

	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Diced Pears, Saltines	HM or IFF, Cooked Apple Slices, Graham Cracker	HM or IFF, Diced Peaches, Goldfish	HM or IFF, Mandarin Oranges, Oatmeal Muffin Bars	HM or IFF, Applesauce, Club Crackers
Lunch	Beef & Noodles SIDES: Country Vegetables Cooked Apple Slices	Taco Meat with Tortilla SIDES: Black Beans Diced Peaches 	Baked Chicken Breast SIDES: Corn Mandarin Oranges	WG Macaroni & Cheese with Ham SIDES: Steamed Broccoli Applesauce	Cheesy Scrambled Eggs SIDES: Carrot Coins Mixed Fruit
PM	HM or IFF, Peas, WG Tortilla	HM or IFF, Country Vegetables, Breadstick	HM or IFF, Black Beans, WG Bagel	HM or IFF, Corn, Ritz Crackers	HM or IFF, Broccoli, WG Bread Slice
	10	11	12	13	14
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Mixed Fruit, Goldfish	HM or IFF, Diced Pears, WG Bread	HM or IFF, Mandarin Oranges, Banana Bread	HM or IFF, Banana, WG Bagel	HM or IFF, Pineapple, Club Crackers
Lunch	Baked Chicken Breast SIDES: Corn Diced Pears	Breakfast Sandwich on WG Bread Sausage, Egg, & Cheese SIDES: Steamed Peas Mandarin Oranges	Salisbury Steak SIDES: Mashed Potatoes 1/2 Banana	Cottage Cheese SIDES: Carrot Coins Pineapple Tidbits 	Sliced Cheese & Bread Slice SIDES: Steamed Broccoli Mixed Fruit
PM	HM or IFF, Carrot Coins, Graham Cracker	HM or IFF, Corn, Saltines	HM or IFF, Peas, Ritz Crackers	HM or IFF, Mixed Fruit, Cheerios	HM or IFF, Carrot Coins, Graham Cracker
	17	18	19	20	21
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Yogurt Mixed Fruit & HM or IFF	IFC or Cheese Cubes Applesauce & HM or IFF
AM	HM or IFF, Mixed Fruit, WG Bread Slice	HM or IFF, Cooked Apples, WG Flat Bread	HM or IFF, Apricots, Goldfish	HM or IFF, Diced Pears, Club Crackers	HM or IFF, Banana, Graham Cracker
Lunch	Hamburger on WG Bread SIDES: Steamed Peas Cooked Apple Slices	Chicken with Tortilla SIDES: Black Beans Apricots 	Baked Chicken Breast SIDES: Corn Diced Pears	Hard Boiled Egg & Bread Slice SIDES: Glazed Carrots 1/2 Banana	Yogurt SIDES: Steamed Broccoli Applesauce
PM	HM or IFF, Broccoli, Graham Cracker	HM or IFF, Peas, WG Cheerios	HM or IFF, Black Beans, WG English Muffin	HM or IFF, Corn, Graham Cracker	HM or IFF, Carrot Coins, Goldfish
	24	25 - THANKSGIVING MEAL	26 - SJW & HG ONLY	27 - THANKSGIVING, NO SCHOOL	28 - NO SCHOOL
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF		
AM	HM or IFF, Applesauce, Saltines	HM or IFF, Diced Peaches, Club Cracker	HM or IFF, Applesauce, Goldfish		
Lunch	Sloppy Joe on WG Bread SIDES: Calico Beans Diced Peaches	Diced Chicken SIDES: Mashed Potatoes Applesauce	Plain Meatballs SIDES: Stir Fry Vegetables Mixed Fruit		
PM	HM or IFF, Broccoli, WG Bread Slice	HM or IFF, Calico Beans, Breadstick	HM or IFF, Carrot Coins, Graham Cracker		

*Menu Subject to Change Without Notice

IFC - Iron Fortified Cereal

HM - Human Milk

IFF - Iron Fortified Formula

*This institution is an equal opportunity provider.