

Yogurt Parfait



CATHOLIC SCHOOLS			Mark State of the	
Monday	Tuesday	Wednesday	Thursday	Friday
1 - NEW YEARS DAY	2	3	4	5
1 NEW TEARS DAT	Beef Nacho Supreme with Cheese	Cheeseburger or Rodeo Burger on WG Bun	WG Macaroni & Cheese Bar & Breadstick	Cheese Bites & Marinara Sauce
·	Chicken Caesar Salad Wrap	Mini Pancake Bites	Baked Potato Bar & Breadstick	Fish Sticks & Sunchips
_	Deli Express	Deli Express	Deli Express	Deli Express
	Dell'Express	Dell'Express	Dell'Express	Dell'Express
	SIDES:	SIDES:	SIDES:	SIDES:
Henry	Steamed Cauliflower	Roasted Beets	Broccoli Raisin Salad	Black Beans
· · · · · · · · · · · · · · · · · · ·	Fresh Celery	Tossed Salad	Steamed Broccoli	California Blend Vegetables
(1) 40)	Shredded Lettuce	Waffle Fries	Carrot Coins	Assorted Relish with Red Peppers
\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Fresh Apple Wedges	Kiwi	Tomato, Basil, Mozzarella Salad	Applesauce Cup
l Near o	Apricots	Sliced Pears	1/2 Banana	Cantaloupe
	Red Beans & Rice		Mixed Fruit	
	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk
8	9	10	11	12
Mandarin Orange Chicken & Brown Rice	Sloppy Joe on WG Bun	Hot Dog on WG Bun	Sliced Ham & 2 Dinner Rolls	Cheese Pizza
Monte Cristo Sandwich	Pizza by the Slice	Cheese Quesadilla	Spicy Chicken Sandwich on WG Bun	5 Mozzarella Cheese Sticks with Marinara
Deli Express	Deli Express	Deli Express	Deli Express	Deli Express

SIDES:	SIDES:	SIDES:	SIDES:	SIDES:
Stir Fry Vegetables	Mixed Vegetables	Baked Beans	Au Gratin Potatoes	Glazed Carrots
Tossed Salad	Crinkle Cut Fries	Cherry Tomatoes	Steamed Green Beans	Fresh Broccoli
Grapes	Baby Carrots	Potato Salad	Italian Romaine Salad	Honeydew
Pineapple Tidbits	Citrus Fruit Bowl	Fresh Apple Wedges	Blueberries	Mixed Fruit
Slice of Bread	Applesauce	Mandarin Oranges	Sliced Peaches Cinnamon Streusel Cake	
			Cinnamon Streusei Cake	
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk
15 - MARTIN LUTHER KING JR. DAY	16	17	18	19
15 PIARTIN ESTILER REITS SIG DAT	Soft Shell Beef Taco on WG 8" Tortilla	BBQ Pulled Pork Sandwich on WG Bun	Chicken Alfredo, WG Pasta, Garlic Breadstick	WG Pizza Crunchers
44	Chicken Cordon Bleu Sandwich on WG Bun	Long John with Scrambled Eggs & Ham	Pizza Burger on WG Bun	Bean & Cheese Burrito
	Deli Express	Deli Express	Deli Express	Deli Express
The time	, , , , , , , , , , , , , , , , , , ,			, p
IS ALWAYS	SIDES:	SIDES:	SIDES:	SIDES:
RIGHT TO	Tater Tots	Potato Smiles	Steamed Green Beans	Island Vegetables
DO WHAT	Refried Beans	Carrot Coins	Tossed Salad	Fresh Broccoli
	Shredded Lettuce	Cucumber Salad	Fresh Pear Wedges	Assorted Relishes with Red Pepper
is right.	Craisins	Bananas	Mixed Fruit	Fresh Apple Wedges
-MARTIN LUTHER KING, JR.	Sliced Pears	Applesauce		Sliced Peaches
L	Mexican Rice			

	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk
22	23	24	25	26
WG French Toast Sticks & Sausage Patty	Chicken Patty Sandwich on WG Bun	WG Bosco Sticks with Marinara	Chicken and Gravy & 2 Dinner Rolls	Fish Sandwich on WG Bun
Zesty Orange Chicken Skewers with	Bratwurst on WG Bun	Waffles & Cheese Omelette	Philly Steak Sandwich on Flatbread	Cheese Lasagna & WG Breadstick
Golden Rice and Slice of Bread	Deli Express	Deli Express	Deli Express	Deli Express
Deli Express	CIDEC.	CIDEC.	SIDES:	CIDEC.
SIDES:	SIDES:	SIDES:	SIDES:	SIDES:
Triangle Potato Spinach Salad	Baby Carrots	Roasted Squash Assorted Relishes	Mashed Potatoes Corn	Emoji Fries Black Beans
1 '	Mixed Vegetables Fresh Pineapple	Kiwi	Garnished Tossed Salad	
Cheesy Cauliflower Fresh Orange Wedges	Applesauce	Sliced Peaches	1/2 Banana	Cherry Tomatoes Fruit Slushie
Pineapple Tidbits	пррисэвисе	Silved Feathes	Mandarin Oranges	Fresh Apple Wedges
плеарріс павіся			Transactiff Granges	Treat Apple Wedges
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk
		CATHOLIC SCHOOLS WEEK		
29	30	31	February 1	2 - NO SCHOOL
WG Mini Corn Dogs	Walking Taco	WG Popcorn Chicken & Breadstick	WG Tony's Cheesesticks & Marinara	
Hot Ham & Cheese on WG Bun	Chicken Fajitas with Peppers & Onions	Breakfast Pizza	Assorted Wraps- Chicken Bacon Ranch, Veggie Hummus Wrap and Buffalo Chicken	
Deli Express	Deli Express	Deli Express		
			Deli Express	
SIDES:	SIDES:	SIDES:	SIDES:	
Sweet Potato Fries	Corn	Seasoned Curly Fries	Steamed Broccoli	
Coleslaw	Celery Sticks	Baby Carrots	Tomato Mozzarella Salad	
Strawberry Spinach Salad	Shredded Lettuce	Radishes	Potato Wedges	
Grapes	Citrus Fruit Bowl	Fresh Apple Wedges	Blueberries	
Cinnamon Apple Slices	Apricots	Sliced Pears	Mixed Fruit	Catholic Schools
	Cilantro Lime Rice		Cereal Bar	
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	United in Faith and Community
Alternate Meals Offered Daily	SKIII CHOCOIGLE OF SKIIII WITHLE MILK	JAMIT CHOCOIALE OF SKILL WITHE MILK	JAMIT CHOCOIALE OF SKITT WHILE MILK	
Uncrustable Meal Bundle	Chef Salad		*WG = Whole Grain Rich Items	*Menu subject to change without notice
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