






MAZZUCHELLI CATHOLIC MIDDLE SCHOOL MENU 2023



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4 - National Taco Day	5	6 - NO SCHOOL
WG Chicken Nuggets & Dinner Roll SIDES: Mashed Potatoes with Gravy Corn Tossed Salad Fresh Orange Wedges Cinnamon Apple Slices Skim Chocolate or Skim White Milk	Cheeseburger or Rodeo Burger on WG Bun SIDES: Roasted Beets Tossed Salad Waffle Fries Kiwi Sliced Pears Skim Chocolate or Skim White Milk	Beef Nacho Supreme with Cheese SIDES: Steamed Cauliflower Fresh Celery Shredded Lettuce Fresh Apple Wedges Apricots Red Beans & Rice Skim Chocolate or Skim White Milk	WG Macaroni & Cheese Bar & Breadstick SIDES: Broccoli Raisin Salad Steamed Broccoli Carrot Coins Tomato, Basil, Mozzarella Salad Banana Mixed Fruit Skim Chocolate or Skim White Milk	TEACHER IN-SERVICE DAY NO SCHOOL!
NATIONAL SCHOOL LUNCH WEEK				
9	10	11 - Great Apple Crunch!	12	13
Mandarin Orange Chicken & Brown Rice SIDES: Stir Fry Vegetables Tossed Salad Grapes Pineapple Tidbits Slice of Bread  Skim Chocolate or Skim White Milk	Sloppy Joe on WG Bun SIDES: Mixed Vegetables Crinkle Cut Fries Baby Carrots Citrus Fruit Bowl Applesauce Skim Chocolate or Skim White Milk	Hot Dog on WG Bun SIDES: Baked Beans Cherry Tomatoes Potato Salad Fresh Local Apple Mandarin Orange:  Skim Chocolate or Skim White Milk	Sliced Ham & 2 Dinner Rolls SIDES: Au Gratin Potatoes Steamed Green Beans Italian Romaine Salad Blueberries Sliced Peaches Cinnamon Streusel Cake Skim Chocolate or Skim White Milk	Cheese Pizza SIDES: Glazed Carrots Fresh Broccoli Honeydew Mixed Fruit Skim Chocolate or Skim White Milk
16	17	18	19	20
WG Chicken Strips & WG Garlic Toast SIDES: Sweet Potato Fries Celery Sticks Spinach & Tomato Salad Dried Cherries Cinnamon Apple Slices Skim Chocolate or Skim White Milk	Soft Shell Beef Taco on WG 8" Tortilla SIDES: Tater Tots Refried Beans Shredded Lettuce Strawberries Sliced Pears Mexican Rice Skim Chocolate or Skim White Milk	BBQ Pulled Pork Sandwich on WG Bun SIDES: Potato Smiles Carrot Coins Cucumber Salad Watermelon Applesauce Skim Chocolate or Skim White Milk	Chicken Alfredo, WG Pasta, Garlic Breadstick SIDES: Steamed Green Beans Tossed Salad Fresh Pear Wedges Mixed Fruit Skim Chocolate or Skim White Milk	WG Pizza Crunchers SIDES: Island Vegetables Fresh Broccoli Assorted Relishes with Red Pepper Fresh Apple Wedges Sliced Peaches Skim Chocolate or Skim White Milk
23	24	25	26 - NO SCHOOL	27 - NO SCHOOL
WG French Toast Sticks & Sausage Patty SIDES: Triangle Potato Spinach Salad Cheesy Cauliflower Fresh Orange Wedges Pineapple Tidbits  Skim Chocolate or Skim White Milk	Chicken Patty Sandwich on WG Bun SIDES: Baby Carrots Mixed Vegetables Fresh Pineapple Applesauce Skim Chocolate or Skim White Milk	WG Bosco Sticks with Marinara SIDES: Roasted Squash Assorted Relishes Kiwi Sliced Peaches Skim Chocolate or Skim White Milk		
30	31 - HALLOWEEN	November 1	2	3
WG Mini Corn Dogs SIDES: Sweet Potato Fries Coleslaw Strawberry Spinach Salad Grapes Cinnamon Apple Slices Skim Chocolate or Skim White Milk	Walking Zombie Taco  SIDES: Creepy Corn Frankenstein Celery Sticks Shredded Lettuce Ghost Bananas Apricots Cilantro Lime Rice Cereal Bar Skim Chocolate or Skim White Milk	WG Popcorn Chicken & Breadstick SIDES: Seasoned Curly Fries Baby Carrots Radishes Fresh Apple Wedges Sliced Pears Skim Chocolate or Skim White Milk	Diced BBQ Chicken Slider on WG Dinner Roll SIDES: Baked Beans Tossed Salad Potato Wedges Cherry Tomato and Corn Salad Blueberries Mixed Fruit Skim Chocolate or Skim White Milk	WG Tony's Cheesesticks & Marinara SIDES: Steamed Broccoli Tomato Mozzarella Salad Cantaloupe Applesauce Skim Chocolate or Skim White Milk
Alternate Meals Offered Daily				
Uncrustable Meal Bundle	Chef Salad		*WG = Whole Grain Rich Items	*Menu subject to change without notice
Yogurt Parfait	Deli Express			