


	Monday <b>2 - LABOR DAY</b>	Tuesday <b>3</b>	Wednesday <b>4</b>	Thursday <b>5 - National Cheese Pizza Day</b>	Friday <b>6</b>
Brkfst		IFC or Cottage Cheese Diced Pears & HM or IFF	IFC or Hard Boiled Egg Diced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM		HM or IFF, Cooked Apples, Saltines Sloppy Joe on WG Bread	HM or IFF, Apricots, Goldfish Baked Chicken Breast	HM or IFF, Diced Pears, Club Crackers Cottage Cheese	HM or IFF, Banana, Graham Cracker Sliced Cheese & Bread Slice
Lunch		SIDES: Calico Beans Mixed Fruit	SIDES: Stir Fry Vegetables Applesauce	SIDES: Steamed Green Beans Mandarin Oranges	SIDES: Carrot Coins Sliced Peaches
PM		HM or IFF HM or IFF, Corn, English Muffin	HM or IFF HM or IFF, Steamed Cauliflower, Tortilla	HM or IFF HM or IFF, Green Beans, Graham Cracker	HM or IFF HM or IFF, Black Beans, Goldfish
	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Yogurt Mixed Fruit & HM or IFF	IFC or Cheese Cubes Applesauce & HM or IFF
AM	HM or IFF, Sliced Peaches, Bagel Baked Chicken Breast	HM or IFF, Applesauce, Crackers Soft Shell Beef Taco on WG Tortilla	HM or IFF, Diced Pears, Saltines Cottage Cheese	HM or IFF, Mandarin Oranges, Graham Cracker Diced Chicken	HM or IFF, Diced Pears, WG Cheerios Yogurt
Lunch	SIDES: Steamed Peas Applesauce	SIDES: Refried Beans Diced Pears	SIDES: Island Vegetables Mandarin Oranges	SIDES: Steamed Green Beans Mixed Fruit	SIDES: Glazed Carrots Diced Peaches
PM	HM or IFF HM or IFF, Carrot Coins, WG Cheerios	HM or IFF HM or IFF, Peas, English Muffin	HM or IFF HM or IFF, Refried Beans, Tortilla	HM or IFF HM or IFF, Island Veggies, Bread Slice	HM or IFF HM or IFF, Green Beans, Goldfish
	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Brkfst	IFC or Yogurt Pineapple Tidbits & HM or IFF	IFC or Cottage Cheese Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Diced Peaches, Saltines WG French Toast Sticks & Sausage Patty	HM or IFF, Applesauce, Graham Cracker Yogurt	HM or IFF, Pineapple Tidbits, Slice of Bread Sliced Cheese & Bread Slice	HM or IFF, Mixed Fruit, Goldfish Chicken and Gravy over Mashed Potatoes	HM or IFF, Banana, Graham Cracker Fish Sandwich on WG Bread
Lunch	SIDES: Triangle Potato Applesauce	SIDES: Roasted Squash Pineapple Tidbits	SIDES: Carrot Coins Mixed Fruit	SIDES: Mashed Potatoes 1/2 Banana	SIDES: Green Peas Diced Peas
PM	HM or IFF HM or IFF, Carrot Coins, Slice of Bread	HM or IFF HM or IFF, Diced Peaches, Club Crackers	HM or IFF HM or IFF, Roasted Squash, Tortilla	HM or IFF HM or IFF, Carrot Coins, Cheerios	HM or IFF HM or IFF, Mixed Fruit, Goldfish
	<b>23</b>	<b>24</b>	<b>25 - LOCAL FOODS DAY</b>	<b>26</b>	<b>27</b>
Brkfst	IFC or Yogurt Pineapple Tidbits & HM or IFF	IFC or Cottage Cheese Diced Pears & HM or IFF	IFC or Hard Boiled Egg Diced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Diced Peaches, Saltines Hot Dog on WG Bread	HM or IFF, Cooked Apple Slices, Bread Slice Sliced Cheese & Bread Slice	HM or IFF, Diced Peaches, Goldfish Baked Chicken Breast	HM or IFF, Mandarin Oranges, Club Crackers WG Macaroni & Cheese with Ham	HM or IFF, Mixed Fruit, English Muffin Hard Boiled Egg & Bread Slice
Lunch	SIDES: Country Vegetables Cooked Apple Slices	SIDES: Steamed Green Beans Diced Peaches	SIDES: Baked Beans Mandarin Oranges	SIDES: Steamed Broccoli Mixed Fruit	SIDES: Carrot Coins Applesauce
PM	HM or IFF HM or IFF, Green Beans, Slice of Bread	HM or IFF HM or IFF, Country Vegetables, Club Crackers	HM or IFF HM or IFF, Banana, Tortilla	HM or IFF HM or IFF, Green Beans, Graham Cracker	HM or IFF HM or IFF, Broccoli, Goldfish
	<b>30</b>	<b>October 1</b>	<b>2</b>	<b>3</b>	<b>4 - HOMECOMING</b>
Brkfst	IFC or Cottage Cheese Diced Pears & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Diced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Applesauce, Cheerios Baked Chicken Breast	HM or IFF, Pineapple Tidbits, Bagel Cottage Cheese	HM or IFF, Pineapple, Graham Cracker Salisbury Steak	HM or IFF, Mandarin Oranges, Bread Slice Breakfast Sandwich on WG Bread	HM or IFF, Diced Peaches, English Muffin Taco Meat with Tortilla
Lunch	SIDES: Corn Diced Pears	SIDES: Carrot Coins Pineapple Tidbits	SIDES: Mashed Potatoes 1/2 Banana	SIDES: Steamed Peas Diced Peaches	SIDES: Black Beans Applesauce
PM	HM or IFF HM or IFF, Carrot Coins, Slice of Bread	HM or IFF HM or IFF, Corn, Breadstick	HM or IFF HM or IFF, Carrot Coins, Tortilla	HM or IFF HM or IFF, Mixed Fruit, Cheerios	HM or IFF HM or IFF, Peas, Graham Cracker

\*Menu Subject to Change Without Notice

IFC - Iron Fortified Cereal

HM - Human Milk

IFF - Iron Fortified Formula