

	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Brkfst	IFC or Yogurt Pineapple Tidbits & HM or IFF	IFC or Cottage Cheese Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Diced Peaches, Saltines	HM or IFF, Applesauce, Graham Cracker	HM or IFF, Pineapple Tidbits, Slice of Bread	HM or IFF, Mixed Fruit, Goldfish	HM or IFF, Banana, Graham Cracker
Lunch	WG French Toast Sticks & Sausage Patty SIDES: Triangle Potato Applesauce HM or IFF	Yogurt SIDES: Roasted Squash Pineapple Tidbits HM or IFF	Sliced Cheese & Bread Slice SIDES: Baked Beans Mixed Fruit HM or IFF	Cottage Cheese SIDES: Corn 1/2 Banana HM or IFF	Fish Sandwich on WG Bread SIDES: Carrot Coins Diced Pears HM or IFF
PM	HM or IFF, Carrot Coins, Slice of Bread	HM or IFF, Mixed Fruit, Club Crackers	HM or IFF, Roasted Squash, Tortilla	HM or IFF, Carrot Coins, Cheerios	HM or IFF, Corn, Goldfish
	9	10	11	12	13
Brkfst	IFC or Yogurt Pineapple Tidbits & HM or IFF	IFC or Cottage Cheese Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Diced Pears, Saltines	HM or IFF, Cooked Apple Slices, Bread Slice	HM or IFF, Diced Peaches, Goldfish	HM or IFF, Mandarin Oranges, Club Crackers	HM or IFF, Mixed Fruit, English Muffin
Lunch	Hot Dog on WG Bread SIDES: Country Vegetables Cooked Apple Slices HM or IFF	Taco Meat with Tortilla SIDES: Black Beans Diced Peaches HM or IFF	Baked Chicken Breast SIDES: Steamed Green Beans Mandarin Oranges HM or IFF	WG Macaroni & Cheese with Ham SIDES: Steamed Broccoli Mixed Fruit HM or IFF	Hard Boiled Egg & Bread Slice SIDES: Carrot Coins Applesauce HM or IFF
PM	HM or IFF, Carrot Coins, Slice of Bread	HM or IFF, Country Vegetables, Club Crackers	HM or IFF, Banana, Tortilla	HM or IFF, Green Beans, Graham Cracker	HM or IFF, Broccoli, Goldfish
	16	17	18	19	20
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Applesauce, Cheerios	HM or IFF, Diced Pears, Bagel	HM or IFF, Pineapple, Graham Cracker	HM or IFF, Banana, Bread Slice	HM or IFF, Diced Peaches, English Muffin
Lunch	Baked Chicken Breast SIDES: Corn Diced Pears HM or IFF	Cottage Cheese SIDES: Carrot Coins Pineapple Tidbits HM or IFF	Meatballs & Brown Rice SIDES: Island Vegetables 1/2 Banana HM or IFF	Breakfast Sandwich on WG Bread Sausage, Egg, & Cheese SIDES: Steamed Peas Diced Peaches HM or IFF	Sliced Cheese & Bread Slice SIDES: Steamed Broccoli Mixed Fruit HM or IFF
PM	HM or IFF, Carrot Coins, Slice of Bread	HM or IFF, Corn, Breadstick	HM or IFF, Carrot Coins, Tortilla	HM or IFF, Island Veggies, Cheerios	HM or IFF, Peas, Graham Cracker
	23	24	25	26	27
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Mixed Fruit, WG Cheerios	HM or IFF, Cooked Apples, Saltines	HM or IFF, Apricots, Goldfish	HM or IFF, Diced Pears, Club Crackers	HM or IFF, Banana, Graham Cracker
Lunch	Hamburger on WG Bread SIDES: Carrot Coins Cooked Apple Slices HM or IFF	Chicken with Tortilla SIDES: Black Beans Apricots HM or IFF	Baked Chicken Breast SIDES: Corn Diced Pears HM or IFF	Hard Boiled Egg & Bread Slice SIDES: Steamed Broccoli 1/2 Banana HM or IFF	Toasted Cheese WG Sandwich SIDES: Steamed Cauliflower Applesauce HM or IFF
PM	HM or IFF, Broccoli, Bread Slice	HM or IFF, Carrot Coins, English Muffin	HM or IFF, Black Beans, Tortilla	HM or IFF, Corn, Graham Cracker	HM or IFF, Broccoli, Goldfish
	30	July 1	2	3	4
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	
AM	HM or IFF, Applesauce, WG Cheerios	HM or IFF, Diced Pears, Graham Cracker	HM or IFF, Banana, Goldfish	HM or IFF, Applesauce, Bread Slice	
Lunch	Yogurt SIDES: Sweet Potatoes Diced Pears HM or IFF	Sloppy Joe on WG Bread SIDES: Calico Beans Mixed Fruit HM or IFF	Baked Chicken Breast SIDES: Stir Fry Vegetables Applesauce HM or IFF	Cottage Cheese SIDES: Carrot Coins Sliced Peaches HM or IFF	
PM	HM or IFF, Mixed Fruit, Graham Cracker	HM or IFF, Carrot Coins, Bread Slice	HM or IFF, Calico Beans, English Muffin	HM or IFF, Stir fry Veggies, Goldfish	

*Menu Subject to Change Without Notice

IFC - Iron Fortified Cereal

HM - Human Milk

IFF - Iron Fortified Formula

*This institution is an equal opportunity provider.