

	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Mandarin Oranges, Graham Cracker	HM or IFF, Mixed Fruit, WG Cheerios	HM or IFF, Diced Peaches, Goldfish	HM or IFF, Mandarin Oranges, Club Crackers	HM or IFF, Pineapple, WG Cheerios
Lunch	Baked Chicken Breast SIDES: Steamed Peas Applesauce HM or IFF	Soft Shell Beef Taco on WG Tortilla SIDES: Refried Beans Diced Peaches  HM or IFF	Cottage Cheese SIDES: Island Vegetables Mandarin Oranges HM or IFF	Diced Chicken SIDES: Steamed Green Beans Pineapple Tidbits HM or IFF	Toasted Cheese Sandwich SIDES: Carrot Coins Diced Pears HM or IFF
PM	HM or IFF, Green Beans, WG Bread Slice	HM or IFF, Peas, Tortilla	HM or IFF, Refried Beans, Blueberry Muffin Bar	HM or IFF, Island Veggies, Ritz Crackers	HM or IFF, Green Beans, Graham Cracker
	8	9	10	11	12
Brkfst	IFC or Yogurt Pineapple Tidbits & HM or IFF	IFC or Cottage Cheese Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Diced Pears, Saltines	HM or IFF, Applesauce, WG Tortilla	HM or IFF, Mixed Fruit, WG Bread Slice	HM or IFF, Pineapple, English Muffin	HM or IFF, Banana, Ritz Crackers
Lunch	WG French Toast Sticks & Sausage Patty SIDES: Triangle Potato Applesauce HM or IFF	Yogurt SIDES: Baked Potato Mixed Fruit  HM or IFF	Sliced Cheese & Bread Slice SIDES: Baked Beans Pineapple Tidbits HM or IFF	Baked Chicken Breast SIDES: Corn 1/2 Banana HM or IFF	Fish Filet SIDES: Carrot Coins Diced Pears HM or IFF
PM	HM or IFF, Carrot Coins, WG Cheerios	HM or IFF, Banana, Goldfish	HM or IFF, Diced Pears, Saltines	HM or IFF, Baked Beans, Cheerios	HM or IFF, Mixed Fruit, WG Flatbread
	15	16	17	18 - CHRISTMAS FEAST	19
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Yogurt Mixed Fruit & HM or IFF	IFC or Cheese Cubes Applesauce & HM or IFF
AM	HM or IFF, Diced Pears, Saltines	HM or IFF, Applesauce, Graham Cracker	HM or IFF, Diced Peaches, Goldfish	HM or IFF, Pineapple, Oatmeal Muffin Bars	HM or IFF, Applesauce, Club Crackers
Lunch	Beef & Noodles SIDES: Country Vegetables Applesauce HM or IFF	Taco Meat with Tortilla SIDES: Black Beans Diced Peaches  HM or IFF	WG Macaroni & Cheese with Ham SIDES: Steamed Broccoli Pineapple Tidbits HM or IFF	Chicken and Gravy over Mashed Potatoes  HM or IFF	Cheesy Scrambled Eggs SIDES: Carrot Coins Mixed Fruit HM or IFF
PM	HM or IFF, Carrot Coins, WG Tortilla	HM or IFF, Country Vegetables, Breadstick	HM or IFF, Black Beans, WG Bagel	HM or IFF, Diced Peaches, Ritz Crackers	HM or IFF, Diced Pears, WG Bread Slice
	22	23	24 - CHRISTMAS EVE	25 - CHRISTMAS	26
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF			IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Mixed Fruit, Goldfish	HM or IFF, Diced Pears, WG Bread			HM or IFF, Pineapple, Club Crackers
Lunch	Baked Chicken Breast SIDES: Corn Diced Pears HM or IFF	Cottage Cheese SIDES: Carrot Coins Pineapple Tidbits  HM or IFF			Sliced Cheese & Bread Slice SIDES: Steamed Peas Mixed Fruit HM or IFF
PM	HM or IFF, Carrot Coins, Graham Cracker	HM or IFF, Corn, Saltines			HM or IFF, Carrot Coins, Graham Cracker
	29	30	31 - NEW YEARS EVE	1 - NEW YEARS DAY	2
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF			IFC or Cheese Cubes Applesauce & HM or IFF
AM	HM or IFF, Mixed Fruit, WG Bread Slice	HM or IFF, Cooked Apples, WG Flat Bread			HM or IFF, Apricots, Graham Cracker
Lunch	Hamburger on WG Bread SIDES: Carrot Coins Cooked Apple Slices HM or IFF	Baked Chicken Breast SIDES: Corn Apricots HM or IFF			Yogurt SIDES: Steamed Broccoli Applesauce HM or IFF
PM	HM or IFF, Peas, Graham Cracker	HM or IFF, Carrot Coins, WG Cheerios			HM or IFF, Corn, Goldfish

*Menu Subject to Change Without Notice

IFC - Iron Fortified Cereal

HM - Human Milk

IFF - Iron Fortified Formula

*This institution is an equal opportunity provider.