







	Monday 4 - LABOR DAY	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Brkfst		IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Yogurt Mixed Fruit & HM or IFF	IFC or Cheese Cubes Applesauce & HM or IFF
AM	 Happy LABOR DAY	HM or IFF, Diced Pears, Breadstick Cottage Cheese	HM or IFF, Applesauce, Saltines Soft Shell Beef Taco on WG Tortilla	HM or IFF, Diced Pears, Graham Cracker Diced Chicken	HM or IFF, Diced Pears, WG Cheerios Yogurt
Lunch		SIDES: Peas Applesauce	SIDES: Refried Beans Diced Pears	SIDES: Steamed Green Beans Diced Pears	SIDES: Island Vegetables Sliced Peaches
PM		HM or IFF HM or IFF, Steamed Broccoli, English Muffin	HM or IFF HM or IFF, Peas, Bread Slice	HM or IFF HM or IFF, Refried Beans, Tortilla	HM or IFF HM or IFF, Green Beans, Goldfish
	11	12	13	14	15
Brkfst	IFC or Yogurt Pineapple Tidbits & HM or IFF	IFC or Cottage Cheese Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Sliced Peaches, Saltines WG French Toast Sticks & Sausage Patty	HM or IFF, Pineapple Tidbits, Graham Cracker Yogurt	HM or IFF, Applesauce, Slice of Bread Sliced Cheese & Bread Slice	HM or IFF, Mixed Fruit, Goldfish Chicken and Gravy over Mashed Potatoes	HM or IFF, Mandarin Oranges, Graham Cracker Hard Boiled Egg & Bread Slice
Lunch	SIDES: Triangle Potato Pineapple Tidbits	SIDES: Carrot Coins Applesauce	SIDES: Roasted Squash Mixed Fruit	SIDES: Mashed Potatoes Mandarin Oranges 	SIDES: Baked Beans Diced Pears
PM	HM or IFF HM or IFF, Island Veggies, Slice of Bread	HM or IFF HM or IFF, Sliced Peaches, Club Crackers	HM or IFF HM or IFF, Carrot Coins, Tortilla	HM or IFF HM or IFF, Roasted Squash, Cheerios	HM or IFF HM or IFF, Mixed Fruit, Goldfish
	18	19	20	21	22 - HOMECOMING
Brkfst	IFC or Yogurt Pineapple Tidbits & HM or IFF	IFC or Cottage Cheese Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Mixed Fruit, Saltines Cottage Cheese	HM or IFF, Cooked Apple Slices, Bread Slice Taco Meat with Tortilla	HM or IFF, Mixed Fruit, Goldfish Baked Chicken Breast	HM or IFF, Sliced Peaches, Club Crackers Yogurt	HM or IFF, Diced Peaches, English Muffin Eagle Pride Hot Dog on WG Bun
Lunch	SIDES: Sweet Potato Fries Cinnamon Apple Slices	SIDES: Corn Mixed Fruit 	SIDES: Carrot Coins Sliced Peas	SIDES: Black Beans Diced Peaches	SIDES: Marching Band Steamed Broccoli Golden Eagle Applesauce 
PM	HM or IFF HM or IFF, Diced Pears, Slice of Bread	HM or IFF HM or IFF, Carrot Coins, Club Crackers	HM or IFF HM or IFF, Banana, Tortilla	HM or IFF HM or IFF, Carrot Coins, Graham Cracker	HM or IFF HM or IFF, Black Beans, Goldfish
	25	26	27 - LOCAL FOODS DAY	28	29
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Diced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Applesauce, Cheerios Salisbury Steak	HM or IFF, Pineapple Tidbits, Bagel Breakfast Sandwich on WG Bun Sausage, Egg, & Cheese	HM or IFF, Diced Pears, Graham Cracker Yogurt	HM or IFF, Applesauce, Bread Slice Cottage Cheese	HM or IFF, Sliced Peaches, English Muffin Toasted Cheese WG Sandwich
Lunch	SIDES: Mashed Potatoes with Gravy Pineapple Tidbits 	SIDES: Steamed Peas Diced Pears	SIDES: Local Sweet Corn Applesauce 	SIDES: Steamed Broccoli Sliced Peaches	SIDES: Fresh Cauliflower Mixed Fruit
PM	HM or IFF HM or IFF, Broccoli, Slice of Bread	HM or IFF HM or IFF, Carrot Coins, Breadstick	HM or IFF HM or IFF, Peas, Tortilla	HM or IFF HM or IFF, Sweet Corn, Cheerios	HM or IFF HM or IFF, Broccoli, Graham Cracker

*Menu Subject to Change Without Notice

IFC - Iron Fortified Cereal

HM - Human Milk IFF - Iron Fortified Formula