

HFCS Elementary Breakfast Menu

Elementary Breakfast Food Components: CONSISTS OF 4 ITEMS
CHOOSE AT LEAST 3 ITEMS, MAKE SURE TO TAKE A FRUIT OR
VEGETABLE.

Must have at least ½ cup of fruit or vegetable to count as a reimbursable breakfast meal.

Breakfast Meal: Includes main breakfast item=2 items or 2 main breakfast items =1 item each, with 1 cup fruit or vegetable and 8 oz milk. Only ½ cup of fruit per day may come from juice.

Price - \$1.85

Adult- \$ 2.50

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| <i>Large Breakfast Item - Choose 1 (Counts as 2 items)</i> | | | | |
| Mini Cinnamon Roll | Breakfast Sandwich | Mini Pancakes | Breakfast Pizza | Homemade Banana Bread & Hard Boiled Egg |
| <i>or Small Breakfast Items - Choose 2 (Counts as 1 item each)</i> | | | | |
| <ul style="list-style-type: none"> • Cereal • Yogurt • Cheese Stick • Muffin • Granola Bar | <ul style="list-style-type: none"> • Cereal • Yogurt • Cheese Stick • Muffin • Granola Bar | <ul style="list-style-type: none"> • Cereal • Yogurt • Cheese Stick • Muffin • Granola Bar | <ul style="list-style-type: none"> • Cereal • Yogurt • Cheese Stick • Muffin • Granola Bar | <ul style="list-style-type: none"> • Cereal • Yogurt • Cheese Stick • Muffin • Granola Bar |
| <i>Fruit and Vegetable items - Choose up to 2 Maximum ½ cup of juice per day</i> | | | | |
| Cup of Juice Fruit of the day | Cup of Juice Fruit of the day | Cup of Juice Fruit of the day | Cup of Juice Fruit of the day | Cup of Juice Fruit of the day |
| <i>Carton of Milk = 1 item</i> | | | | |
| Carton of Milk | Carton of Milk | Carton of Milk | Carton of Milk | Carton of Milk |

Ala Carte Prices

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|--------------------------------|------|-----------------|-----|-----------------|------|-------------|------|
| Milk Carton | .60 | Extra Vegetable | .75 | Muffin | .75 | Cereal | 1.00 |
| Cheese Stick | .50 | Extra Fruit | .75 | Yogurt | 1.00 | Granola Bar | .75 |
| Extra Main Breakfast Entree | 1.25 | Cup of Juice | .75 | Hard Boiled Egg | .60 | | |