



FALL REGISTRATION OPEN



Mindful Musicians is an 8-week music experience where young children build confidence, focus, coordination, and emotional awareness through singing, rhythm, movement, and play. Created by a board-certified music therapist, each class helps kids grow while having fun and connecting with their caregivers.

2026 CLASS SCHEDULE

MONDAY

9:30 AM • Erin C
5:30 PM • Callie F

TUESDAY

9:30 AM • Mia W
5:30 PM • Beth S

WEDNESDAY

9:30 AM • Mia W
5:30 PM • Beth S

THURSDAY

5:30 PM • Beth S

FRIDAY

10:00 AM • Bella D

SATURDAY

10:00 AM • Sam A

SUNDAY

9:30 AM • Sam A

**8-WEEK SESSIONS
AGES 6 & UNDER**



centrallyrooted.com
2230 Central Ave