

## BREAKFAST MENU

## Choose at least

3









(One must be a juice or a fruit)

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Cinnamon Roll	Breakfast Pizza	Mini Pancakes	Breakfast Sandwich (Egg & Cheese)	Cheese Omelette & Pop Tart
Or	Or	Or	Or	Or
Cereal & Muffin	Breakfast Bar (or Cereal) & Yogurt	Cereal & Hard Boiled Egg	Cereal & Cheese Stick	Yogurt Parfait & Granola (or Cereal)
½ Cup Fruit	½ Cup Fruit	½ Cup Fruit	½ Cup Fruit	½ Cup Fruit
½ Cup Juice	½ Cup Juice	½ Cup Juice	½ Cup Juice	½ Cup Juice
1 Cup Milk	1 Cup Milk	1 Cup Milk	1 Cup Milk	1 Cup Milk