

WAHLERT CATHOLIC HIGH SCHOOL MENU 2024



CATHOLIC SCH	DOLS				
Monday	Tuesday	Wednesday	Thursday	Friday	
1	2	3	4 - International Carrot Day	5	
Mandarin Orange Chicken & Brown Rice	Sloppy Joe on WG Bun	Hot Dog on WG Bun	Sliced Ham & 2 Dinner Rolls	Cheese Pizza	
Monte Cristo Sandwich	Pizza by the Slice	Cheese Quesadilla			
Deli Express	Deli Express	Deli Express	Deli Express	Deli Express	
	Dell Express		APRICATE CARRON	Dell Express	
SIDES:	SIDES:	SIDES:	SIDES:	SIDES:	
Stir Fry Vegetables	Mixed Vegetables	Baked Beans	Au Gratin Potatoes	Steamed Green Beans	
Tossed Salad	Crinkle Cut Fries	Cherry Tomatoes	Spicy Chicken Sandwich on WG Bun Deli Express SIDES: Au Gratin Potatoes Baby Carrots	Fresh Broccoli	
Grapes	Baby Carrots	Potato Salad	Italian Romaine Salad	Honeydew	
	Citrus Fruit Bowl		Blueberries	Mixed Fruit	
Pineapple Tidbits		Fresh Apple Wedges		Mixed Fruit	
Slice of Bread	Applesauce	Mandarin Oranges	Sliced Peaches		
			Cinnamon Streusel Cake		
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	
8	9		11	12 - NO SCHOOL	
WG Chicken Strips & WG Garlic Toast	Soft Shell Beef Taco on WG 8" Tortilla	BBQ Pulled Pork Sandwich on WG Bun	Chicken Alfredo, WG Pasta, Garlic Breadstick		
Pretzel with Cheese Sauce	Chicken Cordon Bleu Sandwich on WG Bun	Long John with Scrambled Eggs & Ham	Pizza Burger on WG Bun		
Deli Express	Deli Express	Deli Express	Deli Express		
SIDES:	SIDES:	SIDES:	SIDES:	105.	
Sweet Potato Fries	Tater Tots	Potato Smiles	Steamed Green Beans	nominder.	
Celery Sticks	Refried Beans	Carrot Coins	Tossed Salad	Kenn	
Spinach & Tomato Salad	Shredded Lettuce	Cucumber Salad	Fresh Pear Wedges	school:	
Dried Cherries	Strawberries	Watermelon	Mixed Fruit	Reminder: No School!	
Cinnamon Apple Slices	Sliced Pears	Applesauce			
	Mexican Rice				
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk		
15	16	17	18	19	
WG French Toast Sticks & Sausage Patty	Chicken Patty Sandwich on WG Bun	WG Bosco Sticks with Marinara	Chicken and Gravy & 2 Dinner Rolls	Fish Sandwich on WG Bun	
Zesty Orange Chicken Skewers with	Bratwurst on WG Bun	Waffles & Cheese Omelette	Philly Steak Sandwich on Flatbread	Cheese Lasagna & WG Breadstick	
Golden Rice and Slice of Bread	Deli Express	Deli Express	Deli Express	Deli Express	
Deli Express					
SIDES:	SIDES:	SIDES:	SIDES:	SIDES:	
Triangle Potato	Baby Carrots	Roasted Squash	Mashed Potatoes	Emoji Fries	
Spinach Salad	Mixed Vegetables	Assorted Relishes	Corn	Black Beans	
Cheesy Cauliflower	Fresh Pineapple	Kiwi	Garnished Tossed Salad	Cherry Tomatoes	
Fresh Orange Wedges	Applesauce	Sliced Peaches	1/2 Banana	Fruit Slushie	
	Applesauce	Sliced reaches	· ·		
Pineapple Tidbits	April bring Flowers		Mandarin Oranges	Fresh Apple Wedges	
	Showers \$\$\$\$\$\$\$				
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	
22	23	24	25	26	
WG Mini Corn Dogs	Walking Taco	WG Popcorn Chicken & Breadstick	Hot Ham & Cheese on Pretzel Bun	WG Tony's Cheesesticks & Marinara	
Pork T on WG Bun	Chicken Fajitas with Peppers & Onions	Breakfast Pizza	Assorted Wraps- Chicken Bacon Ranch, Asian Beef	Tuna Melt on WG Flatbread	
			and Veggie Hummus Wrap, Buffalo Chicken		
Deli Express	Deli Express	Deli Express		Deli Express	
			Deli Express		
SIDES:	SIDES:	SIDES:	SIDES:	SIDES:	
Sweet Potato Fries	Corn	Seasoned Curly Fries	Baked Beans	Steamed Broccoli	
Coleslaw	Celery Sticks	Baby Carrots	Tossed Salad	Tomato Mozzarella Salad	
Strawberry Spinach Salad	Shredded Lettuce	Radishes	Potato Wedges	Cantaloupe	
Grapes	Citrus Fruit Bowl	Fresh Apple Wedges	Cherry Tomato and Corn Salad	Applesauce	
Cinnamon Apple Slices	Apricots	Sliced Pears	Blueberries		
	Cilantro Lime Rice		Mixed Fruit		
			Cereal Bar		
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	
29	30	May 1	2	3 - SCHOOL LUNCH HERO DAY	
Salisbury Steak & 2 Dinner Rolls	Breakfast Sandwich on WG Bun	WG French Bread Pizza	WG Spaghetti, Meaty Marinara, Garlic Toast	Toasted Cheese WG Sandwich	
Turkey O'Toole Sandwich	Meatball Sub on WG Hoagie	Cinnamon Roll with Cheese Omelette	Mr. Rib Sandwich on WG Bun	Roasted Chicken & Breadstick	
Deli Express	Deli Express	Deli Express	Deli Express	Deli Express	
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SIDES:	SIDES:	SIDES:	SIDES:	SIDES:	
Mashed Potatoes with Gravy	Steamed Peas	Calico Beans	Steamed Broccoli	Tomato Soup	
Sliced Cucumbers	Baby Carrots	Cherry Tomatoes	Tossed Salad	Fresh Cauliflower	
Carrot Fries	Triangle Potato	Spinach Bistro Salad	Broccoli Slaw	Fresh Apple Wedges	
Dried Cherries	Fruit Cup	Fresh Pear Wedges	Fresh Orange Wedges	Mixed Fruit	
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Pineapple Tidbits	Banana	Mandarin Oranges	Sliced Peaches		
Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	
Alternate Meals Offered Daily					
Uncrustable Meal Bundle	Chef Salad		*WG = Whole Grain Rich Items	*Menu subject to change without notice	
Yogurt Parfait					