

Monday	Tuesday	Wednesday	Thursday	Friday
September 29	30	October 1	2	3
Chicken Patty Sandwich on WG Bun Bratwurst on WG Bun  SIDES: Potato Smiles Mixed Vegetables Fresh Pear Wedges Applesauce  Skim Chocolate or Skim White Milk	WG Cheese Pizza Sausage Egg Bake & Mini WG Donuts  SIDES: Pizza Fava Beans Spinach Salad Assorted Relishes with Red Pepper Grapes Pineapple Tidbits  Skim Chocolate or Skim White Milk	Salisbury Steak & WG Dinner Roll 5 Mozzarella Cheese Sticks with Marinara  SIDES: Mashed Potatoes with Gravy Sliced Cucumbers Carrot Fries Banana Sliced Peaches Skim Chocolate or Skim White Milk	Breakfast Sandwich on WG Bun Monte Cristo WG Sandwich  SIDES: Steamed Peas Sweet Potato Fries Triangle Potato Fresh Pineapple Mandarin Oranges Skim Chocolate or Skim White Milk	WG Tony's Cheesesticks & Marinara Fish Sticks & WG Sunchips  SIDES: Steamed Broccoli Tomato Mozzarella Salad Fruit Cup Honeydew Skim Chocolate or Skim White Milk
6	7 - National Taco Day	8 - Great Apple Crunch	9	10 - NO SCHOOL
Hamburger or Rodeo Burger on WG Bun WG Turkey O'Toole  SIDES: Baby Carrots Tossed Salad Potato Wedges Fresh Orange Wedges Cinnamon Apple Slices Skim Chocolate or Skim White Milk	Soft Shell Chicken Taco on WG 8" Tortilla Mini WG Pancake Bites  SIDES: Black Beans Fresh Celery Shredded Lettuce Kiwi Apricots Red Beans & Rice  <b>NATIONAL TACO DAY</b> Skim Chocolate or Skim White Milk	WG Chicken Nuggets & WG Dinner Roll Assorted Wraps- Chicken Bacon Ranch, Veggie Hummus Wrap and Buffalo Chicken  SIDES: Mashed Potatoes with Gravy Corn Tossed Salad Local Apples Sliced Pears  Skim Chocolate or Skim White Milk	WG Spaghetti, Meaty Marinara, Garlic Toast Chicken Cordon Bleu on WG Bun  SIDES: Glazed Carrots Fresh Cauliflower Banana Sliced Peaches Skim Chocolate or Skim White Milk	
NATIONAL SCHOOL LUNCH WEEK				
13	14	15	16	17
Sloppy Joe on WG Bun Waffles & Cheese Omelette  SIDES: Calico Beans Emoji Fries Assorted Relishes with Red Pepper Fresh Pear Wedges Sliced Peaches Skim Chocolate or Skim White Milk	WG Mini Corn Dogs Roast Beef & Gravy w/ WG Dinner Roll  SIDES: Sweet Potato Fries Cucumber Slices Mashed Potatoes Strawberry Spinach Salad Grapes Applesauce Skim Chocolate or Skim White Milk	Mandarin Orange Chicken & Brown Rice Sweet & Sour Meatballs & Brown Rice  SIDES: Stir Fry Vegetables Tossed Salad Citrus Fruit Bowl Pineapple Tidbits Slice of Bread  Skim Chocolate or Skim White Milk	Mr. Rib Sandwich on WG Bun WG Pizza by the Slice  SIDES: Potato Salad Baby Carrots Italian Romaine Salad Blueberries Mixed Fruit Cinnamon Streusel Cake Skim Chocolate or Skim White Milk	Stuffed Crust Cheese Pizza Cheese Lasagna with WG Breadstick  SIDES: Steamed Green Beans Fresh Broccoli Honeydew Mandarin Oranges  Skim Chocolate or Skim White Milk
20	21	22	23	24
WG Chicken Strips & Buttered Bread Pretzel with Cheese Sauce  SIDES: Au Gratin Potatoes Celery Sticks Spinach & Tomato Salad Dried Cherries Applesauce  Skim Chocolate or Skim White Milk	Beef Nacho Supreme with Cheese Spicy Chicken Sandwich on WG Bun  SIDES: Corn Refried Beans Shredded Lettuce Strawberries Sliced Peaches Mexican Rice Skim Chocolate or Skim White Milk	Pork Tenderloin Sandwich on WG Bun Hamburger on WG Bun  SIDES: Cherry Tomatoes Island Vegetables Baby Carrots & Cherry Tomatoes Fresh Orange Wedges Cinnamon Apple Slices Skim Chocolate or Skim White Milk	Chicken Alfredo, WG Pasta, Garlic Breadstick Chicken Caesar Salad Wrap  SIDES: Steamed Green Beans Tossed Salad Fresh Pear Wedges Pineapple Tidbits Skim Chocolate or Skim White Milk	Toasted Cheese WG Sandwich Cinnamon Roll with Cheese Omelette  SIDES: Tomato Soup Fresh Broccoli Cucumber Salad Watermelon Sliced Pears Skim Chocolate or Skim White Milk
27	28	29	30 - NO SCHOOL	31 - HALLOWEEN, NO SCHOOL
WG French Toast Sticks & Sausage Patty Zesty Orange Chicken Skewers with Golden Rice and Slice of Bread SIDES: Triangle Potato Spinach Salad Cheesy Cauliflower Fresh Apple Wedges Pineapple Tidbits Skim Chocolate or Skim White Milk	WG Pizza Crunchers Baked Potato Bar w/ Sliced Ham & Breadstick SIDES: Roasted Squash Assorted Relishes Blueberries Mixed Fruit Skim Chocolate or Skim White Milk	Werewolf BBQ Pulled Pork Sandwich on WG Bun Breakfast Pizza SIDES: Boo! Baked Beans Scary Sweet Potato Fries Cherry Tomato and Corn Salad Krazy Kiwi Jack-O-Lantern Orange Fruit Wiggle Skim Chocolate or Skim White Milk		
Alternate Meals Offered Daily				
Un crustable Meal Bundle Yogurt Parfait	Chef Salad Assorted Deli Sandwiches	*WG = Whole Grain Rich Items		*Menu subject to change without notice