

ELEMENTARY MENU 2023



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
No School 	Mandarin Orange Chicken Brown Rice SIDES: Broccoli Stir Fry Vegetables Tossed Salad Blueberries Mandarin Oranges Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread	Hot Ham and Cheese on WG Bun SIDES: Roasted Squash Celery Sticks Grapes Pineapple Tidbits Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread	Chicken and Gravy over Mashed Potatoes & WG Dinner Roll SIDES: Mashed Potatoes Corn Orange Slices Sliced Pears Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread	Pizza  SIDES: Carrot Coins Spinach Salad Cantaloupe Mixed Fruit Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread
9	10	11	12	13
WG Mini Corn Dogs SIDES: Sweet Potato Fries Coleslaw Kiwi Dried Cherries Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread	Walking Taco (Taco Meat, WG Nacho Cheese Chips, & Cheese) SIDES: Corn Fresh Cauliflower Lettuce & Tomatoes Fresh Pear Slices Sliced Peaches Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread	Chicken Sandwich on WG Bun SIDES: Seasoned Curly Fries Baby Carrots Blueberries Mandarin Oranges Oreo Cake Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread	WG Macaroni & Cheese with Ham SIDES: Steamed Broccoli Tossed Salad Banana Mixed Fruit Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread	WG Pizza Crunchers SIDES: Baked Beans Celery Sticks Fresh Apple Wedges Sliced Pears Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread
16	17	18	19	20
No School 	Jumbo Cheese Ravioli SIDES: Carrot Coins Tossed Salad Kiwi Applesauce Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread	Hamburger on WG Bun SIDES: Calico Beans Sliced Cucumbers Fresh Orange Slices Apricots Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread	Tater Tot Casserole WG Garlic Toast SIDES: Mixed Vegetables Spinach Bistro Salad Citrus Fruit Bowl Pineapple Tidbits  Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread	Toasted Cheese WG Sandwich SIDES: Tomato Soup & Crackers Celery Sticks Cantaloupe Fruit Slushie Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread
23	24	25	26	27
Hot Dog on WG Bun SIDES: Roasted Beets Potato Wedges Tomato, Basil, Mozzarella Salad Apple Wedges Diced Peaches Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread	Cheese Quesadilla SIDES: Black Beans Fresh Broccoli Lettuce & Tomatoes Berry Fruit Cup Diced Pears Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread	Sloppy Joes on WG Bun SIDES: Country Vegetables Zucchini Sticks 1/2 Banana Mixed Fruit Cereal Bar Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread	BBQ Pulled Pork Sliders on WG Roll SIDES: Crinkle Cut Fries Steamed Green Beans Fresh Pear Slices Pineapple Tidbits Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread	WG Bosco Sticks with Marinara SIDES: Glazed Carrots Tossed Salad Fruit Cup Cinnamon Apple Slices Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread
CATHOLIC SCHOOLS WEEK				
30	31	 *WG = Whole Grain Rich Items *Menu subject to change without notice		
Salisbury Steak & WG Dinner Roll SIDES: Mashed Potatoes with Gravy Fresh Broccoli Kiwi Dried Cherries Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread	Beef Nacho Supreme with Cheese SIDES: Refried Beans Cherry Tomatoes Lettuce & Tomatoes Fresh Apple Slices Mandarin Oranges Mexican Rice Skim Chocolate or Skim White Milk Alternative Meal: Turkey Cheese or Peanut Butter and Jelly on WG Bread			