

Monday	Tuesday	Wednesday	Thursday	Friday
CATHOLIC SCHOOLS WEEK				
January 29	30	31	February 1	2 - NO SCHOOL
WG Mini Corn Dogs Hot Ham & Cheese on WG Bun Deli Express SIDES: Sweet Potato Fries Coleslaw Strawberry Spinach Salad Grapes Cinnamon Apple Slices Skim Chocolate or Skim White Milk	 Walking Taco Chicken Fajitas with Peppers & Onions Deli Express SIDES: Corn Celery Sticks Shredded Lettuce Citrus Fruit Bowl Apricots Cilantro Lime Rice Skim Chocolate or Skim White Milk	WG Popcorn Chicken & Breadstick Breakfast Pizza Deli Express SIDES: Seasoned Curly Fries Baby Carrots Radishes Fresh Apple Wedges Sliced Pears Skim Chocolate or Skim White Milk	WG Tony's Cheesesticks & Marinara Assorted Wraps- Chicken Bacon Ranch, Veggie Hummus Wrap, Buffalo Chicken Deli Express SIDES: Steamed Broccoli Tomato Mozzarella Salad Potato Wedges Blueberries Mixed Fruit Cereal Bar Skim Chocolate or Skim White Milk	 <p>Catholic Schools United in Faith and Community</p>
5	6	7	8	9 - National Pizza Day
Salisbury Steak & 2 Dinner Rolls Turkey O'Toole Sandwich Deli Express SIDES: Mashed Potatoes with Gravy Sliced Cucumbers Carrot Fries Dried Cherries Pineapple Tidbits Skim Chocolate or Skim White Milk	Breakfast Sandwich on WG Bun Meatball Sub on WG Hoagie Deli Express SIDES: Steamed Peas Baby Carrots Triangle Potato Fruit Cup Banana Skim Chocolate or Skim White Milk	Toasted Cheese WG Sandwich Cinnamon Roll with Cheese Omelette Deli Express SIDES: Tomato Soup Fresh Cauliflower Fresh Apple Wedges Mixed Fruit Skim Chocolate or Skim White Milk	WG Spaghetti, Meaty Marinara, Garlic Toast Mr. Rib Sandwich on WG Bun Deli Express SIDES: Steamed Broccoli Tossed Salad Broccoli Slaw Fresh Orange Wedges Sliced Peaches Skim Chocolate or Skim White Milk	 WG French Bread Pizza Roasted Chicken & Breadstick Deli Express SIDES: Calico Beans Cherry Tomatoes Spinach Bistro Salad Fresh Pear Wedges Mandarin Oranges Skim Chocolate or Skim White Milk
12	13	14 - ASH WEDNESDAY / VALENTINE'S	15	16 - FRIDAY IN LENT
WG Chicken Nuggets & Dinner Roll Open Faced Roast Beef Sandwich Deli Express SIDES: Mashed Potatoes with Gravy Corn Tossed Salad Fresh Orange Wedges Cinnamon Apple Slices Skim Chocolate or Skim White Milk	 Beef Nacho Supreme with Cheese Chicken Caesar Salad Wrap Deli Express SIDES: Steamed Cauliflower Fresh Celery Shredded Lettuce Fresh Apple Wedges Apricots Red Beans & Rice Skim Chocolate or Skim White Milk	 Long John with Cheese Omelette 5 Mozzarella Cheese Sticks with Marinara Egg Salad Sandwich SIDES: Roasted Beets Tossed Salad Waffle Fries Kiwi Sliced Pears Skim Chocolate or Skim White Milk	WG Macaroni & Cheese Bar & Breadstick Baked Potato Bar & Breadstick Deli Express SIDES: Broccoli Raisin Salad Steamed Broccoli Carrot Coins Tomato, Basil, Mozzarella Salad 1/2 Banana Mixed Fruit Skim Chocolate or Skim White Milk	Cheese Bites & Marinara Sauce Fish Sticks & Sunchips Egg Salad Sandwich SIDES: Black Beans California Blend Vegetables Assorted Relish with Red Peppers Applesauce Cup Cantaloupe Skim Chocolate or Skim White Milk
19	20	21	22 - NO SCHOOL	23 - NO SCHOOL
Mandarin Orange Chicken & Brown Rice Monte Cristo Sandwich Deli Express SIDES: Stir Fry Vegetables Tossed Salad Grapes Pineapple Tidbits Slice of Bread  Skim Chocolate or Skim White Milk	Sloppy Joe on WG Bun Pizza by the Slice Deli Express SIDES: Mixed Vegetables Crinkle Cut Fries Baby Carrots Citrus Fruit Bowl Applesauce Skim Chocolate or Skim White Milk	Hot Dog on WG Bun Cheese Quesadilla Deli Express SIDES: Baked Beans Cherry Tomatoes Potato Salad Fresh Apple Wedges Mandarin Oranges Skim Chocolate or Skim White Milk		
26	27	28	29 - LEAP DAY!	March 1 - FRIDAY IN LENT
WG Chicken Strips & WG Garlic Toast Pretzel with Cheese Sauce Deli Express SIDES: Sweet Potato Fries Celery Sticks Spinach & Tomato Salad Dried Cherries Cinnamon Apple Slices Skim Chocolate or Skim White Milk <u>Alternate Meals Offered Daily</u> Uncrustable Meal Bundle Yogurt Parfait	Soft Shell Beef Taco on WG 8" Tortilla Chicken Cordon Bleu Sandwich on WG Bun Deli Express SIDES: Tater Tots Refried Beans Shredded Lettuce Craisins Sliced Pears Mexican Rice Skim Chocolate or Skim White Milk	BBQ Pulled Pork Sandwich on WG Bun Mini Pancake Bites Deli Express SIDES: Potato Smiles Carrot Coins Cucumber Salad Bananas Applesauce Skim Chocolate or Skim White Milk	 Chicken Alfredo, WG Pasta, Garlic Breadstick Pizza Burger on WG Bun Deli Express SIDES: Steamed Green Beans Tossed Salad Fresh Pear Wedges Mixed Fruit Birthday Cake Skim Chocolate or Skim White Milk	WG Pizza Crunchers Bean & Cheese Burrito Egg Salad Sandwich SIDES: Island Vegetables Fresh Broccoli Assorted Relishes with Red Pepper Fresh Apple Wedges Sliced Peaches Skim Chocolate or Skim White Milk