

## EARLY CHILDHOOD MENU 2025



|                 | - CATHOLIC - SCHOO                              |                                         |                                        | Constant Milling                             |                                     |
|-----------------|-------------------------------------------------|-----------------------------------------|----------------------------------------|----------------------------------------------|-------------------------------------|
|                 | Monday                                          | Tuesday                                 | Wednesday                              | Thursday                                     | Friday                              |
|                 | 30                                              | July 1                                  | 2                                      | 3                                            | 4                                   |
| L.              | WG Kix Cereal Bowl                              | WG Mini Waffles                         | WG Mini Pancakes                       | WG Mini French Toast                         | •                                   |
| Brkfst          |                                                 |                                         |                                        |                                              |                                     |
| 占               | Pineapple Tidbits & Milk                        | Diced Pears & Milk                      | Sliced Peaches & Milk                  | Mixed Fruit & Milk                           |                                     |
| AM              | WG Dick & Jane Crackers & Milk                  | Cheese, Pretzels & Water                | WG Tiger Grahams, Banana, Water        | Homemade Pumpkin Bread & Milk                | × 1 × -                             |
|                 | WG Mini Corn Dogs                               | Sloppy Joe on WG Bun                    | Mandarin Orange Chicken & Brown Rice   | Sliced Ham & WG Dinner Roll                  |                                     |
|                 |                                                 | sloppy see on the ball                  |                                        |                                              |                                     |
|                 | SIDES:                                          | SIDES:                                  | SIDES:                                 | SIDES:                                       | it bby                              |
| -               |                                                 |                                         |                                        |                                              |                                     |
| Lunch           | Sweet Potato Fries                              | Calico Beans                            | Stir Fry Vegetables                    | Au Gratin Potatoes                           |                                     |
| 13              | Diced Pears                                     | Citrus Fruit Bowl                       | Fresh Pear Wedges                      | Blueberries                                  | All CIUM                            |
|                 |                                                 |                                         |                                        |                                              | * OF OF                             |
|                 | Ketchup                                         |                                         |                                        |                                              |                                     |
|                 | Milk                                            | Milk                                    | Milk                                   | Milk                                         |                                     |
| -               |                                                 |                                         |                                        |                                              | _                                   |
| PM              | Mixed Fruit, WG Scooby Bones, Water             | Jelly on WG Bread & Milk                | WG Blueberry Muffin & Milk             | Cheese Stick, Goldfish, Water                |                                     |
|                 | 7                                               | 8                                       | 9                                      | 10                                           | 11                                  |
| Brkfst          | WG Kix Cereal Bowl                              | WG Mini Waffles                         | WG Mini Pancakes                       | WG Mini French Toast                         | WG Red. Sugar Cinnamon Toast Crunch |
| ١ <u></u>       | Pineapple Tidbits & Milk                        | Diced Pears & Milk                      | Sliced Peaches & Milk                  | Mixed Fruit & Milk                           | Applesauce & Milk                   |
|                 | Gogurt & Animal Crackers                        | WG Cheerios & Banana                    | Cheese Stick & WG Goldfish             | Cucumber slices, Ranch & Club Crackers       | Croissant & Milk                    |
| AM              | -                                               |                                         |                                        |                                              |                                     |
|                 | WG Chicken Strips                               | Beef Nacho Supreme with Cheese          | Pork Tenderloin on WG Bun              | Chicken Alfredo & WG Pasta                   | WG Bosco Sticks with Marinara       |
|                 |                                                 |                                         |                                        |                                              |                                     |
|                 | SIDES:                                          | SIDES:                                  | SIDES:                                 | SIDES:                                       | SIDES:                              |
| <del>ا د</del>  | Crinkle Cut Fries                               | Refried Beans                           | Island Vegetables                      | Steamed Green Beans                          | Fresh Broccoli                      |
| Lunch           | Applesauce                                      | Shredded Lettuce                        | Fresh Orange Wedges                    | Pineapple Tidbits                            | Diced Pears                         |
| -               |                                                 | Diced Peaches                           |                                        |                                              |                                     |
| 1               |                                                 | Diced reacties                          |                                        |                                              |                                     |
| 1               | Ketchup                                         |                                         | Ketchup                                |                                              |                                     |
|                 | Milk                                            | Milk                                    | Milk                                   | Milk                                         | Milk                                |
| PM              | Cinnamon Bread & Milk                           | Ham/Cream Cheese Tortilla Pinwheels     | Blueberry Muffin Bars & Milk           | Ritz Crackers & Sliced Cheese                | Sidekick & WG Graham Crackers       |
| -               | 14                                              | 15                                      | 16                                     | 17                                           | 18                                  |
| 4               | WG Kix Cereal Bowl                              |                                         | WG Mini Pancakes                       |                                              |                                     |
| Brkfst          |                                                 | WG Mini Waffles                         |                                        | WG Mini French Toast                         | WG Red. Sugar Cinnamon Toast Crunch |
| Ē               | Pineapple Tidbits & Milk                        | Diced Pears & Milk                      | Sliced Peaches & Milk                  | Mixed Fruit & Milk                           | Applesauce & Milk                   |
| AM              | Homemade Trail Mix & Diced Peaches              | Turkey/Cream Cheese Tortilla Pinwheels  | Seasoned Oyster Crackers & Milk        | English Muffin w/ Jelly & Milk               | Cottage Cheese Dip & Ritz Crackers  |
|                 | WG French Toast Sticks & Sausage Patty          | WG Pizza Crunchers                      | BBQ Pulled Pork Sandwich on WG Bun     | Cheese Quesadilla                            | Fish Sandwich on WG Bun             |
|                 | ,                                               |                                         | <b>Q</b>                               | A WE WANT                                    |                                     |
|                 | SIDES:                                          | SIDES:                                  | SIDES:                                 | SIDES:                                       | SIDES:                              |
| _               |                                                 |                                         |                                        |                                              |                                     |
| Lunch           | Triangle Potato                                 | Roasted Squash                          | Baked Beans                            | Corn                                         | Tossed Salad                        |
| E               | Fresh Apple Wedges                              | Mixed Fruit                             | Kiwi                                   | Banana                                       | Diced Pears                         |
|                 |                                                 |                                         |                                        |                                              |                                     |
|                 | Ketchup                                         |                                         |                                        |                                              | Ranch & Tartar Sauce                |
|                 | Milk                                            | Milk                                    | Milk                                   | Milk                                         | Milk                                |
| PM              | Yogurt, WG Granola or WG Cheerios & Water       | Goldfish & Banana                       | Sliced Cheese & Saltines               | Apple Slices & WG Animal Crackers            | WG Flatbread & Milk                 |
| PM              |                                                 |                                         |                                        |                                              |                                     |
|                 | 21                                              | 22                                      | 23                                     | 24                                           | 25                                  |
| Brkfst          | WG Kix Cereal Bowl                              | WG Mini Waffles                         | WG Mini Pancakes                       | WG Mini French Toast                         | WG Red. Sugar Cinnamon Toast Crunch |
| 뚪               | Pineapple Tidbits & Milk                        | Diced Pears & Milk                      | Sliced Peaches & Milk                  | Mixed Fruit & Milk                           | Applesauce & Milk                   |
|                 | Kix Cereal & Mixed Fruit                        | Baby Carrots, Ranch & WG Graham Cracker | Yogurt & Animal Crackers               | Oatmeal Muffin Bars & Milk                   | Cheese & WG Pretzels                |
|                 | Hot Dog on WG Bun                               | Walking Taco                            |                                        | WG Macaroni & Cheese with Ham                | Stuffed Crust Pizza                 |
|                 |                                                 |                                         | WG Popcorn Chicken                     |                                              |                                     |
|                 |                                                 |                                         |                                        | WG Breadstick                                |                                     |
|                 | SIDES:                                          | SIDES:                                  | SIDES:                                 | SIDES:                                       | SIDES:                              |
| <del>ភ្</del> ន | Country Vegetables                              | Black Beans                             | French Fries                           | Steamed Broccoli                             | Carrot Coins                        |
| Lunch           | Cinnamon Apple Slices                           | Shredded Lettuce                        | Fresh Orange Wedges                    | Cantaloupe                                   | Mixed Fruit                         |
| _               |                                                 | Diced Peaches                           |                                        |                                              |                                     |
|                 | Katalaa                                         |                                         | Katabura                               |                                              |                                     |
|                 | Ketchup                                         |                                         | Ketchup                                |                                              |                                     |
|                 | Milk                                            | Milk                                    | Milk                                   | Milk                                         | Milk                                |
| PM              | Tortilla with Sunbutter                         | WG Breadstick & Milk                    | WG Bagel w/ Cream Cheese & Milk        | Ritz Crackers & Sliced Cheese                | Diced Pears & Buttered Bread        |
| -               | 28                                              | 29                                      | 30                                     | 31                                           | August 1                            |
| Ħ               | WG Kix Cereal Bowl                              | WG Mini Waffles                         | WG Mini Pancakes                       | WG Mini French Toast                         | WG Red. Sugar Cinnamon Toast Crunch |
| Brkfst          |                                                 |                                         |                                        |                                              | -                                   |
|                 | Pineapple Tidbits & Milk                        | Diced Pears & Milk                      | Sliced Peaches & Milk                  | Mixed Fruit & Milk                           | Applesauce & Milk                   |
| AM              | Goldfish & Applesauce                           | Jelly on WG Bread & Milk                | Homemade Banana Bread & Milk           | WG Bagel w/ Cream Cheese & Milk              | Hard Boiled Egg & Club Cracker      |
|                 | Chicken Patty Sandwich on WG Bun                | WG French Bread Pizza                   | Sweet & Sour Meatballs                 | Breakfast Sandwich on WG Bun                 | WG Tony's Cheese Sticks & Marinara  |
|                 |                                                 |                                         |                                        |                                              |                                     |
|                 | SIDES:                                          | SIDES:                                  | SIDES:                                 | SIDES:                                       | SIDES:                              |
| <u>_</u>        |                                                 |                                         |                                        | Steamed Peas                                 | Steamed Broccoli                    |
| lnct            | Emoji Fries<br>Fresh Pear Wedges                | Baby Carrots                            | Island Vegetables                      |                                              |                                     |
| 13              | Fresh Pear Wedges                               | Pineapple Tidbits                       | Banana                                 | Mandarin Oranges                             | Mixed Fruit                         |
|                 |                                                 |                                         | Brown Rice                             |                                              |                                     |
|                 | Ketchup                                         | Ranch CUMMOR                            |                                        |                                              |                                     |
|                 | Milk                                            | Milk IES SUMMER.                        | Milk                                   | Milk                                         | Milk                                |
|                 |                                                 |                                         |                                        |                                              |                                     |
| PM              | WG Graham Crackers & Cheese Stick               | Croissant & Orange Slices               | Turkey & Ritz Crackers                 | Gogurt & WG Pretzels                         | Homemade Yogurt Dip & Apple Slices  |
|                 | *Water is served with all snacks when Milk is n | ot served                               | *Menu subject to change without notice | *WG = Whole Grain Rich Items                 |                                     |
|                 | Milk = Whole for 2 and under Skim for 2+ year   |                                         |                                        | *This institution is an equal opportunity pr |                                     |

Milk = Whole for 2 and under, Skim for 2+ year olds

\*This institution is an equal opportunity provider.