



Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	
No School 	Deli Express Mandarin Orange Chicken w/ Brown Rice Monte Cristo Sandwich SIDES: Broccoli Stir Fry Vegetables Tossed Salad Blueberries Mandarin Oranges Slice of Bread Skim Chocolate or Skim White Milk	Deli Express Hot Ham and Cheese on WG Bun WG Breakfast Pizza SIDES: Roasted Squash Celery Sticks Baby Carrots and Cucumbers Grapes Pineapple Tidbits Skim Chocolate or Skim White Milk	Deli Express Chicken and Gravy over Mashed Potatoes & WG Dinner Roll Philly Steak Sandwich on Flatbread SIDES: Mashed Potatoes Corn Cauliflower Orange Slices Sliced Pears Skim Chocolate or Skim White Milk	Deli Express Pizza Chicken Bacon Ranch Wrap SIDES: Carrot Coins Spinach Salad Cantaloupe Mixed Fruit  Skim Chocolate or Skim White Milk	
9 Deli Express WG Mini Corn Dogs Honey Mustard Deli Wrap SIDES: Sweet Potato Fries Coleslaw Island Vegetables Kiwi Dried Cherries Skim Chocolate or Skim White Milk	10 Deli Express Walking Taco (Taco Meat, WG Nacho Cheese Chips, & Cheese) Spicy Chicken Sandwich on WG Bun SIDES: Corn Fresh Cauliflower Lettuce & Tomatoes Fresh Pear Slices Sliced Peaches Fiesta Rice Skim Chocolate or Skim White Milk	11 Deli Express Chicken Sandwich on WG Bun WG Waffles & Cheese Omelet SIDES: Seasoned Curly Fries Baby Carrots Strawberry Spinach Salad Blueberries Mandarin Oranges Oreo Cake Skim Chocolate or Skim White Milk	12 Deli Express Macaroni & Cheese Bar: Hot 'n Spicy, Ham & Mac, Cheeseburger Mac Baked Potato Bar SIDES: Steamed Broccoli Tossed Salad Tomato, Basil, Mozzarella Salad Banana Mixed Fruit WG Garlic Toast Skim Chocolate or Skim White Milk	13 Deli Express WG Pizza Crunchers Cheese Lasagna & WG Breadstick SIDES: Baked Beans Celery Sticks Spinach and Cherry Tomato Salad Fresh Apple Wedges Sliced Pears Skim Chocolate or Skim White Milk	
16 No School 	17 Deli Express Assorted Wraps- Chicken Bacon Ranch, Asian Beef and Veggie Hummus Wrap, Buffalo Chicken Jumbo Cheese Ravioli SIDES: Carrot Coins Tossed Salad Assorted Relishes with Red Peppers Kiwi Applesauce Garlic Breadstick Skim Chocolate or Skim White Milk	18 Deli Express Hamburger on WG Bun Mini Pancake Bites SIDES: Calico Beans Sliced Cucumbers Italian Romaine Salad Waffle Fries Fresh Orange Slices Apricots Skim Chocolate or Skim White Milk	19 Deli Express Tater Tot Casserole w/ Garlic Toast Pizza by the Slice SIDES: Cheesy Cauliflower Spinach Bistro Salad Citrus Fruit Bowl Pineapple Tidbits  Skim Chocolate or Skim White Milk	20 Deli Express Toasted Cheese WG Sandwich French Dip Sandwich on WG Hoagie SIDES: Tomato Soup & Crackers Celery Sticks Carrot Fries Cantaloupe Fruit Slushie Skim Chocolate or Skim White Milk	
23 Deli Express Hot Dog on WG Bun Chili Frito Pie SIDES: Roasted Beets Potato Wedges Tomato, Basil, Mozzarella Salad Apple Wedges Diced Peaches Skim Chocolate or Skim White Milk	24 Deli Express Cheese Quesadilla Shrimp Poppers & Side of Mac & Cheese SIDES: Black Beans Fresh Broccoli Lettuce & Tomatoes Berry Fruit Cup Diced Pears Skim Chocolate or Skim White Milk	25 Deli Express Sloppy Joes on WG Bun Long John with Scrambled Eggs & Ham SIDES: Country Vegetables Zucchini Sticks 1/2 Banana Mixed Fruit Cereal Bar Skim Chocolate or Skim White Milk	26 Deli Express BBQ Pulled Pork Sliders on WG Roll Chicken Tortilla Casserole SIDES: Crinkle Cut Fries Steamed Green Beans Fresh Pear Slices Pineapple Tidbits Skim Chocolate or Skim White Milk	27 Deli Express WG Bosco Sticks with Marinara Bratwurst on WG Bun SIDES: Glazed Carrots Tossed Salad Fruit Cup Cinnamon Apple Slices	
CATHOLIC SCHOOLS WEEK					
30 Deli Express Salisbury Steak & WG Dinner Roll Turkey O'Toole Sandwich SIDES: Mashed Potatoes with Gravy Fresh Broccoli Kiwi Dried Cherries Skim Chocolate or Skim White Milk	31 Deli Express Beef Nacho Supreme with Cheese Chicken Caesar Salad Wrap SIDES: Refried Beans Cherry Tomatoes Lettuce & Tomatoes Fresh Apple Slices Mandarin Oranges Mexican Rice Skim Chocolate or Skim White Milk	*Menu subject to change without notice *WG = Whole Grain Rich Items			

