



Monday	Tuesday	Wednesday	Thursday	Friday
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1 - LABOR DAY	2	3	4	5 - National Cheese Pizza Da
	WG Mini Corn Dogs	Mandarin Orange Chicken & Brown Rice	Mr. Rib Sandwich on WG Bun	Stuffed Crust Cheese Pizza
	Roast Beef & Gravy w/ WG Dinner Roll	Sweat & Sour Meatballs & Brown Rice	BBQ Chicken Breast on WG Bun	Cheese Lasagna with WG Breadstick
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*!U/\UVY! *	SIDES:	SIDES:	SIDES:	SIDES:
***************************************	Sweet Potato Fries	Stir Fry Vegetables	Crinkle Cut Fries	Steamed Green Beans
J. LABOR *	Cucumber Slices	Tossed Salad	Baby Carrots	Fresh Broccoli
	Mashed Potatoes	Citrus Fruit Bowl	Italian Romaine Salad	Honeydew
	Strawberry Spinach Salad	Pineapple Tidbits	Blueberries	Mandarin Oranges
	Grapes	Slice of Bread	Mixed Fruit	Mandarin Oranges NATIONAL CHEESE PIZZ DAY
***	Applesauce	Siece of Bread	Cinnamon Streusel Cake	DAY
	присвание		Cillianon Sucusci Care	
	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk
8	9	10	11	12
6 Chicken Strips & Buttered Bread	Beef Nacho Supreme with Cheese	Pork Tenderloin Sandwich on WG Bun	Chicken Alfredo, WG Pasta, Garlic Breadstick	Toasted Cheese WG Sandwich
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etzel with Cheese Sauce	Cinnamon Roll with Cheese Omelette	Chicken Caesar Salad Wrap	Hamburger on WG Bun	Spicy Chicken Sandwich on WG Bun
DES:	SIDES:	SIDES:	SIDES:	SIDES:
Gratin Potatoes	Corn	Cherry Tomatoes	Steamed Green Beans	Tomato Soup
ery Sticks	Refried Beans	Island Vegetables	Tossed Salad	Fresh Broccoli
nach & Tomato Salad	Shredded Lettuce	Baby Carrots & Cherry Tomatoes	Fresh Pear Wedges	Cucumber Salad
ied Cherries	Strawberries/ Banana (Winter)	Fresh Orange Wedges	Pineapple Tidbits	Watermelon/ Craisins (Winter)
xed Fruit	Sliced Peaches	Cinnamon Apple Slices	, U	Sliced Pears
NOU I TUIC	Mexican Rice	Chimamon / Apric Shees	, 53	Sinced I care
	Plexical Nice		Λ	
im Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk
15	16	17	18	19
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French Toast Sticks & Sausage Patty	WG Pizza Crunchers	WG Popcorn Chicken & Tiger Grahams	Chicken and Gravy & Dinner Roll	Fish Sandwich on WG Bun
sty Orange Chicken Skewers with	Baked Potato Bar & Breadstick	Sausage Egg Bake & Mini Donuts	Philly Steak Sandwich on Flatbread	WG Cheese Quesadilla
lden Rice and Slice of Bread				
DES:	SIDES:	SIDES:	SIDES:	SIDES:
angle Potato	Roasted Squash	Baked Beans	Mashed Potatoes	Steamed Broccoli
inach Salad	Assorted Relishes	Baby Carrots	California Vegetables	Tossed Salad
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eesy Cauliflower	Blueberries	Cherry Tomato and Corn Salad	Garnished Tossed Salad	Waffle Fries
esh Apple Wedges	Mixed Fruit	Kiwi	Banana	Cherry Tomatoes
neapple Tidbits	17 9 190	Apricots	Mandarin Oranges	Fruit Cup
				rruit Cup
	π			Fresh Apple Wedges
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im Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk	· ·
im Chocolate or Skim White Milk	Skim Chocolate or Skim White Milk		-	Fresh Apple Wedges
22	23	Skim Chocolate or Skim White Milk 24 - IOWA LOCAL FOOD DAY	Skim Chocolate or Skim White Milk	Fresh Apple Wedges Skim Chocolate or Skim White Milk 26 -HOMECOMING
22 It Dog on WG Bun	23 WG French Bread Pizza	Skim Chocolate or Skim White Milk 24 - IOWA LOCAL FOOD DAY BBQ Pulled Pork Sandwich on WG Bun	Skim Chocolate or Skim White Milk 25 WG Macaroni & Cheese Bar & Breadstick	Fresh Apple Wedges Skim Chocolate or Skim White Milk 26 -HOMECOMING Wahlert Wins! Walking Taco
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 $^{{}^{*}\}mathrm{This}$ institution is an equal opportunity provider.