

	Monday	Tuesday	Wednesday	Thursday	Friday
	1 - NEW YEARS DAY	2	3	4	5
Brkfst		IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Diced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM		HM or IFF, Applesauce, Saltines Taco Meat with Tortilla	HM or IFF, Apricots, Goldfish Cheeseburger on WG Bread	HM or IFF, Sliced Pears, Club Crackers WG Macaroni & Cheese with Ham	HM or IFF, Banana, Graham Cracker Hard Boiled Egg & Bread Slice
Lunch		SIDES: Steamed Cauliflower Apricots HM or IFF	SIDES: Green Beans Sliced Pears HM or IFF	SIDES: Carrot Coins 1/2 Banana HM or IFF	SIDES: Black Beans Applesauce HM or IFF
PM		HM or IFF, Mixed Fruit, English Muffin	HM or IFF, Steamed Cauliflower, Tortilla	HM or IFF, Green Beans, Graham Cracker	HM or IFF, Carrot Coins, Goldfish
	8	9	10	11	12
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Applesauce, WG Cheerios Yogurt	HM or IFF, Pineapple Tidbits, Graham Cracker Sloppy Joe on WG Bread	HM or IFF, Banana, Goldfish Hot Dog on WG Bread	HM or IFF, Mixed Fruit, Bread Slice Sliced Ham & WG Dinner Roll	HM or IFF, Sliced Peaches, Club Cracker Sliced Cheese & Bread Slice
Lunch	SIDES: Stir Fry Vegetables Pineapple Tidbits HM or IFF	SIDES: Carrot Coins Applesauce HM or IFF	SIDES: Baked Beans Mixed Fruit  HM or IFF	SIDES: Steamed Green Beans Sliced Peaches HM or IFF	SIDES: Steamed Broccoli Diced Pears HM or IFF
PM	HM or IFF, Mixed Fruit, Graham Cracker	HM or IFF, Stir Fry Veggies, Bread Slice	HM or IFF, Carrot Coins, English Muffin	HM or IFF, Baked Beans, Goldfish	HM or IFF, Green Beans, Tortilla
	15 - SJW & HG ONLY	16	17	18	19
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Yogurt Mixed Fruit & HM or IFF	IFC or Cheese Cubes Applesauce & HM or IFF
AM	HM or IFF, Diced Pears, Bagel	HM or IFF, Mixed Fruit, Breadstick	HM or IFF, Sliced Pears, Saltines	HM or IFF, Applesauce, Graham Cracker	HM or IFF, Diced Pears, WG Cheerios
Lunch	Baked Chicken Breast SIDES: Sweet Potato Fries Mixed Fruit HM or IFF	Soft Shell Beef Taco on WG Tortilla SIDES: Refried Beans Diced Pears HM or IFF	Cottage Cheese SIDES: Peas Applesauce HM or IFF	Diced Chicken SIDES: Steamed Green Beans Diced Pears HM or IFF	Yogurt SIDES: Island Vegetables Sliced Peaches HM or IFF
PM	HM or IFF, Steamed Broccoli, WG Cheerios	HM or IFF, Applesauce, English Muffin	HM or IFF, Refried Beans, Tortilla	HM or IFF, Peas, Bread Slice	HM or IFF, Green Beans, Goldfish
	22	23	24	25	26
Brkfst	IFC or Yogurt Pineapple Tidbits & HM or IFF	IFC or Cottage Cheese Diced Pears & HM or IFF	IFC or Hard Boiled Egg Diced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Sliced Peaches, Saltines WG French Toast Sticks & Sausage Patty	HM or IFF, Pineapple Tidbits, Graham Cracker Yogurt	HM or IFF, Applesauce, Slice of Bread Sliced Cheese & Bread Slice	HM or IFF, Mixed Fruit, Goldfish Chicken and Gravy over Mashed Potatoes	HM or IFF, Mandarin Oranges, Graham Cracker Fish Sticks
Lunch	SIDES: Triangle Potato Pineapple Tidbits HM or IFF	SIDES: Carrot Coins Applesauce HM or IFF	SIDES: Roasted Squash Mixed Fruit HM or IFF	SIDES: Mashed Potatoes Mandarin Oranges  HM or IFF	SIDES: Black Beans Diced Pears HM or IFF
PM	HM or IFF, Island Veggies, Slice of Bread	HM or IFF, Sliced Peaches, Club Crackers	HM or IFF, Carrot Coins, Tortilla	HM or IFF, Roasted Squash, Cheerios	HM or IFF, Mixed Fruit, Goldfish
CATHOLIC SCHOOLS WEEK					
	29	30	31	February 1	2 - SJW & HG ONLY
Brkfst	IFC or Yogurt Pineapple Tidbits & HM or IFF	IFC or Cottage Cheese Diced Pears & HM or IFF	IFC or Hard Boiled Egg Diced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Mixed Fruit, Saltines Cottage Cheese	HM or IFF, Cooked Apple Slices, Bread Slice Taco Meat with Tortilla	HM or IFF, Mixed Fruit, Goldfish Baked Chicken Breast	HM or IFF, Sliced Pears, Club Crackers Yogurt	HM or IFF, Diced Peaches, English Muffin Hard Boiled Egg & Bread Slice
Lunch	SIDES: Sweet Potato Fries Cooked Apple Slices HM or IFF	SIDES: Corn Mixed Fruit  HM or IFF	SIDES: Carrot Coins Sliced Pears HM or IFF	SIDES: Steamed Broccoli Diced Peaches HM or IFF	SIDES: Baked Beans Applesauce HM or IFF
PM	HM or IFF, Diced Pears, Slice of Bread	HM or IFF, Carrot Coins, Club Crackers	HM or IFF, Banana, Tortilla	HM or IFF, Carrot Coins, Graham Cracker	HM or IFF, Broccoli, Goldfish

*Menu Subject to Change Without Notice

IFC- Iron Fortified Cereal

HM - Human Milk

IFF - Iron Fortified Formula