








MAZZUCHELLI CATHOLIC MIDDLE SCHOOL MENU 2023



Monday	Tuesday	Wednesday	Thursday	Friday
4 - LABOR DAY	5 - National Cheese Pizza Day	6	7	8
 <p>Happy LABOR DAY</p>	WG French Bread Cheese Pizza SIDES: Potato Smiles Carrot Coins Cucumber Salad Watermelon Applesauce 	Soft Shell Beef Taco on WG 8" Tortilla SIDES: Tater Tots Refried Beans Shredded Lettuce Strawberries Sliced Pears Mexican Rice Skim Chocolate or Skim White Milk	Chicken Alfredo, WG Pasta, Garlic Breadstick SIDES: Steamed Green Beans Tossed Salad Fresh Pear Wedges Mixed Fruit Skim Chocolate or Skim White Milk	WG Pizza Crunchers SIDES: Island Vegetables Assorted Relishes with Red Pepper Fresh Apple Wedges Sliced Peaches Skim Chocolate or Skim White Milk
11	12	13	14	15
WG French Toast Sticks & Sausage Patty SIDES: Triangle Potato Spinach Salad Cheesy Cauliflower Fresh Orange Wedges Pineapple Tidbits Skim Chocolate or Skim White Milk	Chicken Patty Sandwich on WG Bun SIDES: Baby Carrots Mixed Vegetables Fresh Pineapple Applesauce Skim Chocolate or Skim White Milk	WG Bosco Sticks with Marinara SIDES: Roasted Squash Assorted Relishes Kiwi Sliced Peaches Skim Chocolate or Skim White Milk	Chicken and Gravy & 2 Dinner Rolls  SIDES: Mashed Potatoes Corn Garnished Tossed Salad 1/2 Banana Mandarin Oranges Skim Chocolate or Skim White Milk	WG Tony's Cheesesticks & Marinara SIDES: Emoji Fries Baked Beans Cherry Tomatoes Fruit Slushie Fresh Apple Wedges Skim Chocolate or Skim White Milk
18	19	20	21	22 - HOMECOMING
WG Mini Corn Dogs SIDES: Sweet Potato Fries Coleslaw Strawberry Spinach Salad Grapes Cinnamon Apple Slices Skim Chocolate or Skim White Milk	Walking Taco  SIDES: Corn Celery Sticks Shredded Lettuce Citrus Fruit Bowl Apricots Cilantro Lime Rice Skim Chocolate or Skim White Milk	WG Popcorn Chicken & Garlic Toast SIDES: Seasoned Curly Fries Baby Carrots Radishes Fresh Apple Wedges Sliced Pears Skim Chocolate or Skim White Milk	Diced BBQ Chicken Slider on WG Dinner Roll SIDES: Black Beans Tossed Salad Potato Wedges Cherry Tomato and Corn Salad Blueberries Mixed Fruit Cereal Bar Skim Chocolate or Skim White Milk	Eagle Pride Hot Dog on WG Bun SIDES: Marching Band Broccoli Holy Family Carrots & Celery Sticks Pep Rally Cantaloupe Golden Eagle Applesauce King & Queen Sunchips  Skim Chocolate or Skim White Milk
25	26	27 - LOCAL FOODS DAY	28	29
Salisbury Steak & 2 WG Dinner Rolls SIDES: Mashed Potatoes with Gravy Sliced Cucumbers Carrot Fries Dried Cherries Pineapple Tidbits  Skim Chocolate or Skim White Milk	Breakfast Sandwich on WG Bun w/ Sausage, Egg, & Cheese SIDES: Steamed Peas Baby Carrots Triangle Potato Fruit Cup Banana Skim Chocolate or Skim White Milk	BBQ Pulled Pork Sandwich on WG Bun  SIDES: Calico Beans Local Cherry Tomatoes Local Sweet Corn Local Spinach Bistro Salad Local Fresh Apple Wedges Mandarin Oranges Skim Chocolate or Skim White Milk	WG Spaghetti, Meaty Marinara, Garlic Toast SIDES: Steamed Broccoli Tossed Salad Broccoli Slaw Fresh Orange Wedges Sliced Peaches Skim Chocolate or Skim White Milk	Toasted Cheese WG Sandwich SIDES: Tomato Soup Fresh Cauliflower Fresh Pear Slices Mixed Fruit Skim Chocolate or Skim White Milk

*Menu subject to change without notice

*WG = Whole Grain Rich Items