

Monday		Tuesday	Wednesday	Thursday	Friday
2 - GROUNDHOG DAY		3	4	5	6
Brkfst	WG Kix Cereal Bowl Pineapple Tidbits & Milk	WG English Muffin & Sunbutter Diced Pears & Milk	Yogurt Parfait w/ Nut Free Granola Sliced Peaches & Milk	WG Bagel & Strawberry Cream Cheese Mixed Fruit & Milk	WG Red. Sugar Cinnamon Toast Crunch Applesauce & Milk
AM	WG Goldfish & Applesauce	Jelly on WG Bread & Milk	Homemade Banana Bread & Milk	Hard Boiled Egg & Club Cracker	WG Bagel w/ Cream Cheese & Milk
Lunch	Chicken Patty Sandwich on WG Bun SIDES: Potato Smiles Fresh Pear Wedges Ketchup Milk	Breakfast Sandwich on WG Bun SIDES: Steamed Peas Mandarin Oranges Milk	Salisbury Steak & WG Dinner Roll SIDES: Mashed Potatoes with Gravy Banana Milk	Hamburger on WG Bun SIDES: Baby Carrots Pineapple Tidbits Ketchup & Ranch Milk	WG Tony's Cheesesticks & Marinara SIDES: Steamed Broccoli Mixed Fruit Milk
PM	WG Graham Crackers & Cheesestick	WG Croissant & Orange Slices	Turkey & Ritz Crackers	Gogurt & WG Pretzels	Homemade Yogurt Dip & Apple Slices
9 - National Pizza Day		10	11	12	13 - NO SCHOOL, SJW & HG ONLY
Brkfst	WG Kix Cereal Bowl Pineapple Tidbits & Milk	WG English Muffin & Sunbutter Diced Pears & Milk	Yogurt Parfait w/ Nut Free Granola Sliced Peaches & Milk	WG Bagel & Strawberry Cream Cheese Mixed Fruit & Milk	WG Red. Sugar Cinnamon Toast Crunch Applesauce & Milk
AM	Turkey on WG Bread	Cheese Cubes & WG Flatbread	WG Kix Cereal & Diced Pears	Homemade Pumpkin Bread & Milk	Homemade Trail Mix & Milk
Lunch	WG Cheese Pizza SIDES: Tossed Salad Cinnamon Apple Slices Ranch Milk	Soft Shell Chicken Taco on WG 8" Tortilla SIDES: Black Beans Shredded Lettuce Apricots Milk	WG Chicken Nuggets SIDES: Corn Fresh Apple Wedges Ketchup Milk	WG Spaghetti with Meaty Marinara SIDES: Fresh Cauliflower Banana Ranch Milk	Deli Sandwich on WG Bread SIDES: Green Beans Mixed Fruit Milk
PM	Seasoned Oyster Crackers & Applesauce	Strawberry Banana Smoothie & WG Graham Cracker	WG English Muffin w/ Jelly & Milk	Hard Boiled Egg & Pretzels	Cheese Stick & Orange Slices
16		17	18 - ASH WEDNESDAY	19	20 - FRIDAY IN LENT
Brkfst	WG Kix Cereal Bowl Pineapple Tidbits & Milk	WG English Muffin & Sunbutter Diced Pears & Milk	Yogurt Parfait w/ Nut Free Granola Sliced Peaches & Milk	WG Bagel & Strawberry Cream Cheese Mixed Fruit & Milk	WG Red. Sugar Cinnamon Toast Crunch Applesauce & Milk
AM	Cheese Cubes & Saltines	Ham, Club Cracker & Water	Animal Crackers & Milk	Bean & Corn Salsa & Tortilla Chips	Cinnamon WG Tortilla & Applesauce
Lunch	Sloppy Joe on WG Bun SIDES: Baked Beans Diced Peaches Milk	Roast Beef & Gravy w/ WG Dinner Roll SIDES: Mashed Potatoes Grapes Milk	Tuna WG Noodle Casserole SIDES: Steamed Broccoli Citrus Fruit Bowl Milk	BBQ Chicken Breast & WG Dinner Roll SIDES: Carrot Coins Blueberries Milk	Toasted Cheese WG Sandwich SIDES: Fresh Broccoli Mandarin Oranges Ranch Milk
PM	Jelly on WG Bread & Milk	Caprese Salad & WG Breadstick	Snickerdoodle Hummus & WG Graham Crackers	Cornbread & Milk	Rainbow Vegetables, Ranch & Ritz Crackers
23		24	25	26	27 - FRIDAY IN LENT
Brkfst	WG Kix Cereal Bowl Pineapple Tidbits & Milk	WG English Muffin & Sunbutter Diced Pears & Milk	Yogurt Parfait w/ Nut Free Granola Sliced Peaches & Milk	WG Bagel & Strawberry Cream Cheese Mixed Fruit & Milk	WG Red. Sugar Cinnamon Toast Crunch Applesauce & Milk
AM	Gogurt & Animal Crackers	WG Cheerios & Banana	Cheese Stick & WG Goldfish	Cucumber slices, Ranch & Club Crackers	WG Croissant & Milk
Lunch	WG Chicken Strips SIDES: Au Gratin Potatoes Applesauce Ketchup Milk	Beef WG Nacho Supreme with Cheese SIDES: Refried Beans Shredded Lettuce Diced Peaches Milk	Pork Tenderloin on WG Bun SIDES: Island Vegetables Fresh Orange Wedges Ketchup Milk	Chicken Alfredo & WG Pasta SIDES: Steamed Green Beans Pineapple Tidbits Milk	WG Cheese Lasagna SIDES: Carrot Coins Diced Pears Milk
PM	Cinnamon WG Bread & Milk	Ham/Cream Cheese WG Tortilla Pinwheels	Blueberry Muffin Bars & Milk	Saltines & Sliced Cheese	Sidekick & WG Graham Crackers

*Water is served with all snacks when Milk is not served

Milk = Whole for 2 and under, Skim for 2+ year olds

*Menu subject to change without notice

*WG = Whole Grain Rich Items

*This institution is an equal opportunity provider.

