




	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Yogurt Mixed Fruit & HM or IFF	IFC or Cheese Cubes Applesauce & HM or IFF
Lunch	Sliced Cheese & Bread Slice SIDES: Country Vegetables Applesauce HM or IFF	Soft Shell Beef Taco on WG Tortilla SIDES: Corn Diced Peaches HM or IFF	Baked Chicken Breast SIDES: Green Beans Mandarin Oranges HM or IFF	WG Macaroni & Cheese with Ham SIDES: Steamed Broccoli Applesauce HM or IFF	Cheesy Scrambled SIDES: Carrot Coins Mixed Fruit HM or IFF
PM	HM or IFF, Broccoli, WG Tortilla	HM or IFF, Country Vegetables, Breadstick	HM or IFF, Black Beans, WG Bagel	HM or IFF, Corn, Ritz Crackers	HM or IFF, Diced Pears, WG Bread Slice
	8	9	10	11	12
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
Lunch	Baked Chicken Breast SIDES: Corn Diced Pears HM or IFF	Breakfast Sandwich on WG Bread Sausage, Egg, & Cheese SIDES: Steamed Peas Mandarin Orange HM or IFF	Salisbury Steak SIDES: Mashed Potatoes 1/2 Banana HM or IFF	Cottage Cheese SIDES: Carrot Coins Pineapple Tidbits HM or IFF	Sliced Cheese & Bread Slice SIDES: Steamed Broccoli Mixed Fruit HM or IFF
PM	HM or IFF, Carrot Coins, Graham Cracker	HM or IFF, Diced Peaches, Saltines	HM or IFF, Peas, Ritz Crackers	HM or IFF, Mixed Fruit, Graham Cracker	HM or IFF, Carrot Coins, Cheerios
	15	16	17	18	19
Brkfst	IFC or Yogurt Pineapple Tidbits & HM or IFF	IFC or Cottage Cheese Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
Lunch	Hamburger on WG Bread SIDES: Steamed Peas Cooked Apple Slices HM or IFF	Chicken with Tortilla SIDES: Black Beans Apricots HM or IFF	Baked Chicken Breast SIDES: Corn Diced Pears HM or IFF	Hard Boiled Egg & Bread Slice SIDES: Glazed Carrots 1/2 Banana HM or IFF	Yogurt SIDES: Steamed Broccoli Applesauce HM or IFF
PM	HM or IFF, Broccoli, Graham Cracker	HM or IFF, Peas, WG Cheerios	HM or IFF, Black Beans, WG English Muffin	HM or IFF, Corn, Saltines	HM or IFF, Mandarin Oranges, Goldfish
	22	23	24	25	26
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	IFC or Yogurt Applesauce & HM or IFF
Lunch	Sloppy Joe on WG Bread SIDES: Baked Beans Diced Peaches HM or IFF	Deli Sandwich on WG Bread SIDES: Steamed Green Beans Applesauce HM or IFF	Plain Meatballs SIDES: Stir Fry Vegetables Pineapple Tidbits HM or IFF	Baked Chicken Breast SIDES: Carrot Coins Sliced Peaches HM or IFF	Toasted Cheese Sandwich SIDES: Steamed Green Beans Mandarin Oranges HM or IFF
PM	HM or IFF, Broccoli, WG Bread Slice	HM or IFF, Baked Beans, Breadstick	HM or IFF, Green Beans, Graham Cracker	HM or IFF, Stir fry Veggies, Cornbread	HM or IFF, Mixed Fruit, Ritz Crackers
	29	30	July 1	2	3 - Independence Day Observed
Brkfst	IFC or Cottage Cheese Pineapple Tidbits & HM or IFF	IFC or Yogurt Diced Pears & HM or IFF	IFC or Hard Boiled Egg Sliced Peaches & HM or IFF	IFC or Cheese Cubes Mixed Fruit & HM or IFF	
Lunch	Baked Chicken Breast SIDES: Steamed Peas Applesauce HM or IFF	Soft Shell Beef Taco on WG Tortilla SIDES: Refried Beans Diced Peaches HM or IFF	Cottage Cheese SIDES: Island Vegetables Mandarin Oranges HM or IFF	Hamburger on WG Bread SIDES: Steamed Green Beans Pineapple Tidbits HM or IFF	
PM	HM or IFF, Green Beans, WG Bread Slice	HM or IFF, Peas, Tortilla	HM or IFF, Refried Beans, Blueberry Muffin Bar	HM or IFF, Island Veggies, Saltines	

*Menu Subject to Change Without Notice

IFC- Iron Fortified Cereal

HM - Human Milk IFF - Iron Fortified Formula

*This institution is an equal opportunity provider.