

# EARLY CHILDHOOD MENU 2025



	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Brkfst	WG Kix Cereal Bowl Pineapple Tidbits & Milk	WG English Muffin & Sunbutter Diced Pears & Milk	Yogurt Parfait w/ Nut Free Granola Sliced Peaches & Milk	WG Bagel & Strawberry Cream Cheese Mixed Fruit & Milk	WG Red. Sugar Cinnamon Toast Crunch Applesauce & Milk
AM	Turkey on WG Bread Hamburger on WG Bun	Cheese Cubes & WG Flatbread Soft Shell Chicken Taco on WG 8" Tortilla	Kix Cereal & Diced Pears WG Chicken Nuggets	Homemade Pumpkin Bread & Milk WG Spaghetti with Meaty Marinara	Homemade Trail Mix & Milk Cheese Pizza
Lunch	SIDES: Tossed Salad Cinnamon Apple Slices  Ketchup & Ranch Milk	SIDES: Black Beans Shredded Lettuce Apricots  Milk	SIDES: Corn Fresh Apple Wedges  Ketchup Milk	SIDES: Fresh Cauliflower Banana  Ranch Milk	SIDES: Steamed Broccoli Applesauce  Milk
PM	Mango Smoothie & Graham Cracker	Seasoned Oyster Crackers & Applesauce	English Muffin w/ Jelly & Milk	Hard Boiled Egg & Pretzels	Cheese Stick & Orange Slices
	11	12	13	14	15
Brkfst	WG Kix Cereal Bowl Pineapple Tidbits & Milk	WG English Muffin & Sunbutter Diced Pears & Milk	Yogurt Parfait w/ Nut Free Granola Sliced Peaches & Milk	WG Bagel & Strawberry Cream Cheese Mixed Fruit & Milk	WG Red. Sugar Cinnamon Toast Crunch Applesauce & Milk
AM	Cheese Cubes & Saltines Pizza Crunchers	Ham, Club Cracker & Water Sloppy Joe on WG Bun	Animal Crackers & Milk Sweet & Sour Meatballs Brown Rice	Bean & Corn Salsa & WG Tortilla Chips Mr. Rib Sandwich	Cinnamon Tortilla & Applesauce WG Bosco Sticks with Marinara
Lunch	SIDES: Tossed Salad Diced Peaches  Milk	SIDES: Calico Beans Citrus Fruit Bowl  Milk	SIDES: Stir Fry Vegetables Grapes  Milk	SIDES: Crinkle Cut Fries Blueberries  Milk	SIDES: Steamed Green Beans Mandarin Oranges  Milk
PM	Jelly on WG Bread & Milk	Caprese Salad & Breadstick	Snickerdoodle Hummus & Graham Crackers	Cornbread & Milk	Rainbow Vegetables & Ritz Crackers
	18	19	20	21	22
Brkfst	WG Kix Cereal Bowl Pineapple Tidbits & Milk	WG English Muffin & Sunbutter Diced Pears & Milk	Yogurt Parfait w/ Nut Free Granola Sliced Peaches & Milk	WG Bagel & Strawberry Cream Cheese Mixed Fruit & Milk	WG Red. Sugar Cinnamon Toast Crunch Applesauce & Milk
AM	Gogurt & Animal Crackers WG Chicken Strips	WG Cheerios & Banana Beef Nacho Supreme with Cheese	Cheese Stick & WG Goldfish Pork Tenderloin on WG Bun	Cucumber slices, Ranch & Club Crackers Chicken Alfredo & WG Pasta	Croissant & Milk Toasted Cheese WG Sandwich
Lunch	SIDES: Au Gratin Potatoes Mixed Fruit  Ketchup Milk	SIDES: Refried Beans Shredded Lettuce Diced Peaches  Milk	SIDES: Island Vegetables Fresh Orange Wedges  Ketchup Milk	SIDES: Steamed Green Beans Pineapple Tidbits  Milk	SIDES: Fresh Broccoli Diced Pears  Milk
PM	Cinnamon Bread & Milk	Ham/Cream Cheese Tortilla Pinwheels	Blueberry Muffin Bars & Milk	Saltines & Sliced Cheese	Sidekick & WG Graham Crackers
	25 - First Day of School	26	27	28	29
Brkfst	WG Kix Cereal Bowl Pineapple Tidbits & Milk	WG English Muffin & Sunbutter Diced Pears & Milk	Yogurt Parfait w/ Nut Free Granola Sliced Peaches & Milk	WG Bagel & Strawberry Cream Cheese Mixed Fruit & Milk	WG Red. Sugar Cinnamon Toast Crunch Applesauce & Milk
AM	Turkey on WG Bread Hamburger on WG Bun	Cheese Cubes & WG Flatbread Walking Taco on WG Doritos	Kix Cereal & Diced Pears WG Chicken Nuggets	Homemade Pumpkin Bread & Milk WG Spaghetti with Meaty Marinara	Homemade Trail Mix & Milk Tuna Noodle Casserole
Lunch	SIDES: Tossed Salad Cinnamon Apple Slices  Ketchup & Ranch Milk	SIDES: Black Beans Shredded Lettuce Apricots  Milk	SIDES: Corn Fresh Apple Wedges  Ketchup Milk	SIDES: Fresh Cauliflower Banana  Ranch Milk	SIDES: Steamed Broccoli Applesauce  Milk
PM	Yogurt & Graham Cracker	Seasoned Oyster Crackers & Applesauce	English Muffin w/ Jelly & Milk	Hard Boiled Egg & Pretzels	Cheese Stick & Orange Slices

\*Menu subject to change without notice

\*WG = Whole Grain Rich Items

Milk = Whole for 2 and under, Skim for 2+ year olds

\*This institution is an equal opportunity provider.