

EARLY CHILDHOOD MENU 2023



	Monday 4 - LABOR DAY	Tuesday 5 - National Cheese Pizza Day	Wednesday 6	Thursday 7	Friday 8
Brkfst		WG Mini Waffles Diced Pears & Milk	WG Mini Pancakes Sliced Peaches & Milk	WG Mini French Toast Mixed Fruit & Milk	WG Red. Sugar Cinnamon Toast Crunch Applesauce & Milk
AM		WG Breadstick, Sliced Cheese, Water WG French Bread Cheese Pizza	Ham Tortilla Rollup & Water Soft Shell Beef Taco on WG 8" Tortilla	WG Giant Goldfish, Peach Cup, Water Chicken Alfredo over WG Pasta	Kix Cereal & Milk WG Pizza Crunchers
Lunch	 Happy LABOR DAY	SIDES: Potato Smiles Applesauce Milk	SIDES: Refried Beans Shredded Lettuce Sliced Pears Milk	SIDES: Steamed Green Beans Fresh Pear Wedges Milk	SIDES: Island Vegetables Sliced Peaches Milk
PM		Gogurt, WG Bug Bites, & Water	WG Cheez Its & 100% Apple Juice	Cinnamon Bread & Cheese Stick, Water	Diced Pears, WG Elf Grahams & Water
	11	12	13	14	15
Brkfst	WG Kix Cereal Bowl Pineapple Tidbits & Milk	WG Mini Waffles Diced Pears & Milk	WG Mini Pancakes Sliced Peaches & Milk	WG Mini French Toast Mixed Fruit & Milk	WG Red. Sugar Cinnamon Toast Crunch Applesauce & Milk
AM	Sliced Cheese, Saltines, & Water	Hard Boiled Egg, Pretzels & Water	Homemade Pumpkin Bread & 100% Fruit Punch	WG Chex Mix, Raisins & Water	WG Graham Crackers & Milk
Lunch	WG French Toast Sticks & Sausage Patty SIDES: Triangle Potato Pineapple Tidbits Milk	Chicken Patty Sandwich on WG Bun SIDES: Baby Carrots Applesauce Milk	WG Bosco Sticks with Marinara SIDES: Roasted Squash Kiwi Milk	Chicken and Gravy SIDES: Mashed Potatoes Mandarin Oranges Dinner Roll Milk	WG Tony's Cheesesticks & Marinara SIDES: Baked Beans Diced Pears Milk
PM	Turkey on WG Bread & Water	Cucumber slices, Club Crackers, Water	WG Sunchips & Milk	Yogurt, WG Granola or WG Cheerios & Water	Oyster Crackers & 100% Fruit Punch
	18	19	20	21	22 - HOMECOMING
Brkfst	WG Kix Cereal Bowl Pineapple Tidbits & Milk	WG Mini Waffles Diced Pears & Milk	WG Mini Pancakes Sliced Peaches & Milk	WG Mini French Toast Mixed Fruit & Milk	WG Red. Sugar Cinnamon Toast Crunch Applesauce & Milk
AM	Mixed Fruit, WG Scooby Bones, Water	Jelly on WG Bread & 100% Fruit Punch	Cheese Stick, Goldfish, Water	WG Blueberry Muffin & Milk	Rice Cakes & Sun Butter & Water
Lunch	WG Mini Corn Dogs SIDES: Sweet Potato Fries Cinnamon Apple Slices Milk	Walking Taco SIDES: Corn Shredded Lettuce Citrus Fruit Bowl Milk	WG Popcorn Chicken SIDES: Seasoned Curly Fries Sliced Pears Milk	Diced BBQ Chicken Slider on WG Dinner Roll SIDES: Black Beans Blueberries Milk	Eagle Pride Hot Dog on WG Bun SIDES: Marching Band Steamed Broccoli Golden Eagle Applesauce Milk
PM	WG Tiger Grahams & Milk	Hummus, WG Tortilla Chips, Water	WG Dick & Jane Crackers, Banana, Water	Cheese, Pretzels & Water	Homemade Banana Bread & 100% Fruit Punch
	25	26	27 - LOCAL FOODS DAY	28	29
Brkfst	WG Kix Cereal Bowl Pineapple Tidbits & Milk	WG Mini Waffles Diced Pears & Milk	WG Mini Pancakes Sliced Peaches & Milk	WG Mini French Toast Mixed Fruit & Milk	WG Red. Sugar Cinnamon Toast Crunch Applesauce & Milk
AM	WG Cheerios & Milk	Gogurt, WG Bug Bites, & Water	Baby Carrots, Pretzels, Water	Cinnamon Bread & Cheese Stick, Water	WG Cheez Its & 100% Apple Juice
Lunch	Salisbury Steak & WG Dinner Roll SIDES: Mashed Potatoes with Gravy Pineapple Tidbits Milk	Breakfast Sandwich on WG Bun w/ Sausage, Egg, & Cheese SIDES: Steamed Peas Diced Pears Milk	BBQ Pulled Pork Sandwich on WG Bun SIDES: Local Sweet Corn Local Fresh Apple Wedges Milk	WG Spaghetti with Meaty Marinara Sauce SIDES: Steamed Broccoli Sliced Peaches Milk	Toasted Cheese WG Sandwich SIDES: Fresh Cauliflower Mixed Fruit Milk
PM	WG Elf Graham & 100% Apple Juice	WG Breadstick, Sliced Cheese, Water	Ham Tortilla Rollup & Water	WG Cinnamon Chex Cereal & milk	Sidekick, WG Graham Crackers, Water

*Menu subject to change without notice

*WG = Whole Grain Rich Items

Milk = Whole for 2 and under, Skim for 2+ year olds