

	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Applesauce, Saltines	HM or IFF, Diced Peaches, Club Cracker	HM or IFF, Applesauce, Goldfish	HM or IFF, Pineapple, WG Tortilla	HM or IFF, Sliced Peaches, WG Tortilla
Lunch	Sloppy Joe on WG Bread SIDES: Baked Beans Diced Peaches HM or IFF	Roast Beef SIDES: Mashed Potatoes Applesauce HM or IFF	Plain Meatballs SIDES: Stir Fry Vegetables Pineapple Tidbits HM or IFF	Baked Chicken Breast SIDES: Carrot Coins Sliced Peaches HM or IFF	Toasted Cheese Sandwich SIDES: Steamed Green Beans Mandarin Oranges HM or IFF
PM	HM or IFF, Broccoli, WG Bread Slice	HM or IFF, Baked Beans, Breadstick	HM or IFF, Carrot Coins, Graham Cracker	HM or IFF, Stir fry Veggies, Cornbread	HM or IFF, Mixed Fruit, Ritz Crackers
	12	13	14	15	16
Brkfst	IFC or Yogurt Pineapple Tidbits & HM or IFF	IFC or Cottage Cheese Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Mandarin Oranges, Graham Cracker	HM or IFF, Banana, WG Cheerios	HM or IFF, Diced Peaches, Goldfish	HM or IFF, Mandarin Oranges, Club Crackers	HM or IFF, Pineapple, WG Cheerios
Lunch	Baked Chicken Breast SIDES: Steamed Peas Applesauce HM or IFF	Soft Shell Beef Taco on WG Tortilla SIDES: Refried Beans Diced Peaches HM or IFF	Cottage Cheese SIDES: Island Vegetables Mandarin Oranges HM or IFF	Diced Chicken SIDES: Steamed Green Beans Pineapple Tidbits HM or IFF	Sliced Cheese & Bread Slice SIDES: Carrot Coins Diced Pears HM or IFF
PM	HM or IFF, Green Beans, WG Bread Slice	HM or IFF, Peas, Tortilla	HM or IFF, Refried Beans, Blueberry Muffin Bar	HM or IFF, Island Veggies, Saltines	HM or IFF, Green Beans, Graham Cracker
	19 - MARTIN LUTHER KING JR. DAY	20	21	22	23
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Yogurt Mixed Fruit & HM or IFF	IFC or Cheese Cubes Applesauce & HM or IFF
AM	HM or IFF, Diced Pears, Saltines	HM or IFF, Applesauce, WG Tortilla	HM or IFF, Mixed Fruit, WG Bread Slice	HM or IFF, Pineapple, English Muffin	HM or IFF, Banana, Ritz Crackers
Lunch	WG French Toast Sticks & Sausage Patty SIDES: Triangle Potato Applesauce HM or IFF	Yogurt SIDES: Baked Potato Mixed Fruit HM or IFF	Sliced Cheese & Bread Slice SIDES: Baked Beans Pineapple Tidbits HM or IFF	Chicken and Gravy over Mashed Potatoes SIDES: Mashed Potatoes 1/2 Banana HM or IFF	Fish Filet SIDES: Steamed Peas Diced Pears HM or IFF
PM	HM or IFF, Carrot Coins, WG Cheerios	HM or IFF, Diced Peaches, Goldfish	HM or IFF, Diced Pears, Saltines	HM or IFF, Applesauce, Cheerios	HM or IFF, Mixed Fruit, WG Flatbread
	CATHOLIC SCHOOLS WEEK				
	26	27	28	29	30
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Yogurt Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Mixed Fruit, Saltines	HM or IFF, Applesauce, Graham Cracker	HM or IFF, Diced Peaches, Goldfish	HM or IFF, Mandarin Oranges, Oatmeal Muffin Bars	HM or IFF, Applesauce, Club Crackers
Lunch	Beef & Noodles SIDES: Country Vegetables Applesauce HM or IFF	Taco Meat with Tortilla SIDES: Black Beans Diced Peaches HM or IFF	Baked Chicken Breast SIDES: Corn Mandarin Oranges HM or IFF	WG Macaroni & Cheese with Ham SIDES: Steamed Broccoli Applesauce HM or IFF	Cheesy Scrambled Eggs SIDES: Carrot Coins Mixed Fruit HM or IFF
PM	HM or IFF, Peas, WG Tortilla	HM or IFF, Country Vegetables, Breadstick	HM or IFF, Black Beans, WG Bagel	HM or IFF, Corn, Ritz Crackers	HM or IFF, Diced Pears, WG Bread Slice

*Menu Subject to Change Without Notice

IFC- Iron Fortified Cereal

HM - Human Milk

IFF - Iron Fortified Formula

*This institution is an equal opportunity provider.