

	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Mixed Fruit, WG Bread Slice	HM or IFF, Cooked Apples, WG Flat Bread	HM or IFF, Apricots, Goldfish	HM or IFF, Diced Pears, Club Crackers	HM or IFF, Banana, Graham Cracker
Lunch	Hamburger on WG Bread SIDES: Carrot Coins Cooked Apple Slices HM or IFF	Chicken with Tortilla  SIDES: Black Beans Apricots HM or IFF	Baked Chicken Breast SIDES: Corn Diced Pears HM or IFF	Hard Boiled Egg & Bread Slice SIDES: Steamed Peas 1/2 Banana HM or IFF	Yogurt SIDES: Steamed Broccoli Applesauce HM or IFF
PM	HM or IFF, Broccoli, Graham Cracker	HM or IFF, Carrot Coins, WG Cheerios	HM or IFF, Black Beans, WG English Muffin	HM or IFF, Corn, Graham Cracker	HM or IFF, Peas, Goldfish
	11	12	13	14	15
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Applesauce, Saltines	HM or IFF, Diced Peaches, Club Cracker	HM or IFF, Mixed Fruit, Goldfish	HM or IFF, Applesauce, Bread Slice	HM or IFF, Sliced Peaches, WG Tortilla
Lunch	Cottage Cheese SIDES: Steamed Peas Diced Peaches HM or IFF	Sloppy Joe on WG Bread SIDES: Calico Beans Mixed Fruit HM or IFF	Plain Meatballs SIDES: Stir Fry Vegetables Applesauce HM or IFF	Baked Chicken Breast  SIDES: Carrot Coins Sliced Peaches HM or IFF	Sliced Cheese & Bread Slice SIDES: Steamed Green Beans Mandarin Oranges HM or IFF
PM	HM or IFF, Broccoli, WG Bread Slice	HM or IFF, Peas, Bread Stick	HM or IFF, Calico Beans, Graham Cracker	HM or IFF, Stir fry Veggies, Cornbread	HM or IFF, Carrot Coins, Saltines
	18	19	20	21	22
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Yogurt Mixed Fruit & HM or IFF	IFC or Cheese Cubes Applesauce & HM or IFF
AM	HM or IFF, Mandarin Oranges, Graham Cracker	HM or IFF, Mixed Fruit, WG Cheerios	HM or IFF, Diced Peaches, Goldfish	HM or IFF, Mandarin Oranges, Club Crackers	HM or IFF, Pineapple, WG Cheerios
Lunch	Baked Chicken Breast SIDES: Steamed Peas Mixed Fruit  HM or IFF	Soft Shell Beef Taco on WG Tortilla SIDES: Refried Beans Diced Peaches HM or IFF	Cottage Cheese SIDES: Island Vegetables Mandarin Oranges HM or IFF	Diced Chicken SIDES: Steamed Green Beans Pineapple Tidbits HM or IFF	Toasted Cheese Sandwich SIDES: Carrot Coins Diced Pears HM or IFF
PM	HM or IFF, Green Beans, WG Bread Slice	HM or IFF, Peas, Tortilla	HM or IFF, Refried Beans, Blueberry Muffin Bar	HM or IFF, Island Veggies, Ritz Crackers	HM or IFF, Green Beans, Graham Cracker
	25 - First Day of School	26	27	28	29
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Diced Pears, WG Bread Slice	HM or IFF, Cooked Apples, WG Flat Bread	HM or IFF, Apricots, Goldfish	HM or IFF, Diced Pears, Club Crackers	HM or IFF, Banana, Graham Cracker
Lunch	Hamburger on WG Bread SIDES: Steamed Peas Cooked Apple Slices HM or IFF	Taco Meat with Tortilla  SIDES: Black Beans Apricots HM or IFF	Baked Chicken Breast SIDES: Corn Diced Pears HM or IFF	Hard Boiled Egg & Bread Slice SIDES: Glazed Carrots 1/2 Banana  HM or IFF	Yogurt SIDES: Steamed Broccoli Applesauce HM or IFF
PM	HM or IFF, Carrot Coins, Graham Cracker	HM or IFF, Peas, WG Cheerios	HM or IFF, Black Beans, WG English Muffin	HM or IFF, Corn, Graham Cracker	HM or IFF, Carrot Coins, Goldfish

*Menu Subject to Change Without Notice

IFC - Iron Fortified Cereal

HM - Human Milk IFF - Iron Fortified Formula

*This institution is an equal opportunity provider.