges
Milk: Whole <3 yr Skim >3yr	Milk: Whole <3 yr Skim >3yr	Milk: Whole <3 yr Skim >3yr	Milk: Whole <3 yr Skim >3yr	Milk: Whole <3 yr Skim >3yr

<sup>\*</sup> Menu is subject to change without notice