

EARLY CHILDHOOD MENU 2026



	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Brkfst	Jelly on WG Bread Applesauce & Milk	WG English Muffin & Caprese Salad Diced Pears & Milk	Yogurt Parfait w/ Nut Free Granola Cinnamon Apples & Milk	Cornbread Apple Slices & Milk	Cinnamon WG Tortilla Mixed Fruit & Milk
Lunch	Sloppy Joe on WG Bun SIDES: Baked Beans Diced Peaches Milk	WG French Bread Pizza SIDES: Country Vegetables Applesauce Milk	Swedish Meatballs & Brown Rice SIDES: Stir Fry Vegetables Citrus Fruit Bowl Milk	BBQ Chicken Breast & WG Dinner Roll SIDES: Carrot Coins Blueberries Milk	Toasted Cheese WG Sandwich SIDES: Steamed Green Beans Mandarin Oranges Milk
PM	Pretzels & Cheese Stick	Hard Boiled Egg & WG Breadstick	Snickerdoodle Hummus & WG Graham Crackers	Animal Crackers & Cheese Cubes	Rainbow Vegetables, Ranch, & Ritz Crackers
	10	11	12	13	14
Brkfst	WG Bagel w/ Cream Cheese Diced Pears & Milk	WG Cheerios Banana & Milk	Blueberry Muffin Bars Sliced Peaches & Milk	Cinnamon WG Bread Mixed Fruit & Milk	WG Croissant with Jelly Applesauce & Milk
Lunch	WG Chicken Strips SIDES: Au Gratin Potatoes Applesauce Ketchup Milk	Beef WG Nacho Supreme with Cheese SIDES: Refried Beans Shredded Lettuce Diced Peaches Milk	Pork Tenderloin on WG Bun SIDES: Island Vegetables Fresh Orange Wedges Ketchup Milk	Deli Sandwich on WG Bread SIDES: Fresh Broccoli (3+yrs)/Carrot Coins (0-2 yrs) Pineapple Tidbits Ranch Milk	WG Cheese Lasagna SIDES: Steamed Green Beans Diced Pears Milk
PM	Cheese Stick & WG Goldfish	Ham/Cream Cheese WG Tortilla Pinwheels	WG Kix Cereal & Hard Boiled Egg	Saltines & Sliced Cheese	Sidekick & WG Graham Crackers
	17	18	19	20	21
Brkfst	WG Kix Cereal Mixed Fruit & Milk	Turkey/Cream Cheese Tortilla Pinwheels Orange Slices & Milk	Yogurt Parfait w/ Nut Free Granola Sliced Peaches & Milk	WG Biscuit w/ Jelly Diced Pears & Milk	Cottage Cheese Dip & Ritz Crackers Applesauce & Milk
Lunch	WG French Toast Sticks & Sausage Patty SIDES: Triangle Potato Fresh Apple Wedges Ketchup Milk	Sliced Ham with WG Dinner Roll SIDES: Baked Potato Mixed Fruit Milk	BBQ Pulled Pork Sandwich on WG Bun SIDES: Baked Beans Kiwi Milk	Chicken Alfredo & WG Pasta SIDES: Steamed Green Beans Banana Milk	Fish Filet & WG Breadstick SIDES: Tossed Salad (3+yrs)/Peas (0-2 yrs) Diced Pears Ranch & Tartar Sauce Milk
PM	Seasoned Oyster Crackers & Cheese Stick	WG Goldfish & Banana	Ritz Crackers & Cottage Cheese	Apricots & WG Animal Crackers	Sliced Cheese & Saltines
	24 - First Day of School	25	26	27	28
Brkfst	Turkey on WG Bread Pineapple Tidbits & Milk	Strawberry Banana Smoothie & WG Graham Cracker Diced Pears & Milk	WG Biscuit w/ Jelly Sliced Peaches & Milk	Homemade Pumpkin Bread Mixed Fruit & Milk	WG Cinnamon Chex Orange Slices & Milk
Lunch	Hamburger on WG Bun SIDES: Tossed Salad (3+yrs)/Peas (0-2 yrs) Cinnamon Apple Slices Ketchup & Ranch Milk	Soft Shell Chicken Taco on WG 8" Tortilla SIDES: Black Beans Shredded Lettuce Apricots Milk	WG Chicken Nuggets SIDES: Corn Fresh Apple Wedges Ketchup Milk	WG Spaghetti with Meaty Marinara SIDES: Fresh Cauliflower (3+yrs)/Carrot Coins (0-2 yrs) Banana Ranch Milk	WG Bosco Sticks with Marinara SIDES: Steamed Broccoli Applesauce Milk
PM	Seasoned Oyster Crackers & Diced Pears	Cheese Cubes & WG Flatbread	WG Goldfish & Cottage Cheese	Hard Boiled Egg & Pretzels	Yogurt & Saltines
	31	September 1	2	3	4
Brkfst	Jelly on WG Bread Applesauce & Milk	WG English Muffin & Caprese Salad Diced Pears & Milk	Yogurt Parfait w/ Nut Free Granola Cinnamon Apples & Milk	Cornbread Apple Slices & Milk	Cinnamon WG Tortilla Mixed Fruit & Milk
Lunch	Sloppy Joe on WG Bun SIDES: Baked Beans Diced Peaches Milk	Roast Beef & Gravy w/ WG Dinner Roll SIDES: Mashed Potatoes Applesauce Milk	Swedish Meatballs Brown Rice SIDES: Stir Fry Vegetables Citrus Fruit Bowl Milk	BBQ Chicken Breast & WG Dinner Roll SIDES: Carrot Coins Blueberries Milk	Toasted Cheese WG Sandwich SIDES: Steamed Green Beans Mandarin Oranges Ranch Milk
PM	Pretzels & Cheese Stick	Hard Boiled Egg & WG Breadstick	Snickerdoodle Hummus & WG Graham Crackers	Animal Crackers & Cheese Cubes	Rainbow Vegetables, Ranch, & Ritz Crackers

*Water is served with all snacks when Milk is not served
Milk = Whole for 2 and under, Skim for 2+ year olds

*Menu subject to change without notice

*WG = Whole Grain Rich Items

*This institution is an equal opportunity provider.