

MAZZUCHELLI CATHOLIC MIDDLE SCHOOL MENU 2023



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
No School 	Mandarin Orange Chicken Brown Rice Slice of Bread SIDES: Broccoli Stir Fry Vegetables Tossed Salad Blueberries Mandarin Oranges Skim Chocolate or Skim White Milk	Hot Ham and Cheese on WG Bun SIDES: Roasted Squash Celery Sticks Baby Carrots and Cucumbers Grapes Pineapple Tidbits Skim Chocolate or Skim White Milk	Chicken and Gravy over Mashed Potatoes & WG Dinner Roll SIDES: Mashed Potatoes Corn Cauliflower Orange Slices Sliced Pears Skim Chocolate or Skim White Milk	Pizza  SIDES: Carrot Coins Spinach Salad Cantaloupe Mixed Fruit Skim Chocolate or Skim White Milk
9	10	11	12	13
WG Mini Corn Dogs SIDES: Sweet Potato Fries Coleslaw Island Vegetables Kiwi Dried Cherries Skim Chocolate or Skim White Milk	Walking Taco (Taco Meat, WG Nacho Cheese Chips, & Cheese) SIDES: Corn Fresh Cauliflower Lettuce & Tomatoes Fresh Pear Slices Sliced Peaches Fiesta Rice Skim Chocolate or Skim White Milk	Chicken Sandwich on WG Bun SIDES: Seasoned Curly Fries Baby Carrots Strawberry Spinach Salad Blueberries Mandarin Oranges Oreo Cake Skim Chocolate or Skim White Milk	Macaroni & Cheese Bar: Hot 'n Spicy, Ham & Mac, Cheeseburger Mac WG Garlic Toast SIDES: Steamed Broccoli Tossed Salad Tomato, Basil, Mozzarella Salad Banana Mixed Fruit Skim Chocolate or Skim White Milk	WG Pizza Crunchers SIDES: Baked Beans Celery Sticks Spinach and Cherry Tomato Salad Fresh Apple Wedges Sliced Pears Skim Chocolate or Skim White Milk
16	17	18	19	20
No School 	Jumbo Cheese Ravioli Garlic Breadstick SIDES: Carrot Coins Tossed Salad Assorted Relishes with Red Peppers Kiwi Applesauce Skim Chocolate or Skim White Milk	Hamburger on WG Bun SIDES: Calico Beans Sliced Cucumbers Italian Romaine Salad Waffle Fries Fresh Orange Slices Apricots Skim Chocolate or Skim White Milk	Tater Tot Casserole WG Garlic Toast SIDES: Cheesy Cauliflower Spinach Bistro Salad Citrus Fruit Bowl Pineapple Tidbits  Skim Chocolate or Skim White Milk	Toasted Cheese WG Sandwich SIDES: Tomato Soup & Crackers Celery Sticks Carrot Fries Cantaloupe Fruit Slushie Skim Chocolate or Skim White Milk
23	24	25	26	27
Hot Dog on WG Bun SIDES: Roasted Beets Potato Wedges Tomato, Basil, Mozzarella Salad Apple Wedges Diced Peaches Skim Chocolate or Skim White Milk	Cheese Quesadilla SIDES: Black Beans Fresh Broccoli Lettuce & Tomatoes Berry Fruit Cup Diced Pears Skim Chocolate or Skim White Milk	Sloppy Joes on WG Bun SIDES: Country Vegetables Zucchini Sticks 1/2 Banana Mixed Fruit Cereal Bar Skim Chocolate or Skim White Milk	BBQ Pulled Pork Sliders on WG Roll SIDES: Crinkle Cut Fries Steamed Green Beans Fresh Pear Slices Pineapple Tidbits Skim Chocolate or Skim White Milk	WG Bosco Sticks with Marinara SIDES: Glazed Carrots Tossed Salad Fruit Cup Cinnamon Apple Slices Skim Chocolate or Skim White Milk
CATHOLIC SCHOOLS WEEK				
30	31			
Salisbury Steak & WG Dinner Roll SIDES: Mashed Potatoes with Gravy Fresh Broccoli Kiwi Dried Cherries Skim Chocolate or Skim White Milk	Beef Nacho Supreme with Cheese SIDES: Refried Beans Cherry Tomatoes Lettuce & Tomatoes Fresh Apple Slices Mandarin Oranges Mexican Rice Skim Chocolate or Skim White Milk			

*WG = Whole Grain Rich Items
*Menu subject to change without notice