

EARLY CHILDHOOD MENU 2026



	Monday 29	Tuesday 30	Wednesday July 1	Thursday 2	Friday 3 - Independence Day Observed
Brkfst	WG Bagel w/ Cream Cheese Diced Pears & Milk	WG Cheerios Banana & Milk	Blueberry Muffin Bars Sliced Peaches & Milk	Cinnamon WG Bread Mixed Fruit & Milk	
Lunch	WG Chicken Strips  SIDES: Au Gratin Potatoes Applesauce  Ketchup Milk	Beef WG Nacho Supreme with Cheese  SIDES: Refried Beans Shredded Lettuce Diced Peaches  Milk	Pork Tenderloin on WG Bun  SIDES: Island Vegetables Fresh Orange Wedges  Ketchup Milk	Hamburger on WG Bun  SIDES: Steamed Green Beans Pineapple Tidbits  Milk	
PM	Cheese Stick & WG Goldfish	Ham/Cream Cheese WG Tortilla Pinwheels	WG Kix Cereal & Hard Boiled Egg	Saltines & Sliced Cheese	
	6	7	8	9	10
Brkfst	WG Kix Cereal Mixed Fruit & Milk	Turkey/Cream Cheese Tortilla Pinwheels Sliced Peaches & Milk	Yogurt Parfait w/ Nut Free Granola Apple Wedges & Milk	WG Biscuit w/ Jelly Diced Pears & Milk	Cottage Cheese Dip & Ritz Crackers Applesauce & Milk
Lunch	WG French Toast Sticks & Sausage Patty  SIDES: Triangle Potato Fresh Apple Wedges  Ketchup Milk	Sliced Ham with WG Dinner Roll  SIDES: Baked Potato Mixed Fruit  Milk	BBQ Pulled Pork Sandwich on WG Bun  SIDES: Baked Beans Kiwi  Milk 	Chicken Alfredo & WG Pasta  SIDES: Steamed Green Beans Banana  Milk	Fish Filet & WG Breadstick  SIDES: Tossed Salad (3+yrs)/Peas (0-2 yrs) Diced Pears  Ranch & Tartar Sauce Milk
PM	Seasoned Oyster Crackers & Cheese Stick	WG Goldfish & Banana	Ritz Crackers & Cottage Cheese	Apricots & WG Animal Crackers	Sliced Cheese & Saltines
	13	14	15	16	17
Brkfst	WG Tortilla with Sunbutter Pineapple Tidbits & Milk	WG English Muffin & Jelly Fresh Pear Wedges & Milk	WG Bagel w/ Cream Cheese Mixed Fruit & Milk	Oatmeal Muffin Bars Diced Peaches & Milk	WG Cinnamon Chex Cereal Applesauce & Milk
Lunch	Biscuits & Sausage Gravy  SIDES: Country Vegetables Applesauce  Milk 	Bean Burrito Bowl w/ Cilantro Lime Rice  SIDES: Corn Shredded Lettuce (3+yrs) Diced Peaches  Milk	WG Popcorn Chicken  SIDES: Green Beans Fresh Orange Wedges  Ketchup Milk	WG Macaroni & Cheese with Ham WG Breadstick SIDES: Steamed Broccoli Cantaloupe  Milk	Cheesy Scrambled Eggs & WG Waffles  SIDES: Carrot Coins Mixed Fruit  Milk
PM	WG Trail Mix & Cheese Stick	Yogurt & WG Pretzels	WG Flatbread & Ranch Hummus	Ritz Crackers & Sliced Ham	Diced Pears & Buttered WG Bread
	20	21	22	23	24
Brkfst	WG Croissant Orange Slices & Milk	Jelly on WG Bread Mandarin Oranges & Milk	Homemade Banana Bread Sliced Peaches & Milk	Hard Boiled Egg & Club Crackers Diced Pears & Milk	Homemade Yogurt Dip Apple Slices & Milk
Lunch	Chicken Patty Sandwich on WG Bun  SIDES: Potato Smiles Mixed Fruit  Ketchup Milk	Breakfast Sandwich on WG Bun Sausage, Egg, & Cheese SIDES: Steamed Peas Fresh Pear Wedges  Milk	Salisbury Steak & WG Dinner Roll  SIDES: Mashed Potatoes with Gravy Banana  Milk	WG Cheese Pizza  SIDES: Baby Carrots (3+yrs)/Carrot Coins (0-2yr) Pineapple Tidbits  Ranch Milk	Buttered WG Noodles & Grilled Chicken  SIDES: Steamed Broccoli Diced Peaches  Milk
PM	Turkey & Ritz Crackers	Animal Crackers & Cinnamon Applesauce	WG Graham Crackers & Yogurt	Pretzels & Cottage Cheese	WG Tortilla Cheese Roll-up
	27	28	29	30	31
Brkfst	Turkey on WG Bread Pineapple Tidbits & Milk	Strawberry Banana Smoothie & WG Graham Cracker Diced Pears & Milk	WG Biscuit w/ Jelly Sliced Peaches & Milk	Homemade Pumpkin Bread Mixed Fruit & Milk	WG Cinnamon Chex Orange Slices & Milk
Lunch	Hamburger on WG Bun  SIDES: Tossed Salad (3+yrs)/Peas (0-2 yrs) Cinnamon Apple Slices  Ketchup & Ranch Milk	Soft Shell Chicken Taco on WG 8" Tortilla  SIDES: Black Beans Shredded Lettuce Apricots  Milk	WG Chicken Nuggets  SIDES: Corn Fresh Apple Wedges  Ketchup Milk	WG Spaghetti with Meaty Marinara  SIDES: Fresh Cauliflower (3+yrs)/Carrot Coins (0-2 yrs) Banana  Ranch Milk	WG Bosco Sticks with Marinara  SIDES: Steamed Broccoli Applesauce  Milk 
PM	Seasoned Oyster Crackers & Diced Pears	Cheese Cubes & WG Flatbread	WG Goldfish & Cottage Cheese	Hard Boiled Egg & Pretzels	Yogurt & Saltines

\*Water is served with all snacks when Milk is not served

\*Menu subject to change without notice

\*WG = Whole Grain Rich Items

Milk = Whole for 2 and under, Skim for 2+ year olds

\*This institution is an equal opportunity provider.