

	Monday	Tuesday	Wednesday	Thursday	Friday
	2 - GROUNDHOG DAY	3	4	5	6
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Applesauce, Goldfish	HM or IFF, Diced Pears, WG Bread	HM or IFF, Mandarin Oranges, Banana Bread	HM or IFF, Banana, Club Crackers	HM or IFF, Pineapple, WG Bagel
Lunch	Baked Chicken Breast  SIDES: Corn Diced Pears HM or IFF	Breakfast Sandwich on WG Bread Sausage, Egg, & Cheese SIDES: Steamed Peas Mandarin Oranges HM or IFF	Salisbury Steak SIDES: Mashed Potatoes 1/2 Banana HM or IFF	Hamburger on WG Bread SIDES: Carrot Coins Pineapple Tidbits HM or IFF	Sliced Cheese & Bread Slice SIDES: Steamed Broccoli Mixed Fruit HM or IFF
PM	HM or IFF, Carrot Coins, Graham Cracker	HM or IFF, Diced Peaches, Saltines	HM or IFF, Peas, Ritz Crackers	HM or IFF, Mixed Fruit, Graham Cracker	HM or IFF, Carrot Coins, Cheerios
	9	10	11	12	13
Brkfst	IFC or Yogurt Pineapple Tidbits & HM or IFF	IFC or Cottage Cheese Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Mixed Fruit, WG Bread Slice	HM or IFF, Cooked Apples, WG Flat Bread	HM or IFF, Apricots, Goldfish	HM or IFF, Diced Pears, Club Crackers	HM or IFF, Banana, Graham Cracker
Lunch	Cottage Cheese SIDES: Steamed Peas Cooked Apple Slices HM or IFF	Chicken with Tortilla SIDES: Black Beans Apricots HM or IFF	Baked Chicken Breast SIDES: Corn Diced Pears HM or IFF	Hard Boiled Egg & Bread Slice SIDES: Glazed Carrots 1/2 Banana HM or IFF	Yogurt SIDES: Green Beans Mixed Fruit  HM or IFF
PM	HM or IFF, Broccoli, Graham Cracker	HM or IFF, Peas, WG Cheerios	HM or IFF, Black Beans, WG English Muffin	HM or IFF, Corn, Saltines	HM or IFF, Mandarin Oranges, Goldfish
	16	17	18 - ASH WEDNESDAY	19	20 - FRIDAY IN LENT
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Mixed Fruit, Saltines	HM or IFF, Diced Peaches, Club Cracker	HM or IFF, Applesauce, Goldfish	HM or IFF, Pineapple, WG Tortilla	HM or IFF, Sliced Peaches, WG Tortilla
Lunch	Sloppy Joe on WG Bread SIDES: Baked Beans Diced Peaches  HM or IFF	Roast Beef SIDES: Mashed Potatoes Applesauce HM or IFF	Yogurt SIDES: Steamed Broccoli Pineapple Tidbits  HM or IFF	Baked Chicken Breast SIDES: Carrot Coins Sliced Peaches HM or IFF	Toasted Cheese Sandwich SIDES: Steamed Green Beans Mandarin Oranges HM or IFF
PM	HM or IFF, Green Beans, WG Bread Slice	HM or IFF, Baked Beans, Breadstick	HM or IFF, Carrot Coins, Graham Cracker	HM or IFF, Broccoli, Cornbread	HM or IFF, Mixed Fruit, Ritz Crackers
	23	24	25	26	27 - FRIDAY IN LENT
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
AM	HM or IFF, Mandarin Oranges, Graham Cracker	HM or IFF, Banana, WG Cheerios	HM or IFF, Diced Peaches, Goldfish	HM or IFF, Mandarin Oranges, Club Crackers	HM or IFF, Pineapple, WG Cheerios
Lunch	Baked Chicken Breast SIDES: Steamed Peas Applesauce HM or IFF	Soft Shell Beef Taco on WG Tortilla SIDES: Refried Beans Diced Peaches HM or IFF	Cottage Cheese SIDES: Island Vegetables Mandarin Oranges HM or IFF	Diced Chicken SIDES: Steamed Green Beans Pineapple Tidbits HM or IFF	Sliced Cheese & Bread Slice SIDES: Carrot Coins Diced Pears  HM or IFF
PM	HM or IFF, Green Beans, WG Bread Slice	HM or IFF, Peas, Tortilla	HM or IFF, Refried Beans, Blueberry Muffin Bar	HM or IFF, Island Veggies, Saltines	HM or IFF, Green Beans, Graham Cracker

*Menu Subject to Change Without Notice

IFC - Iron Fortified Cereal

HM - Human Milk IFF - Iron Fortified Formula

*This institution is an equal opportunity provider.