

|        | Monday<br>3  | Tuesday<br>4   | Wednesday<br>5  | Thursday<br>6  | Friday<br>7   |
|--------|--|--|---|--|---|
| Brkfst | IFC or Cottage Cheese<br>Applesauce & HM or IFF  | IFC or Hard Boiled Egg<br>Diced Pears & HM or IFF  | IFC or Yogurt<br>Cinnamon Apples & HM or IFF  | IFC or Cheese Cubes<br>Applesauce & HM or IFF  | IFC or Cottage Cheese<br>Mixed Fruit & HM or IFF  |
| Lunch  | Sloppy Joe on WG Bread<br><br>SIDES:<br>Baked Beans<br>Diced Peaches<br><br>HM or IFF                  | Cottage Cheese<br><br>SIDES:<br>Country Vegetables<br>Applesauce<br><br>HM or IFF                    | Plain Meatballs<br><br>SIDES:<br>Stir Fry Vegetables<br>Pineapple Tidbits<br><br>HM or IFF          | Baked Chicken Breast<br><br>SIDES:<br>Carrot Coins<br>Mixed Fruit<br><br>HM or IFF                   | Toasted Cheese Sandwich<br><br>SIDES:<br>Steamed Green Beans<br>Mandarin Oranges<br><br>HM or IFF |
| PM     | HM or IFF, Broccoli, Club Crackers   | HM or IFF, Baked Beans, Breadstick   | HM or IFF, Snickerdoodle Hummus & WG Crackers   | HM or IFF, Stir fry Veggies, WG Cheerios   | HM or IFF, Pears, Ritz Crackers   |
|        | <b>10</b>  | <b>11</b>  | <b>12</b>   | <b>13</b>  | <b>14</b>   |
| Brkfst | IFC or Cottage Cheese<br>Diced Pears & HM or IFF   | IFC or Yogurt<br>Banana & HM or IFF  | IFC or Hard Boiled Egg<br>Sliced Peaches & HM or IFF  | IFC or Yogurt<br>Mixed Fruit & HM or IFF   | IFC or Cheese Cubes<br>Cinnamon Applesauce & HM or IFF  |
| Lunch  | Baked Chicken Breast<br><br>SIDES:<br>Steamed Peas<br>Applesauce<br><br>HM or IFF                      | Soft Shell Beef Taco on WG Tortilla<br><br>SIDES:<br>Refried Beans<br>Diced Peaches<br><br>HM or IFF | Cottage Cheese<br><br>SIDES:<br>Island Vegetables<br>Mandarin Oranges<br><br>HM or IFF              | Deli Sandwich on WG Bread<br><br>SIDES:<br>Steamed Green Beans<br>Pineapple Tidbits<br><br>HM or IFF | Hard Boiled Egg & Bread Slice<br><br>SIDES:<br>Carrot Coins<br>Diced Pears<br><br>HM or IFF       |
| PM     | HM or IFF, Green Beans, WG Goldfish  | HM or IFF, Peas, Tortilla  | HM or IFF, Refried Beans, WG Chex Cereal  | HM or IFF, Island Veggies, Saltines  | HM or IFF, Mixed Fruit, Graham Cracker  |
|        | <b>17</b>  | <b>18</b>  | <b>19</b>   | <b>20</b>  | <b>21</b>   |
| Brkfst | IFC or Cottage Cheese<br>Mixed Fruit & HM or IFF   | IFC or Sliced Turkey<br>Diced Pears & HM or IFF  | IFC or Yogurt<br>Sliced Peaches & HM or IFF   | IFC or Hard Boiled Egg<br>Diced Pears & HM or IFF  | IFC or Cottage Cheese<br>Applesauce & HM or IFF   |
| Lunch  | WG French Toast Sticks & Sausage Patty<br><br>SIDES:<br>Triangle Potato<br>Applesauce<br><br>HM or IFF | Sliced Ham<br><br>SIDES:<br>Baked Potato<br>Mixed Fruit<br><br>HM or IFF                             | BBQ Pulled Pork & WG Bread Slice<br><br>SIDES:<br>Baked Beans<br>Pineapple Tidbits<br><br>HM or IFF | Diced Chicken<br><br>SIDES:<br>Steamed Green Beans<br>1/2 Banana<br><br>HM or IFF                    | Fish Filet<br><br>SIDES:<br>Steamed Peas<br>Diced Pears<br><br>HM or IFF                          |
| PM     | HM or IFF, Carrot Coins, WG Cheerios   | HM or IFF, Banana, WG Goldfish   | HM or IFF, Diced Peaches, Ritz Crackers   | HM or IFF, Apricots, Cheerios  | HM or IFF, Green Beans, Saltines  |
|        | <b>24 - First Day of School</b>  | <b>25</b>  | <b>26</b>   | <b>27</b>  | <b>28</b>   |
| Brkfst | IFC or Sliced Turkey<br>Pineapple Tidbits & HM or IFF  | IFC or Strawberry Banana Smoothie<br>Diced Pears & HM or IFF   | IFC or Hard Boiled Egg<br>Sliced Peaches & HM or IFF  | IFC or Yogurt<br>Mixed Fruit & HM or IFF   | IFC or Cheese Cubes<br>Banana & HM or IFF   |
| Lunch  | Hamburger on WG Bread<br><br>SIDES:<br>Steamed Peas<br>Cooked Apple Slices<br><br>HM or IFF            | Chicken with Tortilla<br><br>SIDES:<br>Black Beans<br>Apricots<br><br>HM or IFF                      | Baked Chicken Breast<br><br>SIDES:<br>Corn<br>Diced Pears<br><br>HM or IFF                          | Hard Boiled Egg & Buttered Noodles<br><br>SIDES:<br>Glazed Carrots<br>1/2 Banana<br><br>HM or IFF    | Yogurt<br><br>SIDES:<br>Steamed Broccoli<br>Applesauce<br><br>HM or IFF                           |
| PM     | HM or IFF, Pears, WG Graham Cracker  | HM or IFF, Peas, WG Flatbread  | HM or IFF, Black Beans, WG Goldfish   | HM or IFF, Corn, Ritz Crackers   | HM or IFF, Carrot Coins, Saltines   |
|        | <b>31</b>  | <b>September 1</b>   | <b>2</b>  | <b>3</b>   | <b>4</b>  |
| Brkfst | IFC or Cottage Cheese<br>Applesauce & HM or IFF  | IFC or Hard Boiled Egg<br>Diced Pears & HM or IFF  | IFC or Yogurt<br>Cinnamon Apples & HM or IFF  | IFC or Cheese Cubes<br>Applesauce & HM or IFF  | IFC or Cottage Cheese<br>Applesauce & HM or IFF   |
| Lunch  | Sloppy Joe on WG Bread<br><br>SIDES:<br>Baked Beans<br>Diced Peaches<br><br>HM or IFF                  | Roast Beef<br><br>SIDES:<br>Mashed Potatoes<br>Applesauce<br><br>HM or IFF                           | Plain Meatballs<br><br>SIDES:<br>Stir Fry Vegetables<br>Pineapple Tidbits<br><br>HM or IFF          | Baked Chicken Breast<br><br>SIDES:<br>Carrot Coins<br>Mixed Fruit<br><br>HM or IFF                   | Toasted Cheese Sandwich<br><br>SIDES:<br>Steamed Green Beans<br>Mandarin Oranges<br><br>HM or IFF |
| PM     | HM or IFF, Broccoli, Club Crackers   | HM or IFF, Baked Beans, Breadstick   | HM or IFF, Snickerdoodle Hummus & WG Crackers   | HM or IFF, Stir fry Veggies, WG Cheerios   | HM or IFF, Pears, Ritz Crackers   |

\*Menu Subject to Change Without Notice

IFC- Iron Fortified Cereal

HM - Human Milk

IFF - Iron Fortified Formula

\*This institution is an equal opportunity provider.